# **Maia Karpinsky**

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#### **EDUCATION**

2018-2022

#### Marquette University, Milwaukee, WI

- B.A. in Psychology, Minor in Biological Sciences
- Major GPA: 3.64; Junior & Senior GPA: 3.79
- Relevant Coursework: General Psychology; Psychology Measurements & Statistics; Theories of Personality; Research Methods & Design; Cognition; Psychology of Happiness; Cellular Neurobiology; Developmental Psychology, Conception Through Adolescence; Abnormal Psychology; Biopsychology; Being Human; Introductory Social Psychology; Human Sexuality; Introduction to Clinical Psychology; Psychology of Marriage and Family

### HONORS, AWARDS, AND FELLOWSHIPS

2022 Marquette Outstanding Psychology Major of the Year Nominee

2022 Society of Clinical Child and Adolescent Psychology (APA Division 53) Best Overall Undergraduate

**Student Poster Award** 

2020, 2021, 2022 Dean's List: Marquette University, Milwaukee, WI

#### RESEARCH EXPERIENCE

2022 - Present

The Harrop Lab, University of North Carolina at Chapel Hill

Full-time Research Coordinator Supervisor: Dr. Clare Harrop, PhD

Topics: Neurodevelopmental disorders, autism, sex and gender differences, camouflaging Funding Sources: National Institute for Child and Human Development (R01 HD103895), North Carolina Translation and Clinical Sciences Institute, Eagles Autism Foundation

- Lead coordination of an NICHD-funded accelerated longitudinal study examining the trajectories of congruence/incongruence between assigned sex & gender in autistic children 4-8-years-old (Sex, Gender, and Camouflage in Autism Spectrum Disorder Study); cross site study with Children's Hospital of Philadelphia (PIs: Dr. Judi Miller, PhD and Dr. Julia Parish-Morris, Ph.D)
- Recruit, screen, schedule and conduct assessments with autistic and non-autistic youth ages 4-8 years and their families.
- Administer clinical and developmental assessments (CELF-P, CELF-5, DAS-EY, DAS-SA, Stanford-Binet 5, Gender Development Scale)
- Conduct eye tracking assessments (Tobii Pro Lab)
- Interview, train, manage and supervise a team of five undergraduate and two master's research
- Manage data entry and integrity (REDCap, National Databse for Autism Research)
- Assist with IRB amendments, annual reports
- Engage in and facilitate general lab coordination: budget and finance tracking, participant reimbursement, website updates, meeting coordination, lab member schedule management,

coordinating undergraduate research assistants, management of lab space and data storage, participant payment, pre- and post-assessment task management

#### 2023 - Present

### Connections and Connections+ Study, University of North Carolina at Chapel Hill

Research Assistant

Supervisors: Dr. Brenna Maddox, PhD; Dr. Dara Chan, ScD; Dr. Clare Harrop, PhD Topics: Social connections, suicidality, adults, autism, community involvement

Funding Sources: Organization for Autism Research; National Institute of Mental Health (R21MH133861)

- Conduct interviews with autistic adult participants focused on social connections, community involvement, and suicidal thoughts and behaviors
- Coordinate large-scale GPS tracking of community participation
- Initiate risk management protocols for at-risk participants
- Train and supervise undergraduate research assistance in transcript cleaning and creation of personal mapping profiles
- Lead data analysis and manuscript/abstract preparation for a poster presentation at the Suicide Research Symposium, 2024 (topic: examining the relationship between autistic adult's social connections (in person and online), internalizing symptoms, and suicidality)
- Observed administration of the Columbia-Suicide Severity Rating Scale (C-SSRS)
- REDCap data entry and tracking experience

#### 2023 - Present

### Female Autistic Adolescents' Markers of Suicide, University of North Carolina at Chapel Hill Research Assistant

Supervisor: Dr. Brenna Maddox, PhD. Dr. Clare Harrop, PhD

Topics: Biobehavioral markers of suicide risk, suicidality, adolescence, females, autism Funding Source: Foundation of Hope

- Input assessment measures into REDCap and assist with REDCap arm creation
- Administer and train other research assistants in respiratory sinus arrythmia (RSA) and salivary cortisol (CORT) data collection
- Trained to reliability to administer the Stanford-Binet Intelligence Scale (SB-5)

