

# *FAMILY MEDICINE CAREER ADVISING CLASS OF 2025*

**Kelly Bossenbroek-Fedoriw, MD**  
Director of Medical Student Programs  
[kelly\\_fedoriw@med.unc.edu](mailto:kelly_fedoriw@med.unc.edu)

**Victoria Boggiano, MD**  
FMIG Director  
[Victoria\\_boggiano@med.unc.edu](mailto:Victoria_boggiano@med.unc.edu)

**Kayla Bonnell, M.A.Ed.**  
Medical Student Education  
Coordinator  
[kayla\\_bonnell@med.unc.edu](mailto:kayla_bonnell@med.unc.edu)

**Nailah Adams, M.D.**  
Lead Career Goal Advisor  
[Nailah\\_adams@med.unc.edu](mailto:Nailah_adams@med.unc.edu)



## **Student Resources:**

**Why Family Medicine?** [CLICK HERE](#)

**AAFP Directory of Family Practice Residency Programs** [CLICK HERE](#)

**Electronic Residency Application Service (ERAS)** [CLICK HERE](#)

**National Resident Matching Program (NRMP)** [CLICK HERE](#)



SCHOOL OF MEDICINE  
Family Medicine

# TABLE OF CONTENTS

- I. **Timeline for Residency Selection Activities**
- II. **Career Advisors for the Class of 2025**
- III. **Advisor Profiles**
- IV. **Guidelines for Ranking Residency Programs**
- V. **Guidelines for Fourth-Year Electives**



# I. Timeline for Residency Selection Activities

## Spring 2024

- Attend any [FMIG Events](#) featuring Class of 2025.
- *Attend Class meeting*
- Seriously considering family medicine? **Schedule an initial meeting with Kayla Bonnell by emailing her and Dr. Nailah Adams ([kayla\\_bonnell@med.unc.edu](mailto:kayla_bonnell@med.unc.edu) and [Nailah\\_adams@med.unc.edu](mailto:Nailah_adams@med.unc.edu))** . She will review the residency application and interview process and assign you an MD career goal advisor based on your needs and interests.
- Attend **NCAFP Family Medicine Day (February 22, 2025)**!! This workshop is always in late February or early March and includes speakers, skills workshops with current residents, AND a Residency Recruitment Fair!
- *Make appointments for your **Medical Student Performance Evaluation** with Maureen Rosen, Staff Writer in Student Affairs.* [maureen\\_rosen@med.unc.edu](mailto:maureen_rosen@med.unc.edu) Turn in your CV to Maureen if you haven't already done so and schedule a meeting with her to review a draft of your **Medical Student Performance Evaluation**.  
Maureen Dolan Rosen, MGA  
Staff Writer, Office of Student Affairs  
1060 Bondurant Hall, Campus Box, 9535  
Phone:(919) 962-6099
- *Meet with your assigned MD career goal advisor (likely virtual) to:*
  - Consider whether an "audition" elective in a certain geographic area is needed/desired.
  - Decide your interview months (students usually interview between November and January).
  - Discuss the type of residency program you are considering
- Review web resources on cover page of this handout
- Begin working on your Personal Statement
- **Begin updating your CV (this is the basis of your ERAS application)**

## Summer 2024

- **ERAS Opens early June:** Visit the [AAMC Webpage](#) for details and specific dates/updates. [Register with NRMP](#) and begin filling out this application. Use your CV to copy/paste into application for efficiency.
- **Kansas City Meeting:** The AAFP National Conference of Family Medicine Residents and Medical Students will be **In-Person** and held **August 1<sup>st</sup>-3<sup>rd</sup>** . Please contact Kayla Bonnell at [kayla\\_bonnell@med.unc.edu](mailto:kayla_bonnell@med.unc.edu) if you would like to attend. AAFP offers scholarships to attend, and the Department of Family Medicine does, too!
- *Meet with your advisor, as needed, to review your Personal Statement.* Dawn Morriston is also available for personal statement review and editing. [Dawn\\_morriston@med.unc.edu](mailto:Dawn_morriston@med.unc.edu)
- Get your application and letters of recommendation into these programs **AS SOON AS YOU CAN** to ensure that you will be interviewed.  
**Tip: send your personal statement to faculty you ask for letters!**
- **Attend the Residency Trail Info Session hosted by UNC Residency Program.** Check [FMIG Webpage](#) for details

