

RESPITE RESOURCES FOR FAMILY CAREGIVERS

STATEWIDE RESOURCES ALL AGES

Organization	Population Served	Eligibility Requirements	Cost	Type of Respite	County Served	Other	Contact
Bayada Habilitation www.bayada.com	Individuals with Intellectual and Developmental Disabilities	CAP I/DD, Innovations Waiver Services, Private Pay	Private Pay CAP I/DD Innovations Waiver Services	Standard respite care, enhanced respite, B3 respite care	All counties EXCEPT: Granville, Vance, Warren, Perquimans, Pasquotank, Halifax, Northampton, Hertford, Gates, Camden, Currituck, Franklin, Nash, Edgecombe, Chowan, Bertie, Martin, Washington, Tyrrell, Dare, Wilson, Greene, Pitt, Beaufort, Hyde, Johnston, Wayne, Lenoir, Craven, Pamlico, Carteret, Jones, Cumberland, Sampson, Duplin, Onslow, Scotland, Robeson	Contact for Application Referrals required	828-328-3100 Donna Heatherly, Division Director dheatherly@bayada.com <u>Habilitation Charlotte:</u> 704-688-2500 8801 J.M. Keynes Dr., Ste 140 Charlotte NC 28262 Kelly Husn khusn@bayada.com <u>Habilitation Hickory:</u> 828-328-3100 1985 Tate Blvd., S. E., Ste 417 Hickory NC 28602 Terrie Filer tfiler@bayada.com <u>Habilitation Greensboro:</u> 336-852-2000 2306 West Meadowview Rd, Ste 111 Greensboro NC 27402 Rob Varner rvarner@bayada.com <u>Habilitation Winston Salem:</u> 336-765-0300 1605 Westbrook Plaza Dr, Suite 101 Winston Salem NC 27103 Robin Parnell rparnell@bayada.com <u>Habilitation Wilmington</u> 910-397-7767 rparnell@bayada.com tforeman@bayada.com
Easter Seals UCP of North Carolina &	All ages	Meet the service	Depends	Hourly	Statewide	Although we do not	919-783-8898

Virginia Connie L. Cochran, CEO www.eastersealsucp.com		definition		Daily No crisis respite except in Central Region's START program		have respite services available in all areas, we try to help connect people to other services and can redirect calls to appropriate community/program	5171 Glenwood Ave., Ste 400 Raleigh NC 27612
PSA Healthcare, Inc. www.psahealthcare.com	All individuals with MR, DD	Must have CAP Medicaid funding or be privately funded	None	Individual, group, community respite LPN, RN	Statewide Regional offices in Forsyth, Mecklenburg, Wake	Call regional offices	Buncombe: 828-684-3329 Forsyth: 336-760-8599 1551 Westbrook Plaza Dr, Ste 100 Winston-Salem NC 27103 Mecklenburg: 704-335-9797 4530 Park Rd, Ste 105 Charlotte NC 28209 Pitt: 252-756-7233 Wake: 919-481-6712 MacGregor Center 121 Edinburgh S, Ste 203 Cary NC 27511
North Carolina Respite Care Coalition	All ages			Depends on request and availability	Statewide	Once individual family caregivers make a request, the Coalition will send out an email request to all Coalition members to determine if services are available	919-740-6604 Jane MacLeod Jane.macleod@eastersealsucp.com
Skill Creations, Inc. www.skillcreations.com Paul Hackman, CEO	IDD adults and children	Must have primary DD diagnosis	We accept CAP, I- Waiver, state funding, and voucher funding Private pay on sliding scale accepted for facility- based center	Facility-based (Morganton) In-home community- based Crisis	Statewide for Morganton Facility Any NC resident accepted for community- based respite in following LMR/MCO catchment areas: Partners, Smoky, WHN, and Eastpointe	Availability for respite facility depends on space available Other clients must be appropriate for community-based services Contact Facilitator for screening Referral from case coordinator or manager	919-734-7398 P.O. Box 1664 Goldsboro NC 27533-1664 Deanna Colwell, Facility Administrator 828-443-6548 Deanna.colwell@skillcreations.com
Turning Point Services www.turningpointservices.inc.com	IDD	Diagnosis of developmental	CAP Medicaid		Alleghany, Ashe, Avery,		838-433-4719 1001 South Sterling St.

		disability	and State funds; accept payment from federal and state programs		Beaufort, Bertie, Buncombe, Burke, Caldwell, Carteret, Catawba, Cherokee, Clay, Cleveland, Craven, Davidson, Durham, Gaston, Gates, Graham, Guilford, Haywood, Henderson, Hertford, Iredell, Jackson, Jones, Lincoln, Macon, Madison, McDowell, Mecklenburg, Mitchell, Northampton, Onslow, Pamlico, Pitt, Polk, Rowan, Rutherford, Stanley, Swain, Transylvania, Union, Wake, Watauga, Wilkes, Yancey		Morganton NC 28655
United Support Services, Inc. www.ussnc.org	Intellectually and developmentally disabled	CAP/IDD or Cardinal Innovations recipient	Medicaid funded	Individual and/or group	Mecklenburg, Centerpoint, Pathways, Five County, Wake, OPC,, Smokey Mountain Center, Sandhills, Alamance-	Medicaid funding only CAP accepted Contact for more information	704-841-3544 2331 Crownpoint Executive Dr, Suite J Charlotte NC 28227-7749 Kieran Dean or Victoria Garland Kieran@unitedsupportservices.org

					Caswell, Crossroads, Mental Health Partners, Beacon Center		
--	--	--	--	--	--	--	--

**STATEWIDE RESOURCES
CHILDREN UP TO 18**

Organization	Population Served	Eligibility Requirements	Cost	Type of Respite	County Served	Other	Contact
Children's Center of Surry Licensed Group Foster/Residential Care www.surrychildren.com	Foster and adoptive children 6-18 at risk of disruption in placement	Foster and adoptive children at risk or involved in abuse, neglect, or delinquency	None		Statewide		336-386-9144 336-371-0114 (emergency if main line unavailable) 2000 Prison Camp Rd P.O. Box 692 Dobson NC 27017
Easter Seals UCP of North Carolina & Virginia Connie L. Cochran, CEO www.eastersealsucp.com	All ages	Meet the service definition	Depends	Hourly Daily No crisis respite except in Central Region's START program	Statewide	Although we do not have respite services available in all areas, we try to help connect people to other services and can redirect calls to appropriate community/program	919-783-8898 5171 Glenwood Ave., Ste 400 Raleigh NC 27612
Crossnore School and Academy Phyllis Crain, Executive Director www.crossnoreschool.org	Children 2 to 18			Emergency care services, respite, and long-term placement	Statewide		100 DAR Drive (P.O. Box 249) Crossnore NC 28616 828-733-4305, ext. 52
Family Support Program http://fsp.unc.edu/forparents/respite-care	Children with special needs (under 18)			Upon request will provide respite resources and support	Statewide		1-800-852-0042
North Carolina Respite Care Coalition	All ages			Depends on request and availability	Statewide	Once individual family caregivers make a request, the Coalition will send out an email request to all Coalition members to determine if services are available	919-740-6604 Jane MacLeod Jane.macleod@eastersealsucp.com

