

THREE-DAY WORKSHOP

The three-day workshop will cover all five tiers and 52 applications recommended by Project FOCUS as the scope for family medicine. We have also included select bonus topics that integrate seamlessly with the curriculum and closely approached consensus in the research. The cost of this workshop is \$1800.

Applications covered during the workshop include:

Soft Tissue and Ocular	MSK	OB/GYN	Abdominal	Pulmonary	Vascular	Cardiac
<ul style="list-style-type: none"> • Abscess • Abscess Drainage • Cellulitis • Edema • Foreign Body • Foreign Body Removal • Cyst (Epidermal Inclusion Cyst) • Lipoma • Soft Tissue Mass Removal • Hematoma • Retinal Detachment 	<ul style="list-style-type: none"> • Knee Effusion • Knee Joint Injection and aspiration • Ganglion Cyst • Carpal Tunnel Syndrome • Achilles Tear • Fracture • Shoulder Effusion 	<ul style="list-style-type: none"> • Fetal Presentation • Intrauterine Pregnancy Identification • Fetal Heart Rate • Intrauterine Device (IUD) Identification • Pregnancy Dating by Crown Rump Length • Uterine Position (i.e., anteverted, retroverted), • Placental Location • Intrauterine Device Placement • Multiple Gestation • Amniotic Fluid Measurement 	<ul style="list-style-type: none"> • Free Fluid in Abdomen • Cholelithiasis • Cholecystitis • Gallbladder Sludge • Paracentesis • Bladder Volume • Hydronephrosis • Foreign Body in Bladder (Foley Catheter) • Simple Renal Cyst • Nephrolithiasis 	<ul style="list-style-type: none"> • Pulmonary Edema • Pleural Effusion • Pneumonia • Pneumothorax 	<ul style="list-style-type: none"> • Inferior Vena Cava • Abdominal Aortic Aneurysm • Lower Extremity DVT 	<ul style="list-style-type: none"> • Pericardial Effusion • Heart Failure with Reduced Ejection Fraction • Right Ventricular Strain • Left Ventricular Hypertrophy • Dilated Cardiomyopathy • Cardiac Tamponade

*Bold indicates topics new to the three-day workshop

Three-Day Workshop Schedule

Friday May 29	Group Blue	Group Green
8:30 – 9:00	Breakfast and check in	
9:00 – 9:30	Welcome & Introduction to Faculty: Lecture Room	
9:30 – 9:45	Renal/Bladder How to Perform the Scan Lecture: Lecture Room	
9:45 – 10:15	Renal/Bladder Hands-on Scanning: Scanning Room	Renal/Bladder Pathology Lecture: Lecture Room
10:20 – 10:50	Renal/Bladder Pathology Lecture: Lecture Room	Renal/Bladder Hands-on Scanning: Scanning Room
10:50-11:00	Refreshment Break	
11:00 – 11:15	AAA/IVC How to Perform the Exam: Lecture Room	
11:15 – 11:40	AAA/IVC Pathology Lecture: Lecture Room	AAA/IVC Hands-on Scanning: Scanning Room
11:45 – 12:10	AAA/IVC Hands-on Scanning: Scanning Room	AAA/IVC Pathology Lecture: Lecture Room
12:10 – 1:00	Lunch and Learn (General Competencies, Credentialing, Billing): Lecture Room	
1:00 – 1:25	Pulmonary How to Perform the Scan Lecture: Lecture Room	
1:25 – 2:00	Pulmonary Hands-on Scanning: Scanning Room	Pulmonary Pathology Lecture: Lecture Room
2:05 – 2:40	Pulmonary Pathology Lecture: Lecture Room	Pulmonary Hands-on Scanning: Scanning Room
2:40 – 2:50	Refreshment Break	
2:50 – 3:30	Soft Tissue Scanning and Pathology Lecture: Lecture Room	
3:30 – 4:15	Pass the Pointer: Renal/Bladder, AAA/IVC, Soft Tissue, Pulmonary: Lecture Room	Soft Tissue Mass, AAA Screening, Flank Pain and Cough Cases: Scanning Room
4:15 – 5:00	Soft Tissue Mass, AAA Screening, Flank Pain and Cough Cases: Scanning Room	Pass the Pointer: Renal/Bladder, AAA/IVC, Soft Tissue, Pulmonary: Lecture Room
5:00	Adjourn	