## Fall 2024

- **September: Begin applying to residencies.**
- Consider doing a practice interview before hitting the interview trail. Ask your adviser or ask Kayla Bonnell to connect you with a Chief Resident who will conduct practice interviews!
- Consider doing an early interview with the UNC Family Medicine Program, which has agreed to offer an interview to any UNC student interested in Family Medicine.
- Schedule interviews. Do not schedule your most desired program first. Rather, schedule one or two interviews to become familiar with the process.



- Letters of Recommendation: following up with those who have not sent them in! Make sure that programs have received the letters, too.
- Meet with advisor to review your list of programs.

#### **September TBD, 2024**

- ***This is when residencies can start looking at your application! You can continue to upload/update your information after this date (i.e. late rotations and grades) but have your application as complete as possible by this date so you will immediately start getting interviews scheduled!***
- Dean's Letters mailed/Uploaded to ERAS

#### **November 2024 - January, 2025**

- Interview with programs.
- Keep a running rank list and update it after each interview.

#### **January 2025**

- Contact advisor to discuss your Rank Order List (ROL)

#### **February 2025**

- Turn in Rank List to Dean's Office

#### **March 13, 2025**

- *If you have not matched, you will be notified by e-mail on Monday of Match Week. They will also contact the Dean's Office. You can participate in the SOAP (Supplemental Offer Application Process) to apply to up to 45 unfilled programs across the country. If you think you are at risk of not matching, there are things you can do to prepare. Think about another specialty to apply to and ask for a letter of recommendation for that specialty to have just in case. Write another personal statement that highlights your desire for that specialty. You will only have ONE DAY to edit and re-submit your application to programs, so these back up documents needs to be ready.*

#### **March 17, 2025**

- Match Day

## II. Career Advisors for the Class of 2025

You should plan on at least **THREE** meetings with your career advisor: 1) in July/August to discuss residency programs, personal statements, and letters of recommendation; (2) in September to finalize residency program selection; (3) in December/January to review ranking of programs for your Match list.

The following Family Medicine faculty members will serve as career advisors for your class.

Dr. Kathy Barnhouse: [kathleen\\_barnhouse@med.unc.edu](mailto:kathleen_barnhouse@med.unc.edu) or contact Amanda Harvey [adharvey@email.unc.edu](mailto:adharvey@email.unc.edu)

Dr. Amir Barzin: [amir\\_barzin@med.unc.edu](mailto:amir_barzin@med.unc.edu)

Dr. Kelly Bossenbroek: [Kelly\\_Bossenbroek@med.unc.edu](mailto:Kelly_Bossenbroek@med.unc.edu)

Dr. Erik Butler: [erik\\_butler@med.unc.edu](mailto:erik_butler@med.unc.edu)

Dr. Catherine Coe: [catherine\\_coe@med.unc.edu](mailto:catherine_coe@med.unc.edu)

Dr. Kelly Lacy Smith: [kelly\\_smith@med.unc.edu](mailto:kelly_smith@med.unc.edu)

Dr. Narges Farahi: [Narges\\_Farahi@med.unc.edu](mailto:Narges_Farahi@med.unc.edu)

Dr. Tommy Koonce: [Thomas\\_Koonce@med.unc.edu](mailto:Thomas_Koonce@med.unc.edu) or [adharvey@email.unc.edu](mailto:adharvey@email.unc.edu))

Dr. Yee Lam: [yee\\_lam@med.unc.edu](mailto:yee_lam@med.unc.edu)

Dr. Morgan McEachern: [morgan\\_mceachern@med.unc.edu](mailto:morgan_mceachern@med.unc.edu)

Dr. Anne Mounsey: [Anne\\_Mounsey@med.unc.edu](mailto:Anne_Mounsey@med.unc.edu)