**STATEWIDE RESOURCES
ADULTS 18+**

Organization	Population Served	Eligibility Requirements	Cost	Type of Respite	County Served	Other	Contact
North Carolina Baptist Aging Ministry www.ncbam.org	65+ Caregivers of adult 65+		None Donations accepted but not required	Adult respite	Statewide	Call toll-free number	1-877-506-2226 201-B Idol Drive Thomasville NC27630 P.O. Box 338 Thomasville NC 27631
NC Division of Aging and Adult Services Respite-Project CARE Len Erker	Caregivers caring at home for a family member with dementia	Confirmation of Alzheimer's or other types of dementia by caregiver, physician, or healthcare provider Reside in 1 of 40 counties served Priority to low-income, rural, and minority families Recipients of CAP/DA services are eligible (excluding additional respite funding)	None	In-home respite Short-term facility respite Adult day care	Mecklenburg, Forsyth, Surry, Yadkin, Buncombe, Haywood, Henderson, Jackson, Madison, Graham, Macon, Swain, Transylvania, Avery, Mitchell, McDowell, Polk, Rutherford, Yancey, Bladen, Columbus, Cumberland, Hoke, Robeson, Scotland, Beaufort, Bertie, Gates, Halifax, Hertford, Hyde, Martin, Northampton, Pitt, Washington, Alamance, Caswell, Guilford, Rockingham		828-687-5609 Project CARE, Dept. 638 c/o Park Ridge Health 100 Hospital Drive Hendersonville NC 28792

<p>National MS Society-Greater Carolinas Chapter Jeff Furst, Chapter President www.nationalmssociety.org/nct</p>	<p>People with MS and their caregivers</p>	<p>Registered member of MS Society with a diagnosis of MS Live in the Chapter's area Homebound with a full-time caregiver in the home Complete respite care application</p>	<p>None</p>	<p>Short-term respite Up to 48 hours/year of non-medical CNA services (bathing, light meal preparation, dressing, exercise, companionship)</p>	<p>82 counties in NC</p>	<p>Not eligible if already receive services from another agency or have private insurance that covers respite</p>	<p>704-525-5906 9801-1 Southern Pine Blvd, Charlotte NC 28273 919-834-0678 3101 Industrial Dr., Ste 210, Raleigh NC 28273 1-800-344-4867</p>
---	--	--	-------------	---	--------------------------	---	--

**RESPIRE RESOURCES, CENTRAL REGION
ALL AGES**

Organization	Population Served	Eligibility Requirements	Cost	Type of Respite	County Served	Other	Contact
Autism Society of North Carolina, Triangle Services Region www.autismsociety-nc.org	Individuals with Autism Spectrum Disorder (ASD), Autism, Asperger's, Rhett's, Fragile X, Communication Disabilities	Diagnosis of Autism or related communication disability (application for services has additional information)	CAP Private Pay: \$15/hour	CAP Respite, Cardinal Innovations Respite, Cardinal Innovations B3 Respite, In-home respite can include some personal care	Chatham, Durham, Johnson, Orange, Person, Wake	Interview required for 1:1 staff matching Application requires interviews with regional director and clinical supervisor and a psychological evaluation/diagnosis Referrals preferred but not required	919-865-2260 6300 Chapel Hill Rd, Ste 140 Raleigh NC 27607 David Ingram dingram@autismsociety-nc.org
ARCADIA Home Care www.arcadiahomecare.com/nc/#	All ages	Private pay Medicaid, VA benefits, LTC insurance, Workers' Comp	Call for information	Pediatric respite Respite for medically fragile children Geriatric respite ADLs, cath, and G-tube care	Wake, Durham, Franklin, Johnson, Granville	Some payors may require a referral; we can assist with that CAP accepted	919-846-9212 7340 Six Forks Rd. Suite 103 Raleigh, NC 27615 Lyndah Tello ltello@arcadiahealthcare.com
1st in ProActive Care www.proactivecarenc.com	All ages Seniors, children with special needs, individuals recovering from illness, etc.		\$16-\$19/hour Special rates for overnight and 24-hour respite	In-home Periodic Around-the-clock	Forsyth, Guilford, Stokes, Davidson, Davie, Alamance, Yadkin, Rockingham	Must be within 45 minutes of Kernersville Accept Workers Compensation, private pay, VA benefits, Medicaid, CAP	336-992-2292 815 Old Winston Rd, Ste E Kernersville NC 27284 Cecily Hooks chooks@proactivecarenc.com
Quality Family Services Theron Norris, Owner Kim Lister, CAP Supervisor	MR/DD	Must receive CAP services. Call Kim Lister for respite services		Respite/enhanced respite	Mecklenburg	Services only available for CAP recipients.	704-219-7500 (Kim Lister) 704-536-9300 main 5109 Monroe Road Charlotte NC 28205
ARC of Durham County www.thearcdurhamcounty.org	Developmentally disabled and families with children with developmental disabilities	Involved with the ARC	Vouchers	Varies depending on need	Durham		919-493-8141 3500 Westgate Drive, Suite 303 Durham NC 27707
Alternate Care Home Care	People living with illness or disability or needing help with ADLs			In-home care Respite	Mecklenburg	Free assessment of client's needs	704-605-5142 1801 N Tryon St., Ste 429 Charlotte NC 28205 P.O. Box 19415 Charlotte NC 28219-9415 Mindy Barrett

