



UNC

DEPARTMENT OF OTOLARYNGOLOGY/
HEAD AND NECK SURGERY
FACIAL PLASTIC & RECONSTRUCTIVE SURGERY

Rhinoplasty (Nasal Reshaping)

GENERAL CONSIDERATIONS

- Cosmetic Surgery is surgery you *do not need* – (totally/purely elective surgery)
- Long or repeated consultations
- Realistic Expectations are the Key to Success
- Safety
- Natural results

PROBLEM:

- Nasal deformity unique to individual
- Imbalance with other facial features (especially chin and lips)

GOALS:

- Reshape the structure (cartilage and/ or bone) to improve the aesthetic proportions
- Anticipate the inevitable redraping of the skin and subcutaneous tissues
- Avoid functional compromise

LIMITATIONS:

- Cannot recreate young skin
- Cannot alter developmental asymmetries
- Cannot prevent continued aging
- Cannot solve personal problems
- GOALS MAY ONLY BE PARTIALLY MET

HOW LONG WILL IT LAST?:

- Aging will continue
- Surgical changes will be permanent

SURGICAL TECHNIQUE/ANESTHESIA/FACILITY:

- General Anesthesia is the preferred method for most rhinoplasties
- Outpatient surgery (you go home the same day)
- Incisions are well-hidden and usually hidden inside the nose

POST-PROCEDURE INSTRUCTIONS:

- Return to normal activities within 7-10 days
- Specific written wound care instructions will be given by the nurse before you leave on the day of your procedure