### III. Advisor Profiles

#### Kathy Barnhouse, MD



I received my MD from Wayne State University SOM in Detroit, MI and then found my way south to Charlotte where I completed my Family Medicine Residency. There I learned that I enjoy taking care of diverse patient populations both in the outpatient and inpatient settings and wanted to teach. I met my husband at a Halloween party in Charlotte during my second year of residency - we were married after I finished residency and moved to Durham so I could complete a teaching fellowship at DUMC. I was then fortunate to find a job at UNC in 2004 and have been here ever since. I wear many hats but am a clinician educator at heart. I continue to love taking care of patients and enjoy sharing that passion with learners. Just like other faculty members, I have many other jobs including mom, wife, glorified Uber driver, cook, maid, and grocery shopper. I love my job and look forward to coming to work every day but also recognize the importance of life balance. Working together and helping and learning

from peers and learners who face the same challenges is key to our success. I congratulate all of you on choosing an amazing career and look forward to getting to know you.

#### Amir Barzin, DO



Hi! I am excited to be on this journey with you. A little about myself: I was born in Iran and came to the US when I was 4. I grew up in Texas, but came to UNC for undergrad. I then went to the Texas College of Osteopathic Medicine to complete graduate and medical school and was lucky enough to do my residency here at UNC. After residency, I completed a chief year in which I focused on working in a variety of settings. I really enjoy my time in both the hospital and the clinic and have served in a variety of leadership roles in both settings. Currently, I am the Medical Director of the Family Medicine Center (FMC) and the Urgent Care within the FMC. I also really enjoy the practice management aspects of being a physician. While I love my job and the wonderful people I work with, I especially love the time I spend with my photographer

wife (Anna), my baby girl who was born in 2019 (Ruth), and our dog (June). We like to travel as a family, spend time wandering the triangle, and love eating our way through the world. Looking forward to getting to know you!

#### Kelly Bossenbroek Fedoriw, MD



Dr. Bossenbroek Fedoriw attended the Medical College of Ohio and received her MD in 2003. She completed her Family Medicine Residency at Brown Family Medicine Residency program in Providence, RI and graduated in 2006. She is board-certified in Family Medicine. Prior to coming to UNC she worked in a Community Health Center and speaks Spanish fluently.

Dr. Bossenbroek Fedoriw is most knowledgeable about residency programs in the Midwest and Northeast areas.

Her areas of interest include: women's health and procedures, lactation, child development, addiction, and chronic pain.



## Erik Butler, DO



When I was 14 years old, I was in a serious accident. A great doctor saved my life. The experience of being a patient inspired me to help others and become a physician. I graduated in 2004 from Chicago College of Osteopathic Medicine and completed my Family Medicine residency at Duke in 2007. After that I practiced in Pittsboro, North Carolina for 10 years before joining the faculty at UNC. As a Family Medicine physician, it is a privilege to care for patients and their families through all stages of life. The amazing students and residents who I teach and mentor are a continued source of energy and inspiration. I also love spending time laughing, listening to music, dancing, and surfing with my wife, Paula, and four children.

I look forward to guiding you as you embark on a wonderful career as a Family Medicine physician.

## Catherine Coe, MD



Dr. Coe is originally from Seattle, Washington and completed her undergraduate and medical school degrees at the University of Washington. She completed family medicine residency and a chief year at the University of North Carolina. She currently serves as the director of the FIRST program and is passionate about the pipeline to family medicine and medical education.

Dr. Coe was inspired to pursue family medicine after shadowing a family physician before entering medical school. She was in awe of the breadth of knowledge the provider had and the ability to change directions from caring for a newborn to an older patient. During medical school and residency, Dr. Coe was very involved in the AAFP, local academies of family physicians, as well as the FMIG.

Dr. Coe is knowledgeable about residency programs along the east and west coasts. Her personal clinical interests include caring for Spanish speaking populations, inpatient and outpatient practice, point-of-care ultrasound, and academic medicine.