							alternatehomecare@yahoo.com
ARC of High Point Community Alternatives Program (CAP) www.arc-of-hp.com	Individual with DD	Approved for CAP slot	None		Guilford		336-883-0650 153 E Bellevue Dr. High Point NC 27265
Community Support Service LLC www.communitysupportservice.com	Individuals with I/DD diagnosis	CAP I/DD or Innovations Funding	None	Non-institutional respite (individual and group)	Alamance, Caswell, Chatham, Forsyth, Guilford, Orange, Person, Randolph		336-855-1810 866-691-18187 toll free 1-A Terrace Way Greensboro NC 27403 Michelle Maynard michelle@communitysupportservice.com
Exchange/SCAN Respite Care Cynthia Napoleon-Hanger, Executive Director Amanda L. Carrick, MA Deputy Director www.exchangescan.org	Children 0-17 at risk or abuse or neglect Parents who are overwhelmed and need a break	Call for information Depends on available placements, age of child, and any special needs of child	None	Immediate short-term placements Therapeutic and non-therapeutic placements	Forsyth, Surry, Stokes	We work with private respite providers and Children's Home of NC to find appropriate placements. Availability depends on the providers	336-948-9028 336-748-9030 (fax) 500 W. Northwest Blvd. Winston-Salem NC 27105
Growing in Care	Persons with developmental disabilities Individuals with AIDS	Medicaid recipient	Varies according to needs	In-home aide, non-institutional respite for adults with disabilities and those with AIDS	Mecklenburg, Union		704-393-8206 2137 B Ave. Charlotte 28216
Home Care for the Carolinas www.homecareforthecarolinas.com	All ages		Varies, depending on services Begins at \$20/hour with 4-hour minimum	In-home respite, can include personal care	Cabarrus, Gaston, Mecklenburg, Union		704-335-8488 3472 N. Davidson St Charlotte NC 28205
Hospice of Rockingham County www.rcpl.org/hospice	Terminally ill individuals	Doctor certification of terminal illness, prognosis 6 months or less	Services provided regardless of ability to pay		Rockingham	Accept Medicaid, Medicare, private insurance (sliding scale)	336-427-9022 2150 NC Highway 65 P.O. Box 281 Wentworth NC 27375 hosprc@netpath-rc.net
Hospice of Union County www.hospiceofunioncounty.org	Terminally ill individuals	Physician diagnosis of terminal illness with prognosis of 6 months or less	Varies		Union, Mecklenburg, Anson		704-292-2100 700 W. Roosevelt Blvd Monroe NC 28110
LIFESPAN SERVICES LIFESPAN CAP Program www.lifespanservices.org	I/DD children and adults	Medicaid CAP funding required (referrals to come from	None	Respite Currently not offering crisis,	Mecklenburg	LIFESPAN does not accept private pay for services	704-393-5916 3127 Kalyne St. Charlotte NC 28208

		Mecklenburg Mental Health)		institutional, or nursing respite			
Raleigh Respite Program	Homeless individuals recovering from surgery or acute illness	Homeless Must have referral from medical provider	None	Short-term, up to 14 days	Wake		919-828-9014, ext. 133 314 E. Hargett St. Raleigh NC 27601
Ralph Scott Lifeservices	Children and adults with developmental disabilities		Varies	In-home to CAP individuals approved for respite or private pay Evening, overnight, or day service in our location Monthly respite play days Some additional activities	Alamance, Caswell, Rockingham		336-227-1011 401 W. Trade St. Burlington NC27217
Securing Resources for Consumers, Inc. www.srfcinc.com	Adults and children Need assistance with daily living Released from facility or hospital in need of rehab	Medicaid and Medicare recipients need doctor's referral	Medicaid Medicare Private pay \$16.50/hour		Chatham, Durham, Johnston, Orange, Wake	In-home service visit for intake	919-405-2700 3209 Yorktown Ave. Durham NC 27713 Ursula Singleton ursula.singleton@srfcincl.com
DDR Gina Lemmons www.ddrinc.org	I/DD children and adults	CAP, Innovations, Innovations B3, Mecklenburg authorization Individual/family/case manager/care coordinator to contact; authorization required before service provided	Billed to Medicaid or LME/MCO	Community hourly or overnight	Mecklenburg, PBH, Sandhills, Pathways	Accept CAP, private pay Assessment is required to "match" respite worker with individual	704-573-9777 9822 Albemarle Rd Charlotte NC 28227
Lisa's Home Counseling and Care	Any age Reasonably safe situation	Weigh 150 lbs or less Self pay	\$10/hour or negotiable by day	Individual personal care Level 3 and under No CNA Up to 7 days or minimum 3 hours	Cleveland	Accept check prepayment or cash Apply with telephone interview	828-335-8740 Lisa Ann Toney Lisa68m@email.com
Person Centered Partnerships, Inc. Erica Corbin, CEO CAP Program	I/DD IIH	Medicaid CAP waiver Need referral from Care Coordinator	None to care recipient Medicaid only	Respite, enhanced respite, and crisis respite	Mecklenburg, Union, Cabarrus	Willing to negotiate private pay Contractual	Kina Scott Perkins 704-567-0790 5601 Executive Center Dr., Suite 201 Charlotte NC 28212

Angela S. Scott, CAP Coordinator www.pcpartnerships.org						Background check, application, crisis plan, individualized plan	
Turning Point Services, Inc. www.turningpointservicesinc.com	All ages, individuals with developmental disabilities	Established by lead CAP-MR/DD agency based upon Medicaid waiver criteria or by contractual arrangements	Medicaid via contract with other community agencies or private pay rates comparable to established Medicaid reimbursement	Varies depending on need	Mecklenburg		704-365-4781 4425 Randolph Rd, Ste 315 Charlotte NC 28211
Independent Opportunities, Inc. James Johnson, President/Owner www.chooseioi.com	All ages, all disabilities	Must have: PBH Innovations, Matrix Funding Medicaid CAP-ID (CAP-MR/DD) Private Pay	Funded services by Medicaid	Hourly (individual and group) respite B-3 Respite (PBH area)	Mecklenburg PBH (Rowan, Cabarrus, Stanly, Union, Davidson)	Referral (no restrictions) Intake application All potential participants are assessed and based on needs matched with available care providers	704-547-8521 704-547-8522 (fax) 9216 University City Blvd. Charlotte NC 28213 Greg Krypel gregkrypel_ioi@bellsouth.net
ARC of Orange County	Individual with developmental disability Child under 5 "at risk" of DD		Sliding scale	Occasional respite Also offer after-school programs and care during school holidays	Orange		919-942-5119 1777 N. Fordham Blvd., Ste201 Chapel Hill NC 27517 P.O. Box 2594 Chapel Hill NC 27515
Chatham Respite	Children and others with DD		Based on income	In-home companion sitter services	Chatham		919-663-2221 119 ½ Sl. 3 rd Ave Siler City NC 27344

