



UNC

DEPARTMENT OF OTOLARYNGOLOGY/
HEAD AND NECK SURGERY
FACIAL PLASTIC & RECONSTRUCTIVE SURGERY

Chin Implant

GENERAL CONSIDERATIONS:

- Cosmetic Surgery is surgery you *do not need* – (totally / purely elective surgery)
- Long or repeated consultations
- Realistic Expectations are the Key to Success
- Safety
- Natural results

PROBLEM:

- Chin deformity unique to individual
- Imbalance with other facial features (especially nose and lips)

GOALS:

- Reshape the structure (using the implant) to improve the aesthetic proportions
- Anticipate the inevitable redraping of the skin and subcutaneous tissues
- Avoid functional compromise

LIMITATIONS:

- Cannot recreate young skin
- Cannot alter developmental asymmetries
- Cannot prevent continued aging
- Cannot solve personal problems
- GOALS MAY ONLY BE PARTIALLY MET

HOW LONG WILL IT LAST?:

- Aging will continue
- Surgical changes will be permanent

SURGICAL TECHNIQUE / ANESTHESIA/ FACILITY:

- Regional Anesthesia with Sedation vs. General Anesthesia
- Outpatient Operating Suite vs. Hospital
- Incisions/Muscle & Fascia Repair/Removal of Fat
- Dressings/Support Garments
- Post-op hospitalization
- Return to normal activities (usually 7 days)

POST-PROCEDURE INSTRUCTIONS:

- Ice pack to the area immediately after procedure
- Continue ice packs until you sleep on day of procedure
- Continue ice packs intermittently as much as you can on day 2
- Specific written wound care instructions will be given by the nurse before you leave on the day of your procedure