



# UNC Family Medicine Patient Newsletter

*Special Edition: COVID Vaccine FAQ's*

## The Family Medicine Center is now offering the COVID-19 vaccine!

If you are an established patient with UNC Family Practice and age 12 and up, you can get a **free COVID-19 vaccine** here Monday through Friday 8:30am to 3:30pm. **Make an appointment in [MyChart](#)** or call 984-974-0210 to schedule an appointment.

Getting vaccinated is safe, easy, and is important to protect yourself and those around you. North Carolina is currently behind the nation in percent of people vaccinated against COVID, which means we have too many who are unprotected against a highly contagious, dangerous virus. We want you all to be protected and healthy, for children to safely attend summer camps, and when fully vaccinated to not have to wear a mask in accordance with North Carolina guidelines, so please schedule an appointment as soon as possible!

## Frequently Asked Questions

### How can I get scheduled for a COVID vaccine?

Patients have 2 options for getting the COVID vaccine. You can use [MyChart](#) or call the clinic at 984-974-0210 to schedule a nurse-only visit, or you can talk to your provider about getting the vaccine on the same day as your next office visit.

### Which vaccines are available?

Starting June 21st, the FMC will offer Moderna for adults 18 years and older. On June 28th, Pfizer will become available for minors 12-17 years old. Due to temperature and storage requirements, Pfizer will only be offered in the morning and minors will be prioritized.

### Which vaccine is available for minors under 18 years old?

Pfizer is currently approved by the FDA to administer to 12-17 year olds.

### Does a parent or guardian need to accompany a 12-17 year old to their COVID vaccine appointment?

It is recommended that a parent or legal guardian accompany a minor to their vaccine appointment. However, if you are unable to attend with the minor, you can provide a signed General Consent to Treat (GCT).

### Are you taking walk-ins?

At this time walk-ins are not accepted. Scheduling ahead is the best way to ensure a vaccine is reserved for you.

### What if I test positive before my second dose of the vaccine? Do I need to reschedule my second dose?

If you test positive for COVID you should follow the CDC guidelines for isolation. This includes not being around others for 10 days, and also be without a fever for at least 24 hours with no medicine and with resolved or improving symptoms. If you complete your isolation before your scheduled second dose of the vaccine, there is no need to reschedule. However, if you will still be in isolation, you should reschedule.

## What do I do if I have a poor reaction to the vaccine at home?

If you have a fever or soreness at home after your vaccination, you can take Tylenol or ibuprofen (Advil, Motrin) to feel better. If your reaction is more severe you should contact your provider. You will be monitored at the Family Medicine Center before you go home to make sure you do not have an allergic reaction.

## What if I've had COVID-19 before? Can I still get the vaccine?

Even if you have had COVID-19 you should get vaccinated because we believe that the immunity will last longer from the vaccine. This means we think you will have better protection in the future from getting COVID-19 again.

## Can I get the vaccine if I'm pregnant or breastfeeding?

Yes, getting the vaccine while pregnant or breastfeeding will pass antibodies to your baby helping to protect him or her since infants cannot currently get vaccinated.

## Are there exclusions that will prevent me from scheduling the vaccine today?

Yes. If you have received an IV antibody infusion treatment for COVID-19 within the past 90 days.

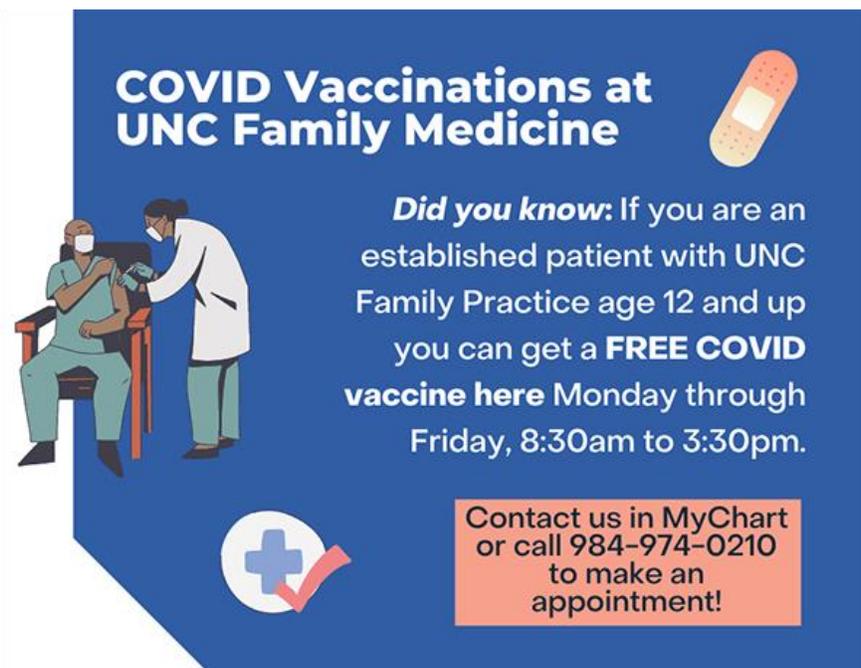
## What if I'm allergic to PEG polyethylene glycol (Miralax)?

Johnson & Johnson is the better choice for anyone with Miralax or polyethylene glycol allergy. This vaccine is currently not available at the Family Medicine Center.

## I've heard about the Delta and other strains/variants of COVID – does the vaccine protect against those as well?

Both the Moderna and Pfizer vaccines have proven effective in protecting against current strains/variants, and it's important to get a vaccine in order to prevent more strains/variants from spreading!

Still have questions? Ask us in [MyChart](#) or call us at 984-974-0210



**COVID Vaccinations at UNC Family Medicine**



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Contact us in MyChart or call 984-974-0210 to make an appointment!

UNC Family Medicine

[uncfamilymedicine.org](http://uncfamilymedicine.org)

(984) 974-0210

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