**RESPIRE RESOURCES, CENTRAL REGION
CHILDREN UP TO 18**

Organization	Population Served	Eligibility Requirements	Cost	Type of Respite	County Served	Other	Contact
Autism Society of North Carolina, Triangle Services Region www.autismsociety-nc.org	Individuals with Autism Spectrum Disorder (ASD), Autism, Asperger's, Rhett's, Fragile X, Communication Disabilities	Diagnosis of Autism or related communication disability (application for services has additional information)	CAP Private Pay: \$15/hour	CAP Respite, Cardinal Innovations Respite, Cardinal Innovations B3 Respite, In-home respite can include some personal care	Chatham, Durham, Johnson, Orange, Person, Wake	Interview required for 1:1 staff matching Application requires interviews with regional director and clinical supervisor and a psychological evaluation/diagnosis Referrals preferred but not required	919-865-2260 6300 Chapel Hill Rd, Ste 140 Raleigh NC 27607 David Ingram dingram@autismsociety-nc.org
1st in ProActive Care www.proactivecarenc.com	All ages Seniors, children with special needs, individuals recovering from illness, etc.		\$16-\$19/hour Special rates for overnight and 24-hour respite	In-home Periodic Around-the-clock	Forsyth, Guilford, Stokes, Davidson, Davie, Alamance, Yadkin, Rockingham	Must be within 45 minutes of Kernersville Accept Workers Compensation, private pay, VA benefits, Medicaid, CAP	336-992-2292 815 Old Winston Rd, Ste E Kernersville NC 27284 Cecily Hooks chooks@proactivecarenc.com
Quality Family Services Theron Norris, Owner Kim Lister, CAP Supervisor	MR/DD	Must receive CAP services. Call Kim Lister for respite services		Respite/enhanced respite	Mecklenburg	Services only available for CAP recipients.	704-219-7500 (Kim Lister) 704-536-9300 main 5109 Monroe Road Charlotte NC 28205
Richmond County Community Support Center Gladys Broome, Executive Director Families First Respite	Birth to 12	At risk Need-based	None to client, but participants should complete state surveys regarding need (programs paid for from the state)	Voucher, 10 days per year; holiday camp, 2 1-week sessions; week of spring break; first week after school ends (may change for 2012-2013 school year)	Richmond County residents only	Anyone can make a referral. No CAP services. Call for information about services	910-997-8440
Agape Family Center-Metrolina Aids Project (MAP) www.metrolinaaidsproject.org	Preschool children (6 weeks -5 yrs) infected with or affected by HIV/AIDS	Referral by case manager working with the family	None		Mecklenburg, Union		704-333-1435 127 Scaleybark Rd Charlotte NC 28209 P.O. Box32662 Charlotte NC 28232 Ann White awhite@metrolinaaidsproject.org
ARC of Durham County	Developmentally	Involved with the ARC	vouchers	Varies depending	Durham		919-493-8141

www.thearcdurhamcounty.org	disabled and families with children with developmental disabilities			on need			3500 Westgate Drive, Suite 303 Durham NC 27707
ARC of High Point Community Alternatives Program (CAP) www.arc-of-hp.com	Individual with DD	Approved for CAP slot	None		Guilford		336-883-0650 153 E Bellevue Dr. High Point NC 27265
Absolute Care Staffing www.absolutecarestaffing.net	Individuals with disabilities, including children Seniors	Non-medical personal care	Medicaid Hourly private pay		Durham, Johnston, Orange, Wake		919-784-9218 1-877-784-9218 111 Windel Dr., Ste 221 Raleigh NC 27609 absolutecarestaff@att.net
The Children's Home Foster Care Services www.tchome.com	Youths 2-21 in foster care	Must be current foster care client	Most services covered by 3 rd party payer	Temporary relief/support provided short-term and for special occasions	Forsyth		336-721-7625 1001 Reynolda Rd. Winston-Salem NC 27104-3245
Community Support Service LLC www.communitysupportservice.com	Individuals with I/DD diagnosis	CAP I/DD or Innovations Funding	None	Non-institutional respite (individual and group)	Alamance, Caswell, Chatham, Forsyth, Guilford, Orange, Person, Randolph		336-855-1810 866-691-1818 toll free 1-A Terrace Way Greensboro NC 27403 Michelle Maynard michelle@communitysupportservice.com
Exchange/SCAN Respite Care Cynthia Napoleon-Hanger, Executive Director Amanda L. Carrick, MA Deputy Director www.exchangescan.org	Children 0-17 at risk or abuse or neglect Parents who are overwhelmed and need a break	Call for information Depends on available placements, age of child, and any special needs of child	None	Immediate short-term placements Therapeutic and non-therapeutic placements	Forsyth, Surry, Stokes	We work with private respite providers and Children's Home of NC to find appropriate placements. Availability depends on the providers	336-948-9028 336-748-9030 (fax) 500 W. Northwest Blvd. Winston-Salem NC 27105
Children's Home Society of North Carolina Foster Care/Therapeutic Care www.chsnc.org	Children newborn-18			Respite and short-term care	Guilford		336-274-1538 1-800-632-1400 604 Meadow St. Greensboro NC 27405 P.O. Box14608 Greensboro NC27415-4608
Ralph Scott Lifeservices	Children and adults with developmental disabilities		Varies	In-home to CAP individuals approved for respite or private pay	Alamance, Caswell, Rockingham		336-227-1011 401 W. Trade St. Burlington NC27217

				Evening, overnight, or day service in our location Monthly respite play days Some additional activities			
Securing Resources for Consumers, Inc. www.srfcinc.com	Adults and children Need assistance with daily living Released from facility or hospital in need of rehab	Medicaid and Medicare recipients need doctor's referral	Medicaid Medicare Private pay \$16.50/hour		Chatham, Durham, Johnston, Orange, Wake	In-home service visit for intake	919-405-2700 3209 Yorktown Ave. Durham NC 27713 Ursula Singleton ursula.singleton@srfcinc.com
DDR Gina Lemmons www.ddrinc.org	I/DD children and adults	CAP, Innovations, Innovations B3, Mecklenburg authorization Individual/family/care manager/care coordinator to contact; authorization required before service provided	Billed to Medicaid or LME/MCO	Community hourly or overnight	Mecklenburg, PBH, Sandhills, Pathways	Accept CAP, private pay Assessment is required to "match" respite worker with individual	704-573-9777 9822 Albemarle Rd Charlotte NC 28227
LIFESPAN SERVICES LIFESPAN CAP Program www.lifespanservices.org	I/DD children and adults	Medicaid CAP funding required (referrals to come from Mecklenburg Mental Health)	None	Respite Currently not offering crisis, institutional, or nursing respite	Mecklenburg	LIFESPAN does not accept private pay for services	704-393-5916 3127 Kalyne St. Charlotte NC 28208
Person Centered Partnerships, Inc. Erica Corbin, CEO CAP Program Angela S. Scott, CAP Coordinator www.pcpartnerships.org	I/DD IIH	Medicaid CAP waiver Need referral from Care Coordinator	None to care recipient Medicaid only	Respite, enhanced respite, and crisis respite	Mecklenburg, Union, Cabarrus	Willing to negotiate private pay Contractual Background check, application, crisis plan, individualized plan	Kina Scott Perkins 704-567-0790 5601 Executive Center Dr., Suite 201 Charlotte NC 28212
Turning Point Services, Inc. www.turningpointservicesinc.com	Children-adults with developmental disabilities	Established by lead CAP-MR/DD agency based upon Medicaid waiver criteria or by contractual arrangements	Medicaid via contract with other community agencies or private pay rates comparable to	Varies depending on need	Mecklenburg		704-365-4781 4425 Randolph Rd, Ste 315 Charlotte NC 28211