#### 2022 Developmental Social Cognitive Neuroscience Lab, University of Minnesota

Research Assistant

Supervisor: Dr. Stephanie Carlson, PhD

Topics: Developmental of executive functioning skills from infancy to adolescence such as attention, working memory, inhibition control, cognitive flexibility and reflection

- Coordinated double-blind trails with 4- to 5-year-old children
- Engaged in video data coding and data cleaning
- Assisted with clerical duties to move study data to online format

#### 2022

#### Mendota Police Force, University of Minnesota

Research Assistant

Supervisor: Dr. Kathleen Vohs, PhD. Dr. Avni Shah, PhD

Topics: Speeding behaviors, effects of speeding interventions, crime concentration, police patrol patterns, socioeconomic status' effects on crime

- Collaborated with research faculty and Mendota Heights police officers
- Designed post-cards with various appeals with used for the speed reduction study
- Coordinated and ran weekly meetings and supervise a team of two undergraduate research assistants
- Constructed a lab standard operating procedure and training videos for future use and team training

#### 2022 GenderFlex Lab, University of Minnesota, Institute for Sexual and Gender Health

Research Assistant

Supervisor: Dr. Dianne Berg, PhD

Topics: Executive functioning, gender diversity, childhood

- Conducted study trails with 5- to 8-year-old children virtually and in-person
- Assisted with recruitment of participants
- Coded video recordings of trials for data analysis

#### 2021 - 2022 Improving Child and Family Interventions Lab, Marquette University

Undergraduate Research Assistant

Supervisor: Dr. Lindsay Holly, PhD

Topics: Child and family interventions, perceived barriers to treatment, evidence-based treatment for youth, parental perceptions of evidence-based mental health treatment

- Exported and analyzed collected data in SPSS
- Lead data analysis and manuscript/abstract creation for poster presentations at APA2023, Big East Undergraduate Research Symposium and Marquette Undergraduate Research Symposiums (topics: effects of parents expected barriers to treatment, effects of parental stress and socioeconomic status, parent perspectives on child mental health treatment utilization)
- Produced question blocks for self-report surveys on Qualtrics
- Attended weekly lab meetings of monthly journal clubs
- Assisted with data cleaning and analysis

#### 2020-2022 Aging, Imaging and Memory Lab, Marquette University

Undergraduate Research Assistant

Supervisor: Dr. Kristy Nielson, PhD

Topics: Memory, inhibition response, alexithymia, subjective memory complaints, biomarkers of Alzheimer's,

- Conducted seeding and application of EEG cap during clinical trials
- Assisted with EEG focused literature reviews and data collection
- Input, analyzed and created summary sheets of data through SPSS
- Attended weekly lab meetings, special interest groups meetings, and participant trials
- Reviewed literature on blood-based Alzheimer's biomarkers to assist with a systematic review

#### **PUBLICATIONS**

- McFayden, T., Putnam, O., Eddy, G., Karpinsky, M., McAllister, M., Neal, A., Russell, A.S., & Harrop., C. (In preparation). Sex, gender or both. A systematic review of 10 years of child development research terminology use.
- Karpinsky, M., Neal, A., McFayden, T., & Harrop, C. (Under review). AutisTikTok: Analyzing Content, Themes, Understandability and Actionability of Top Autism Hashtags on TikTok. Submitted to New Media & Society.
- Putnam, O.C., Markfield, J.E., Wright, S.T., Feldman, J.I., Goldblum, J., Karpinsky, M., Neal, A.J., Swanson, M.R., & Harrop, C. (Under review). The Use of Language Environment Analysis (LENA) in Autism Research: A Systematic Review. Submitted to Autism.