## Kelly Lacy Smith, MD



I grew up in the small town of Rustburg, Virginia outside of Lynchburg. I was the first person in my family to go to college, attending the University of Virginia and graduated with a degree in Spanish. I took time off and worked as a scribe in the UVA Emergency Department before attending the Medical College of Virginia (Virginia Commonwealth University) in Richmond for medical school. I loved all my third-year rotations and quickly realized that Family Medicine would offer me long-term relationships with my patients, and I would be able to practice a variety of medicine. I completed Family Medicine residency at the University of North Carolina then stayed on for fourth-year Chief Residency Fellowship. Currently, I work within the Department of Family Medicine. I continue to practice inpatient medicine by working on the Family Medicine Inpatient Service and in the Observation unit. In addition, I see patients in Family Medicine Center. I am interested in teaching both medical students and residents; now I am part of the Patient-Centered Care (PCC) course for first- and second-year medical students. In addition, I work as one of two Clinical Academic Resource Director (CARD) for third- and fourth-year medical students.



## Narges Farahi, MD



Dr. Farahi attended the University of Pittsburgh, School of Medicine and received her MD in 2007. She completed a Family and Community Medicine Residency at the University of California, San Francisco at San Francisco General Hospital in 2010 and is board certified in Family Medicine.

Dr. Farahi is most knowledgeable about residency programs on the West Coast and particularly Northern California.

Dr. Farahi's areas of interest include: maternal and child health, reproductive health, care of the underserved, full-scope family medicine, and team-based care.

## Tommy Koonce, MD, MPH



Dr. Koonce attended the UNC School of Medicine and received his MD in 1999. He completed his Family Medicine Residency at East Carolina University in Greenville, NC in 2002. He then completed a fellowship in academic medicine at UNC and earned his MPH. He is board certified in Family Medicine.

Dr. Koonce is most knowledgeable about residency programs in North Carolina and the Southeast.

Dr. Koonce's areas of interest include: inpatient medicine, quality improvement, and medical student teaching.

## Yee Lam, MD, PhD



I'm excited to hear that you're interested in a career in family medicine. I came to family medicine through a love of women's health that grew into care for the whole family from birth to passing. I have a background in engineering that helps me approach patient care from a unique perspective. I take care of patients in clinic and in the hospital, and work with medical students and residents at many points during training. In my time outside of medicine, my husband, our 2 children and I enjoy traveling, hiking and camping. We also enjoy cooking together and tasting the abundant supply of local fresh produce.

*Interests: women's health, preventive medicine, care for the underserved, health equity and healthcare reform, medical student education, academic medicine*

## Morgan McEachern, MD





I'm originally from Phoenix, Arizona but moved to North Carolina as a teenager and over the years it has really grown to become my home. I completed both my undergraduate and medical school degrees from Wake Forest University but took a brief hiatus between degrees to join AmeriCorps. There I worked to establish HIV/AIDS prevention education programs with inner city youth, offered free HIV and STD screenings to a variety of high-risk populations, and provided medical and support services to patients living with HIV. This experience was incredibly formative and set me on a path of wanting to care for vulnerable populations and underserved communities. In medical school, I was quickly drawn to family medicine and the breadth and depth of care provided to entire families through the specialty. I became particularly interested in caring for women and children as a way of improving the overall health of communities. I completed my residency training and career development fellowship in Maternal Child Health here at UNC and during that time developed a passion for teaching. My clinical interests within Family Medicine include maternal and child health, women's health and reproductive access, vulnerable populations, and social determinants of health. I continue to practice full scope family medicine including outpatient, inpatient, and maternity care for entire families. Outside of medicine, I enjoy spending time with my partner, daughter, and dog. I also enjoy traveling, hiking, practicing yoga, and trying new restaurants.

### **Anne Mounsey, MD**



Dr. Mounsey attended the University of London for her undergraduate education and St. Thomas' Hospital Medical School, receiving her MD in 1982. She did her internship year at St. Thomas' Hospital in London and completed her Family Medicine Residency at Barnet Hospital in London in 1987. She served as a Fourth Year Family Medicine Resident at John Radcliffe Hospital in Oxford, UK in 1987-88. After completing her medical training, Dr. Mounsey worked in medical centers in Oxford, Ashington, and Birmingham, UK from 1989-1996. During that time, she spent the year of 1993-94 working at the Thomas Jefferson Institute in Charlottesville, VA and later moved to the Charlottesville area and worked at UVA Dept. of Family Medicine from 1997-2007. In August of 2007, Dr. Mounsey moved to Chapel Hill to begin work in the Dept. of Family Medicine.