			established Medicaid reimbursement				
Independent Opportunities, Inc. James Johnson, President/Owner www.chooseioi.com	All ages, all disabilities	Must have: PBH Innovations, Matrix Funding Medicaid CAP-ID (CAP-MR/DD) Private Pay	Funded services by Medicaid	Hourly (individual and group) respite B-3 Respite (PBH area)	Mecklenburg PBH (Rowan, Cabarrus, Stanly, Union, Davidson)	Referral (no restrictions) Intake application All potential participants are assessed and based on needs matched with available care providers	704-547-8521 704-547-8522 (fax) 9216 University City Blvd. Charlotte NC 28213 Greg Krypel gregkrypel_ioi@bellsouth.net
ARC of Orange County	Individual with developmental disability Child under 5 "at risk" of DD		Sliding scale	Occasional respite Also offer after-school programs and care during school holidays	Orange		919-942-5119 1777 N. Fordham Blvd., Ste201 Chapel Hill NC 27517 P.O. Box 2594 Chapel Hill NC 27515
Chatham Respite	Children and others with DD		Based on income	In-home companion sitter services	Chatham		919-663-2221 119 ½ Sl. 3 rd Ave Siler City NC 27344
Tammy Lynn Center www.tammylynncenter.org	Children under 18 with DD Children under 36 months at risk for DD	Wake County resident	Sliding scale	In-home short-term respite Monthly group respite care for those involved and siblings	Wake		919-832-3090 739 Chappell Rd Raleigh NC 27606

**RESPIRE RESOURCES, CENTRAL REGION
ADULTS 18+**

Organization	Population Served	Eligibility Requirements	Cost	Type of Respite	County Served	Other	Contact
Central North Carolina Chapter/National Multiple Sclerosis Society Elizabeth Green, Chapter President Mark Scheerer www.nationalmssociety.org/ncc	People with MS and their families	Diagnosis of MS Live in 15-county chapter area; be registered with the chapter Caregiver lives with individual with MS Individual with MS depends on others for total care and support	None	Non-skilled nursing; CNA-level care 48 hours/year; in emergencies (death in family, caregiver illness, etc.) an additional 240 hours are available for a total of 288 hours/year	Alamance, Alleghany, Ashe, Caswell, Davidson, Davie, Forsyth, Guilford, Randolph, Rockingham, Stokes, Surry, Watauga, Wilkes, Yadkin	Excluded: individuals who receive services from other agencies; those who have private insurance that covers respite; those needing skilled care	336-299-4136 336-855-3039 (fax) 2211 W. Meadowview Rd, Ste 30 Greensboro NC 27407 Mark.scheerer@nmss.org
Always Best Care of the Northern Piedmont Pastor Philip Stringer www.alwaysbestcareforensiors.com	Seniors and other adults with disabilities and/or recovering from injury; Alzheimer's/dementia patients; expectant mothers on bed rest; or new mothers who need a little help for a few days. Emergency respite care may be available upon short notice.	Start-of-Care assessment.	Hourly care: \$17/hour; 12-hour "sleep shift": \$175; 24-hour "sleep shift": \$240; free assistance in locating respite at assisted living community. Rates may vary according to circumstances.	Hourly, overnight, or live-in (24-hour care 24/7/365. No minimum number of days. Respite stay at assisted living community cannot exceed 30 days. Services limited to non-medical care	Guilford, eastern Rockingham, and eastern Forsyth	We often work with medical home health agencies or private-duty nurses. We accept private payment and long-term care insurance. Veterans and spouses may qualify for VA reimbursement	336-285-9480 P.O. Box 20325 1451 S. Elm-Eugene St., Suite 2118 Greensboro, NC 27420
Always Best Care Senior Services Dan Gregory, Agency Director www.alwaysbestcareraleighdurhamwakeforest.com	Generally 55 and older with Alzheimer's, Parkinson's, MS, fractures, incontinence, and other physical or cognitive impairments	Safe environment, necessary equipment must be available and in good working order; Nursing Supervisor to address other safety and care concerns.	Varies by acuity level as determined by nursing supervisor: \$18 to \$21 hourly and \$215 to \$300 daily	Hourly (minimum of 3 hours) Daily (24-hour period)	Wake, Durham, Franklin, Granville, and Vance	Private pay (check or credit card) or long-term care insurance provided eligibility requirements met.	336-285-9480 P.O. Box 20325 1451 S. Elm-Eugene St., Suite 2118 Greensboro, NC 27420
The Enrichment Center of Lee County-Respite Referral Program	Caregivers of seniors	Referral program only to help caregivers find	None for referral	Adult respite	Lee	Family interviews,	919-776-0501 1615 South Third St.

www.leecountync.gov		help	Private pay for worker			hires, and pays worker	Sanford NC27330
Adult Center for Enrichment, Inc. Chip Cromartie, Executive Director ACE at Bardolph, ACE at Caldwell, ACE at River Landing, ACE at Muir's Chapel, ACE at First Baptist, ACE at Temple, CarePartners at Home www.ACEcare.org	18 and older, primary diagnosis Alzheimer's or related dementia Average age 76	Must call for an individual assessment to determine eligibility	Adult Day Centers \$57+ per day, Group Respite \$37+ per day, CarePartners at Home no cost. Discounts and scholarships available on a limited basis.	Volunteer in-home respite, group respite sites, adult day centers	Guilford	No referral required. Funding includes private pay, VA, Medicaid CAP, HCCBG, SSBG, etc.	336-274-559 P.O. Box 13048 Greensboro NC 27415 info@ACEcare.org
DAYBreak Respite Care www.centenary-ws.org	Older frail and/or forgetful adults Unable to stay alone safely	Stable health Able to transfer independently or with little assistance	\$35/session (10a.m.-3p.m.) Cost includes lunch and all program supplies CAP accepted	Group respite 5 hours/day Monday, Tuesday, Thursday, Friday	Forsyth and surrounding	Accept cash or check Contact director for information	336-397-1345 Centenary United Methodist Church P.O. Box 658 Winston-Salem NC 27102 Janet C. Sawyer, Director jsawyer@centenary-ws.org
1st in ProActive Care www.proactivecarenc.com	Seniors, children with special needs, individuals recovering from illness, etc.		\$16-\$19/hour Special rates for overnight and 24-hour respite	In-home Periodic Around-the-clock	Forsyth, Guilford, Stokes, Davidson, Davie, Alamance, Yadkin, Rockingham	Must be within 45 minutes of Kernersville Accept Workers Compensation, private pay, VA benefits, Medicaid, CAP	336-992-2292 815 Old Winston Rd, Ste E Kernersville NC 27284 Cecily Hooks chooks@proactivecarenc.com
Senior Alternatives of Davie	Seniors		\$39.50/day	Group respite	Davie		336-753-6633 1259 Yadkinville Rd. Mocksville NC27028
Senior Services, Inc., Elder Care Choices www.seniorservicesinc.org	Caregivers of aging relatives or friends	Must be an employee of a contracting company	Contract	Adult respite	Forsyth		336-748-2171 2894 Shorefair Drive Winston-Salem NC27105 Annamae Giles
Shepherd's Center of Greater Winston-Salem, Faith in Action Care Program	Homebound 50+		None	In-home respite	Forsyth	Appointment and professional assessment required Average waiting period is 2 weeks to 3 months	336-748-0217 1700 Ebert St. Winston-Salem NC 27103 shepcntr@bellsouth.net

