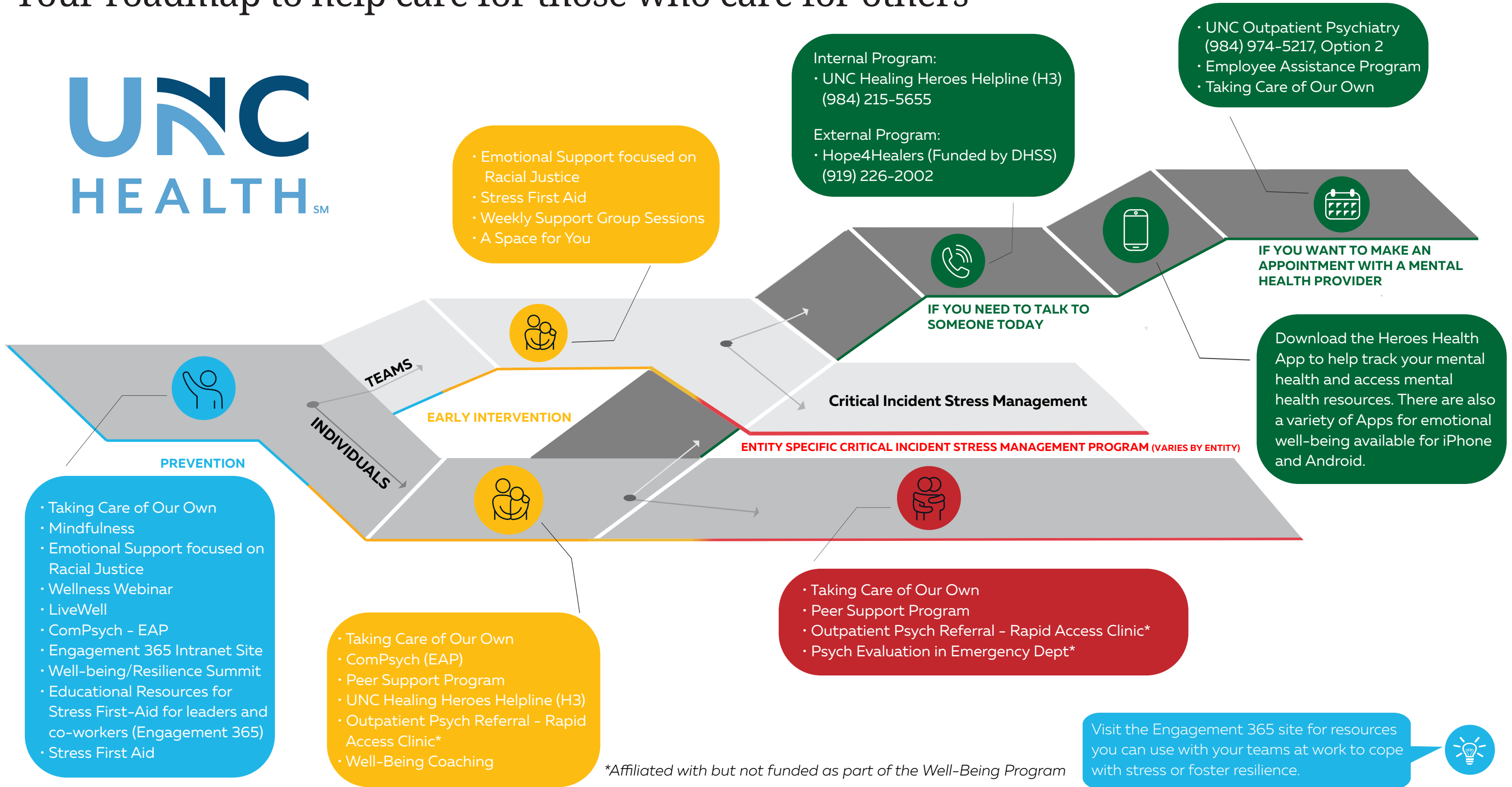


# The Path to Emotional Well-Being at UNC Health

Your roadmap to help care for those who care for others



For immediate support call: (984) 215-5655

Visit [UNCHealthcare.org/wellbeing](https://UNCHealthcare.org/wellbeing) for additional resources.