Dr. Mounsey is most knowledgeable about the Virginia area residency programs, and her research interests include: evidence-based teaching, and, medical student teaching and management of chronic problems, such as headache, asthma, low back pain.

### **Evan Ashkin, MD**

Dr. Evan Ashkin is a professor of Family Medicine at the University of North Carolina at Chapel Hill. His work has focused on addressing health disparities and gaps in care for marginalized populations. Dr. Ashkin



SCHOOL OF MEDICINE  
**Family Medicine**



founded the Underserved Track in the Family Medicine Residency Program at UNC and sees patients at the Prospect Hill and Chapel Hill Community Health Centers. Dr. Ashkin founded the Formerly Incarcerated Transition (FIT) Program in 2017 to help address the absence of a linkage to care for people released from incarceration with chronic disease, mental illness and/or substance use disorder. The FIT Program now works in 6 counties across North Carolina and provides technical assistance for communities working on linkages to care for people impacted by incarceration. Additionally, FIT has worked to implement prison and jail-based Medication Assisted Treatment programs for people that suffer from opioid use disorder.

**Nailah Adams  
Morancie, MD**



Dr. Adams is a Primary Care Sports Medicine Physician in the Department of Family Medicine. Dr. Adams earned her undergraduate degrees in Biology and Sports Medicine at Howard University. She went on to complete her Master of Science in Nutrition from Columbia University. Dr. Adams received her medical education from Duke University School of Medicine, then did her Family Medicine residency at the University of Miami/Jackson Memorial Hospital, including a year as Chief Resident. Dr. Adams completed her Primary Care Sports Medicine Fellowship at the University of North Carolina Chapel Hill. Thereafter, she returned to South Florida to work at a federally qualified health center, serving as their Medical Director, prior to returning to UNC-CH. Dr. Adams currently serves as the Program Director of the Primary Care Sports Medicine Fellowship here at UNC Chapel Hill. She also serves as a volunteer Sports Medicine physician with Team USA and Team TTO, and is interested in exploring health inequity in sports medicine, particularly at the collegiate level. She has a special interest in helping learners navigate their academic and professional careers in medicine.

**Michael Baca-Atlas, MD**



“I feel fortunate to have an opportunity to be a physician and chose this profession because I truly enjoy caring for others while having fun and bringing a positive attitude to the clinic room or bedside in the hospital. I focus on creating a safe space for my patients by reducing stigma and talking openly about issues that are complex and difficult to talk about. Over the last few years, I have become more interested in the interaction of physical health, mental health, and addiction. I focus on shared decision making and helping to support my patient’s healthcare goals. Outside of work, I like to spend time with my family, exercise, read and try new restaurants.”

**Shawn Kane, MD**

Born and raised in upstate New York in the Hudson Valley about 1.5 hours north of NYC. Attended Gettysburg College on an ROTC



scholarship and played Varsity football. Attend USUHS (Uniformed Services University of the Health Sciences) for medical school and completed by Family Medicine residency at Womack Army Medical Center, Ft Bragg, NC and my Primary Care Sports Medicine fellowship at USUHS. I spent 27 years in the Army and retired in 2018. I am the editor of Current Sports Medicine Reports, the clinical journal of the American College of Sports Medicine. My current career interests' focus on giving back and helping those in training achieve and exceed their goals. I didn't get to where I am without help, guidance and mentoring and want to do the same for others. Family medicine is a broad field and I want to help teach other family docs how to be comfortable doing musculoskeletal exams and treatments. I've had some unique experiences and opportunities and I think they have helped me be flexible, solve problems and be comfortable being uncomfortable.