Shepherd's Center of Kernersville Respite Care Program www.shepctrkville.com	Chronically ill older adults Adults with permanent disabilities	Must be independent in bathroom and not require lifting Must be able to take own medication	None	In-home respite	Forsyth	Call for appointment for in-home assessment	336-996-6696 431-B W. Bohenger St. Kernersville NC 27284 P.O. Box 27285 Kernersville NC 27285
The Enrichment Center of Lee County-Family Caregiver Program www.leecountync.gov	Caregivers of seniors		None	Adult respite	Lee		919-776-0501 1615 South Third St. Sanford NC 27330
Shining Stars Adult Day Respite	55+ memory impaired	Do not require "hands on" care Can use walker or cane but cannot be wanderer	\$40/day includes supplies, snack, and lunch \$35/2-3 days \$30/4 & 5 days	Adult day respite at either St. Gabriel Catholic Church or Sardis Presbyterian	Mecklenburg	Intake Process: screen via free day with group Take Folstein Mini Mental Status Test	704-335-0253 St. Gabriel Catholic Church 3016 Providence Rd. Charlotte NC 28211 Mailing: 1844 Sterling Rd. Charlotte NC 28209-1608
Surry County Friends of Seniors www.surry.com	60+ or cognitively impaired (FCSP respite) 60+ (Chore respite)	FCSP respite: need help with 2 ADLs	Grant programs; accept donations	In-home aide care	Surry		336-783-8500 1218 State St., Ste 200 Mount Airy, NC 27030 seniorservices@co.surry.nc.us
The Center for Volunteer Caregiving www.volunteercaregiving.org	18-60 with disability or chronic health issue 60+ with economic or social needs	Wake County resident living at home At risk of compromised health or institutional placement	None	In-home respite	Wake	Intake process by phone to verify eligibility and arrange for home visit	919-460-0567 975 Walnut St., Ste 311 Cary NC 27511 caregiving@ctrvolcare.org
Abundant Living Adult Day Services www.lsanc.net	18+ frail, elderly, or disabled	Pre-admission physical; complete application packet	Private Pay - \$49-\$59 per day. Bathing \$20 per bath	Therapeutic activities, health monitoring and socialization; registered nurse and CNAs provide health and medical monitoring, medication administration, and assistance with personal care.	Rowan	Assistance through Veterans Administration, CAP, Rowan County Department of Social Services, Rowan Department of Senior Services and scholarships	1416-A S. Martin Luther King, Jr. Ave. Salisbury NC 28144 (703) 367-3940
Access Senior Care www.accessseniorcare.com	Seniors needing help with daily living		Varies depending on level of care		Alamance, Forsyth, Guilford,	Accept Medicaid, LTC insurance,	336-944-4411 1101 Norwalk St. P.O Box 4344 Greensboro NC 27404

					Randolph, Rockingham	private pay	
Adult Day and Respite Care Program www.adultdayandrespitecarecenter.org	Elderly Developmentally disabled adults 18+	Enrollment application & medical form from physician required. Documentation of payment source required	Varies depending on level of assistance	Adult day	Guilford		336-852-8338 3107 Groometown Rd. Greensboro NC 27407 adaycare@bellsouth.net
Care Solutions Anzie Horn, Director Respite Program provided by NC Family Caregiving Support www.caresolutions.org	Adults 60+ CAP/DA(Community Alternative Program for Disabled Adults) Adults 18+	Family caregiver of adult 60+, with economic need Grandparent/step-grandparent over 60 caring for child under 18 with mental/developmental disabilities Caregivers must meet NC Family Caregiver Support Program Guidelines	Contribution offered to caregiver for respite; no cost for CAP/DA participants.	Respite CAP/DA	Cleveland	There is a waiting list for CAP/DA intakes. Families can pay for private assessments. There is an application process for respite.	980-487-4777 704-487-4209 (fax) 208 E. Grover St, Shelby NC 28150
Southeastern Wake Adult Day Care & Health Center www.sewake.qpg.com	50+ and/or disabled adult		Vary	Adult day	Wake		919-231-2245 2034 New Bern Ave. Raleigh NC 27610 sewadc@aol.com
St. Andrews Presbyterian Church www.sapc.com	Adults caring for aging parents or other loved ones			In-home respite	Wake		919-847-1913 7506 Falls of the Neuse Rd. Raleigh NC 27615 Cindy Ingalls cingalls@sapc.com
Chatham County Department of Social Services Adult Services	18+ physically and mentally challenged	Chatham County resident	None Voluntary cost-sharing option for in-home aide	In-home respite Adult day	Chatham		919-542-2759 102 Camp St. P.O. Box 489 Pittsboro NC27312 Ethel Farrell ethel.farrell@ncmail.net
Chatham County Council on Aging Family Caregiver Support Angel Dennison, Executive Director Sadie McLaurin, Deputy Director www.chathamcouncilonaging.org	Caregiver (any age) of adult 60+ OR with Alzheimer's or related brain disorder Caregiver (not birth or adoptive parent) 55+ raising related child 18 and under OR adult with disability	Must be Chatham County resident		In-home respite, adult day care, or placement in a facility for a short time	Chatham	<i>Eastern Chatham Senior Center, 365 Hwy 87 N, Pittsboro NC (919) 542-4512</i> <i>Western Chatham Senior Center, 112 Village Lake Rd, Siler City NC (919) 742-3975</i>	919-542-4512 P.O. Box 715 Pittsboro NC 27312
A Helping Hand	60+with temporary		\$19/hour	In-home,	Durham,	Generally UNC-	919-969-7111