Three-Day Workshop Schedule (continued)

Sat May 30	Group Blue	Group Green
7:40 – 8:00	Breakfast and check in	
8:00 – 8:15	DVT How to Perform the Scan Lecture: Lecture Room	
8:15 – 8:40	DVT Pathology Lecture: Lecture Room	DVT Hands-on Scanning: Scanning Room
8:45 – 9:10	DVT Hands-on Scanning: Scanning Room	DVT Pathology Lecture: Lecture Room
9:10 – 9:25	Biliary How to Perform the Scan Lecture: Lecture Room	
9:25 – 9:55	Biliary Pathology Lecture: Lecture Room	Biliary Hands-on Scanning: Scanning Room
10:00 – 10:30	Biliary Hands-on Scanning: Scanning Room	Biliary Pathology Lecture: Lecture Room
10:30 – 10:40	Refreshment Break	
10:40 – 11:00	Cardiac How to perform the scan Lecture: PSAX and PLAX: Lecture Room	
11:00 – 11:30	Cardiac Pathology: Lecture Room	Cardiac Scanning PSAX/PLAX: Scanning Room
11:35 – 12:05	Cardiac Scanning PSAX/PLAX: Scanning Room	Cardiac Pathology: Lecture Room
12:05 – 1:00	Lunch and Learn (General Competencies, Credentialing, Billing): Lecture Room	
1:00 – 1:20	Cardiac How to perform the scan Lecture: AP4 and SubX- Lecture Room	
1:20 – 2:05	Cardiac Pathology: Lecture Room	Cardiac Hands-on Scanning AP4 and SubX: Scanning Room
2:10 – 2:55	Cardiac Hands-on Scanning AP4 and SubX: Scanning Room	Cardiac Pathology: Lecture Room
2:55 – 3:05	Refreshment Break	
3:05 – 3:20	How to do needle guidance and how to perform Ophtho scan Lecture: Lecture Room	
3:20 – 3:50	Chest Pain, RUQ Pain, and Swollen Leg Cases: Scanning Room	Needle Guidance and Ophtho: Lecture Room
3:55 – 4:25	Needle Guidance and Ophtho: Lecture Room	Chest Pain, RUQ Pain, and Swollen Leg Cases: Scanning Room
4:25 – 4:45	Pass the Pointer: Biliary, Ophtho, Cardiac: Lecture Room	Dyspnea Case: Scanning Room
4:45 – 5:05	Dyspnea Case: Scanning Room	Pass the Pointer: Biliary, Ophtho, Cardiac: Lecture Room
5:05	Adjourn	
Sunday May 31	Group Blue	Group Green
7:40 - 8:00	Sign-in and breakfast with refreshments: Lecture Room	
8:00 – 8:30	OBGYN How to Perform the scan Lecture: Lecture Room	
8:45 – 9:15	OBGYN Pathology Lecture: Lecture Room	OBGYN Hands-on Scanning: Scanning Room
9:20 – 9:50	OBGYN Hands-on Scanning: Scanning Room	OBGYN Pathology Lecture: Lecture Room
9:50-10:00	Refreshment Break	
10:00 – 10:30	High Yield MSK How to perform the scan Lecture: Lecture Room	
10:30 – 11:15	High Yield MSK Hands-on Scanning: Scanning Room	MSK Pathology Lecture: Lecture Room
11:20 – 12:05	MSK Pathology Lecture: Lecture Room	High Yield MSK Hands-on Scanning: Scanning Room
12:05 – 1:00	Lunch and Learn (General Competencies, Credentialing, Billing): Lecture Room	
1:00 – 1:30	Knee Pain, IUD and 1st Trimester OB Cases: Scanning Room	Pass the Pointer: Lecture Room
1:30 – 2:00	Pass the Pointer: Lecture Room	Knee Pain, IUD and 1st Trimester OB Cases: Scanning Room
2:00 – 2:45	POCUS Megacodes (Dyspnea and Acute Kidney Injury)	
2:45 – 3:00	Adjourn	
3:00 – 4:00	Faculty Q&A – Lecture Room (Optional)	Free Scan/Simulator Practice – Scanning Room (Optional)

UPCOMING THREE-DAY WORKSHOPS
 Registration Link: <https://go.unc.edu/3dayCH>
 Up to 24 hours of CME through AAFP.