## IV. Guidelines for Ranking Residency Programs

The NRMP matches applicants and programs in favor of the students. Students get their highest ranked programs when the programs rank them highly; residency programs do not get their highest choices when students have ranked other programs higher. Given that mechanism, it follows that:

1. Rank your first choice first, even if you feel your chances of matching are low.
2. List seven to ten programs, even if you are confident of your top three. If your academic record is uneven, you may want to list more than ten.
3. Consider having a "safety" program ranked at the bottom. Not matching is problematic, even though there are usually good programs which do not fill.
4. DO NOT rank a program that you really **do not** want to go to. You break a legal contract if you do not attend a program you matched, and it is foolish to go where you would be unhappy. You are better off **NOT** matching and going through the SOAP (Supplemental Offer and Acceptance Program) process for a spot.
5. Couples Matching can be tricky! Visit the NRMP website <http://www.nrmp.org/couples-in-the-match/> for tips; check out these [videos provided by NRMP](#) or talk to current residents who navigated it last year. Ask Kayla Bonnell for a resident reference. The best strategy for couples matching is to visit/apply to cities with large numbers of famed programs so even if you do not get matched at the same program, you have a higher chance to be in close proximity or even at the same hospital but different programs.

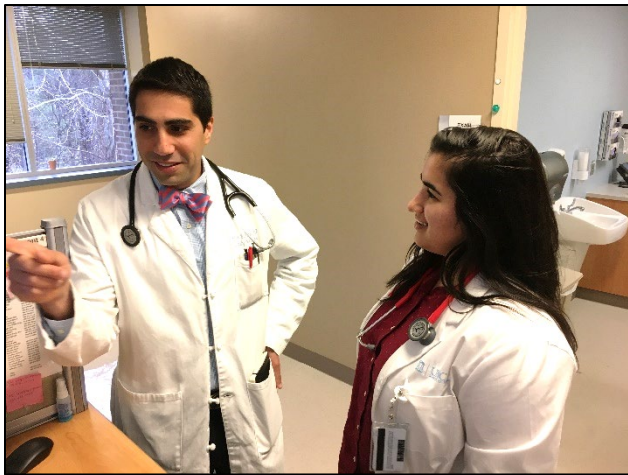
## V. Guidelines for Fourth-Year Electives for Students Considering Family Medicine Residency Programs

Use fourth year rotations to your educational advantage! The Individualization Phase gives you more **opportunities to shine while filling in gaps** in your clinical education. While it might be tempting to register for the minimum number of electives you need to graduate, remember this is your last opportunity to choose from a broad range of clinical rotations and **garner letters of recommendation**.

**If you are taking an LOA** (Leave of Absence) for an MPH or other additional degree/research, fill out your whole Individualization Phases schedule as if you are not doing an LOA (just in case anything falls through) and then drop courses when you get accepted.

Whatever you want to show up on your transcript when you apply to residencies through ERAS, do **BEFORE** your LOA, so schedule it early in blocks 1-4. Other rotations you take after your LOA can get added to ERAS later but the sooner you get those high yield rotations done, the better.





**Advanced Clinical Selectives & Critical Care:** ERMD and MEDI have some great options that will prepare you for family medicine.

**Acting Internships:**

Use this time to check out NC residency programs. The programs in Greensboro, Asheville, Charlotte, Cabarrus, and Wilmington take AI students, but slots are limited. You are not expected to do more than one AI in family medicine.

**Electives:** FMME has some great ones, and check out Global Health (GLBE), too!

## Frequently Asked Questions:

### How many programs should I apply to?

Use the [AAMC Apply Smart website](#) to see when you reach the point of diminishing returns on residency applications. Typically, for Family Medicine, it is 19 programs. Applying to more than 19 programs does not increase your chances of matching, and it costs more money.

### How many letters of recommendation do I need? From whom should I get them?

Two total letters and only one needs to be from a Family Physician. Ask for letters from attendings on your rotations with whom you have a meaningful connection and/or impactful case. There is no benefit in getting extra letters unless there is something very specific you need from each letter writer. For example, one from a Family Physician, one from a palliative care rotation (because you have a strong interest in palliative care) and one from your PhD advisor. Choose letter writers who will write the strongest letters possible. Provide letter writers with anecdotes and examples from your work with them so they can include them in the letters.

### What do I include in my Note Worthy Characteristics?

This is for anything that is NOT already included in your CV and personal statement that you would like reviewers to know.

### Should I send thank you notes?

Yes, handwritten notes are best but an email to each of the interviewers or the contact person who organized the logistics of the interview to distribute will suffice.