www.ahelpinghandnc.org	or permanent disabilities Those recovering from accidents or injuries Alzheimer's Others with disabilities or developmental disabilities		Subsidized rate available based on income, depending on grants and donations	although transportation and outings can be included	Orange, Chatham, and western Wake	CH or Duke healthcare majors	1502 W.NC Hwy 54, Ste 405 Durham NC 27707 Mailing: 1777 Fordham Blvd, Ste 202-2 Chapel Hill NC 27514 Cathy Ahrendsen cathy@ahelpinghandnc.org
ARC of Wake County www.arcwake.org	Adults with developmental or multiple disabilities	Intake through Wake County Human Services	Sliding scale		Wake		919-832-2660 1300 St. Mary's St. Ste 502 Raleigh NC 27605
Absolute Care Staffing www.absolutecarestaffing.net	Seniors Individuals with disabilities, including children	Non-medical personal care	Medicaid Hourly private pay		Durham, Johnston, Orange, Wake		919-784-9218 1-877-784-9218 111 Windel Dr., Ste 221 Raleigh NC 27609 absolutecarestaff@att.net
Bayberry Retirement Inn www.thebayberryinn.com	Seniors	Ambulatory or semi-ambulatory	Respite stays \$49/day; VA assistance may apply	Retirement living facility also offers respite stays and vacations stays when family is away	Lee	Completed reservation card, medical form, in-person visit needed for intake	919-774-7170 1-800-552-8785 2002 Woodland Ave. Sanford NC 22330
Brian Center Health and Rehabilitation	18+ in need of in-patient care		Call for fee structure. Medicaid, Medicare, private insurance and private pay accepted	Skilled respite care	Durham		919-544-9021 6000 Fayetteville Rd Durham NC 27713
Davie County Senior Services Caregiver Program	60+ needing help with a least 2 ADLs	Davie County resident	Donation requested		Davie		336-751-5745 278 Merony St. Mocksville NC 27028
Caregiver Relief Services, LLC	Caregiver of adult			Non-medical in home	Wake		919-926-1205 8409 Longfield Drive Raleigh NC 27616 caregiverreliefservices@gmail.com
Caregiver Respite Stipend Program www.senioradults.org	18+ caring for adult 60+ with Alzheimer's or specific neurological disorder	Recipient must have dementia or need assistance with 2 ADLs	Voluntary contributions accepted	\$200 stipend for 2-day respite from caregiving	Randolph	Funds limited to first-come first-serve	336-635-3389 133 W. Wainman Ave Asheboro NC 27203 P.O. Box 1852 Asheboro NC27204

							rcaaa@senioradults.org
Caregivers of Rockingham County	Primary caregiver of adult 60+ and/or permanently or temporarily disabled	Resident of Rockingham County	None	Varies	Rockingham		336-361-0971 629 S Main St Reidsville NC 27320 P.O. Box 1080 Reidsville NC 27323 carerock@vnet.net
Care Partners at Home, Adult Center for Enrichment www.acecare.org	Adult 21+ caring for loved one in home	Call to set up in-home visit to determine eligibility	No fees for most services	Trained volunteers come for a few hours/week for in-home respite	Guilford		336-274-3559 122 North Elm St, Ste 600 Greensboro NC 27401 P.O. Box 13048 Greensboro NC 27415
Community Adult Respite Experience, Inc. (CARE)	Adult 60+ with cognitive or physical condition that requires supervision	Must be independent with toileting and feeding	\$25/day	4 hours in CARE Café; snack and lunch provided	Stanly		704-986-2273 1003 Meadow St. Albemarle NC 2828001 carecafe@windstream.net
Community Support Service LLC www.communitysupportservice.com	Individuals with I/DD diagnosis	CAP I/DD or Innovations Funding	None	Non-institutional respite (individual and group)	Alamance, Caswell, Chatham, Forsyth, Guilford, Orange, Person, Randolph		336-855-1810 866-691-18187 toll free 1-A Terrace Way Greensboro NC 27403 Michelle Maynard michelle@communitysupportservice.com
Rockingham County Council on Aging Community Alternatives Program (CAP)	60+ Medicaid eligible Adult any age with disability	Medicaid recipient		In-home	Rockingham		336-342-6714 105 Lawsonville Ave, P.O. Box 1915 Reidsville NC 27323
Council on Aging (Union County) www.coaunion.org	60+	Union County resident	None but donations accepted	In-home respite	Union		704-292-1797 216 N. Hayne St. Monroe NC 28112 P.O. Box 185 Monroe NC 28111
Cross Road Retirement Community www.cross-road.org	Caregivers (and families) of those with Alzheimer's			Caregiver's Day Out 2 days a week; includes lunch, snack, and activities	Randolph	Cross Roads Community provides respite in cooperation with First Christian Church of Ramseur and First Baptist Church of Randleman	336-629-7811 1302 Old Cox Rd. Asheboro NC 27205
Cabarrus County Department of Aging	60+nonpaid full-time	Depends on program	Depends on	FCSP respite	Cabarrus		704-920-3494

www.cabarruscounty.us/aging	caregiver of individual who can't be left alone Adults with mental and/or physical impairments who cannot be left alone		service	In-home respite Day care			331 Corban Ave. S.E. Concord NC 28025 P.O. Box 707 Concord NC 28026-0707 Senior_center@cabarruscounty.us
Davidson County In Home Services www.co.davidson.nc.us	60+, needs help with personal care	Resident of Davidson County; assessment to determine level of care	Cost-sharing program	In home	Davidson		336-242-2290 555-B West Center St. Ext Lexington NC 27295
Developmental Disability Services (WCHS-Adult Services) www.co.wake.nc.us	Adults with disabilities	Determined by specific program	Determined by service	Adult respite care	Wake	Contracts with local private agencies Entry through DD Single Portal/Early Intervention	919-856-6400 Community Services Center 401 E. Whittaker Mill Rd Raleigh NC 27608 WCHS-Adult Services P.O. Box 46833 Raleigh NC 27602
Family Caregiver Support Program	Caregiver of adult 60+ with dementia or Alzheimer's or unable to perform 2 ADLS		Consumer contributions are accepted	In-home and community support Adult day care	Rowan		704-637-3940 1416-A S. Martin Luther King Jr. Blvd. P.O. Box 497 Salisbury NC 28144
Growing in Care	Persons with developmental disabilities Individuals with AIDS	Medicaid recipient	Varies according to needs	In-home aide, non-institutional respite for adults with disabilities and those with AIDS	Mecklenburg, Union		704-393-8206 2137 B Ave. Charlotte 28216
Hearthside Home Care www.hearthsidehomecare.com	Individuals needing assistance with ADLs Alzheimer's patients		Private Pay Agency is also Medicaid (PCS and CAP provider)	In-home respite Personal care	Guilford		336-808-1351 1-866-808-1351 505 State Street Greensboro NC 27405 P.O. Box 9383 Greensboro NC 27429
Home Instead Senior Care www.homeinstead.com	Seniors		\$14-16.50/hour Special rates for 24-hour and overnight care	In-home, non-medical respite for family caregivers Personal care	Cabarrus	VA, LTC insurance, and private pay	704-788-3399 653 Church St, North Concord NC 28025 homeinstead@ctc.net
In-home Aide Program, RCS-Asheboro	Adult	Randolph County resident; other requirements vary		In home respite	Randolph		336-629-5141 221 S Fayetteville St Asheboro NC 27203 P.O. Box 1883 Asheboro NC 27204-1883
Lee County Department of Social Services	Seniors	Go to website for		Adult respite	Lee		919-718-4690

