

NATIONAL SPASMODIC DYSPHONIA ASSOCIATION

Botulinum Toxin Injection Information and Tracking Chart

This sheet is designed to better track the progression of your treatment with botulinum toxin injections. Use a new sheet for each injection.

Name: _____ Doctor: _____ Date: _____ Injection #: _____

Rating Scale		Before BTX	Days				Weeks after botulinum toxin injection																								
			1	2	3		1	2	3	4	5	6	7	8	9		10	11	12	13	14	15	16	17	18	20	22				
Normal	1																														
	2																														
Mild	3																														
	4																														
Moderate	5																														
	6																														
Severe	7																														

Comments and Notes:

<input type="radio"/> Voice spasms: Tense sudden stoppages (either an opening “abductor” or closing “adductor” spasm. Mark a circle in the box that indicates your own judgment of the severity of your voice spasms.	<input checked="" type="checkbox"/> Voice Breathiness: The “airy or breathy” quality of your voice that usually appears at the botulinum toxin injection weakens your vocal muscles. Mark an X in the box that indicates your judgment of the severity of your voice breathiness.	Form of Spasmodic Dysphonia: <input type="checkbox"/> Abductor <input type="checkbox"/> Adductor <input type="checkbox"/> Mixed Other Symptoms: <input type="checkbox"/> Vocal Tremor <input type="checkbox"/> MTD
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Muscle Injected	Right Thyroaryteniod (TA)	Left Thyroaryteniod (TA)	Right Posterior Cricothyteniod (PCA)	Left Posterior Cricothyteniod (PCA)	Lateral Cricothyteniod (LCA)	Interaryteniod (IA)
Amount						

This sheet was adapted from various sources including William Beaumont Hospital. The NSDA only provides this as a resource and is not recommending or promoting any treatment for spasmodic dysphonia.