Rhinoplasty (Nasal Reshaping)

GENERAL CONSIDERATIONS
-Cosmetic Surgery is surgery you do not need – (totally/purely elective surgery)
-Long or repeated consultations
-Realistic Expectations are the Key to Success
-Safety
-Natural results

PROBLEM:
-Nasal deformity unique to individual
-Imbalance with other facial features (especially chin and lips)

GOALS:
-Reshape the structure (cartilage and/or bone) to improve the aesthetic proportions
-Anticipate the inevitable redraping of the skin and subcutaneous tissues
-Avoid functional compromise

LIMITATIONS:
-Cannot recreate young skin
-Cannot alter developmental asymmetries
-Cannot prevent continued aging
-Cannot solve personal problems
-GOALS MAY ONLY BE PARTIALLY MET

HOW LONG WILL IT LAST?:
-Aging will continue
-Surgical changes will be permanent

SURGICAL TECHNIQUE/ANESTHESIA/FACILITY:
-General Anesthesia is the preferred method for most rhinoplasties
-Outpatient surgery (you go home the same day)
-Incisions are well-hidden and usually hidden inside the nose

POST-PROCEDURE INSTRUCTIONS:
-Return to normal activities within 7-10 days
-Specific written wound care instructions will be given by the nurse before you leave on the day of your procedure