www.leecountync.gov		details					530 Carthage St. Sanford NC 27330
Legacy Heights Senior Living www.legacyheightsseniorliving.com	Seniors not residing at the facility			Respite for non-residential seniors who need a temporary intermission	Mecklenburg, Union		704-544-7255 11230 Ballantyne Trace Ct. Charlotte NC 28277
Ralph Scott Lifeservices	Children and adults with developmental disabilities		Varies	In-home to CAP individuals approved for respite or private pay Evening, overnight, or day service in our location Monthly respite play days Some additional activities	Alamance, Caswell, Rockingham		336-227-1011 401 W. Trade St. Burlington NC27217
Securing Resources for Consumers, Inc. www.srfcinc.com	Adults and children Need assistance with daily living Released from facility or hospital in need of rehab	Medicaid and Medicare recipients need doctor's referral	Medicaid Medicare Private pay \$16.50/hour		Chatham, Durham, Johnston, Orange, Wake	In-home service visit for intake	919-405-2700 3209 Yorktown Ave. Durham NC 27713 Ursula Singleton ursula.singleton@srfcinc.com
Stanly County Senior Services www.co.stanly.nc.us/Departments/SeniorServices	60+	Stanly County resident	None, but voluntary contributions are accepted	In home respite	Stanly		704-986-3769 283 North Third St. Albemarle NC 28001 Mary Troutman 704-986-3772 mtroutman@stanlycountync.gov
Life Center of Davidson County www.lifecenterdavidson.com	18+ and/or impaired		\$40/45/55 per day depending on level of care needed Scholarships available	Adult day care	Davidson, Davie, Forsyth, Randolph, Rowan		336-249-2155 601 W. Center St. Lexington NC27292 lifecenter@lexcominc.net
Lisa's Home Counseling and Care	Any age Reasonably safe situation	Weigh 150 lbs or less Self pay	\$10/hour or negotiable by day	Individual personal care Level 3 and under No CNA Up to 7 days or	Cleveland	Accept check prepayment or cash Apply with telephone interview	828-335-8740 Lisa Ann Toney Lisa68m@email.com

				minimum 3 hours			
Lutheran Services for the Aging, Inc. www.lsancc.net	Seniors			Adult respite	Rowan		704-637-2870 1416 S. Martin Luther King Jr. Ave. Salisbury NC 28144 P.O. Box 947 Salisbury NC 28145 contactus@lsancc.net
Visiting Angels of Charlotte www.visitingangels.calls.net	Adults	Ability to pay or approved authorization through VA	\$18.50/hour for personal care \$18.00/hour for companion care Accept private pay, LTC insurance No CAP	Non-medical assistance with activities of daily living	Mecklenburg and Cabarrus	3-hour minimum Agency RN prepares plan of care Non-medical care; medicine reminders Call to set up service	704-549-4010 125 Floyd Smith Office Park Dr., Suite 180 Charlotte NC 28262 Jill.stewart@visitingangels.com
Better Days Ahead	Elderly 18+ with mental or physical challenge		\$41.51/day	Adult day	Edgecombe, Nash		252-972-4080 252-972-3389 1107 N. Fairview Rd Rocky Mount NC27801
Quality Home Staffing www.qualityhomestaffing.com	Adults needing some assistance CAP-MR/DD	Contact for information	Contact for information	In-home In-facility Some overnight Some personal care	Pitt	Care can be customized to fit needs	info@qualityhomestaffing.com 300 D West Arlington Blvd. Windsor NC 27983
Rockingham County Council on Aging	60+	Non-Medicaid		Adult respite	Rockingham		336-342-6714 105 Lawsonville Ave. P.O. Box 1915 Reidsville NC 27323
University Adult Day Care, Inc.	18+		Call for information	Adult day care	Cabarrus, Mecklenburg, Union		704-510-0030 1324 John Kirk Dr. Charlotte NC 28262
CNC/Access Periodic Support Services	Adults with disabilities	Private Pay OR meet Medicaid definition of ICMFR	Call	In-home or day care	Wake	Referral through Wake County Human Services Single Portal; some private contracts	919-836-1978 211 E. Six Forks Rd, Ste 105 Raleigh NC 27609
LIFESPAN SERVICES LIFESPAN CAP Program www.lifespanservices.org	I/DD children and adults	Medicaid CAP funding required (referrals to come from Mecklenburg Mental Health)	None	Respite Currently not offering crisis, institutional, or nursing respite	Mecklenburg	LIFESPAN does accept private pay for services	704-393-5916 3127 Kalyne St. Charlotte NC 28208
Mecklenburg County Department of Social Services	Caregivers of adult	Care recipient must	None,	Short-term,	Mecklenburg	Inquiries come	704-432-1111

<p>Family Caregiver Support Program Project CARE (Caregivers Alternative to Running on Empty) www.mecklenburgcountync.gov</p>	<p>60+ with dementia and/or is unable to perform at least 2 ADLs; caregivers of adults with Alzheimer's or dementia; relative caregivers 55+ caring for minor child/children</p>	<p>live in Mecklenburg County Care recipient must not receive CAP</p>	<p>although caregivers are encouraged to contribute to cost of service, unless they are below poverty level</p>	<p>temporary respite in the form of adult day care, in-home respite, and institutional respite; support groups</p>		<p>from Just1Call intake, other agencies, individuals, and caregivers. A social worker contacts the family and completes an assessment</p>	<p>301 Billingsley Road Charlotte NC 28211</p>
--	--	--	---	--	--	--	---