- Karpinsky, M., Liles, K., Bittner, S., Kiernan, B., Bowers, S., Chan, D., Harrop, C., Maddox, B. (2024, April 17-19). Examining the Relationship Between Social Interaction and Recent Suicidality in Autistic Adults. [Poster presentation]. Suicide Research Symposium, Virtual.
- Chan, D., Liles, K., Karpinsky, M., Kiernan, B., Bowers, S., Harrop, C., Maddox, B. (2024, April 17-19). Examining social connections, community participation, and suicidal ideation in autistic adults. [Poster presentation]. Gatlinburg Conference, Kansas City, Missouri.
- Karpinsky, M., Liles, K., McFayden, T., Harrop, C. (2024, April 17-19). Examining Sensory Toy Use in Autistic and Non-Autistic Children: Sensory Toy Use Extends Beyond Sensory Profiles. [Poster presentation]. Gatlinburg Conference, Kansas City, Missouri.
- Russell, A., Karpinsky, M., McAllister, M., Liles, K., Lee, A., Fischbach, A.L., Schillinger, S., Covello, M., Parish-Morris, J., Strang, J.F., Harrop, C. (2024, April 17-19). Recruitment Response and Attitudes Towards Gender Diversity. [Poster presentation]. Gatlinburg Conference, Kansas City, Missouri.
- Karpinsky, M., McFayden, T., Neal, A., Harrop, C. (2024, April 3-4). AutisTikTok: Characterizing Creators and Content Under Top Five Autism Related Hashtags. [Poster presentation]. Society of Clinical Psychology Conference (APA Division 12), Atlanta, Georgia.
- Putnam, O.C., Novak, M., Leavitt, M., McFayden, T.C., Cho, S., Ip, M.H.K., Lee, A., Karpinsky, M., Strang, J.F., Parish-Morris, J., Harrop, C. (2024, March 14-16). Imitation of prosody in a sentence recall task: Evidence from autistic and non-autistic children. [Poster presentation]. Submitted to Meeting on Language in Autism, Durham, North Carolina.
- Karpinsky, M., Wood, N., Holly, L.E., Buchanan, M., & Bowling, A. (2022, August 3-6). Predicting parents' expected barriers to participation in mental health treatment for youth: The role of parent and family factors [Poster presentation]. The American Psychological Association Conference, Minneapolis, Minnesota.
- Karpinsky, M., Wood, N., Holly, L.E., Buchanan, M., & Bowling, A. (2022, March 11-12). The role of parenting stress and family income in predicting parents' expected barriers. [Poster presentation]. Big East Undergraduate Research Poster Symposium, New York City, New York.
- Karpinsky, M., Jacobson, K., Paslaski, C., Bowling, A., & Holly, L.E., (2022, May 5). Understanding Parental Perspectives on Child Mental Health Treatment: Associations Between Parents' Education Level, Treatment Attitudes, and Provider Preferences. [Poster presentation]. Annual Undergraduate Psychology Research Symposium, Marquette University, Milwaukee, WI.
- Paslaski, C., Jacobson, K., Karpinsky, M., Bowling, A., & Holly, L. E. (2022, May 5). Gender Differences in Parents' Help-Seeking Attitudes Toward Mental Health Services and Professionals. [Poster presentation]. Annual Undergraduate Psychology Research Symposium, Marquette University, Milwaukee, WI.
- Jacobson, K., Paslaski, C., Karpinsky, M., Bowling, A., Buchanan, M., & Holly, L.E. (2022, May 5). Examining Parental Perspectives on Child Mental Health: Etiological Beliefs and Stigmatization. [Poster presentation]. Annual Undergraduate Psychology Research Symposium, Marquette University, Milwaukee, WI.

#### 2022 – Present

Research Coordinator, The Sex, Gender, and Camouflage in Autism Spectrum Disorder (SAGA) Study, Chapel Hill, NC

Supervisor: Dr. Clare Harrop, PhD.

- Lead 2-6-hour assessments with autistic and non-autistic children ages 4- to 8-years-old
- Engage in behavior management with participants when needed
- Consent participants and parents
- Ensure both parents and children are comfortable throughout assessments though answering questions, taking breaks, and ensuring there is an open line of communication

#### 2022

#### Residential Counselor, Prairie Care Residential, Maple Grove, MN

Supervisor: Dr. Annie Johansson, PhD., L.M.F.T.

- Led dialectical behavioral therapy (DBT) and psychoeducation skills groups for residents
- Provided one-on-one DBT skills coaching for residents
- Participated in crisis management, collaborative problem solving, and mitigation of residential conflicts
- Collaborated with mental health professionals on resident's progress and treatment interventions
- Submitted proper documentation to DHS
- Assisted with residential intakes and discharges
- Provided around-the-clock supervision of residents
- Furthered experience working with a variety of personality/emerging personality disorders, neurodevelopmental disorders, and internalizing disorders in 10- to 18-year-old males and females

#### Summer 2021

#### Residential Counselor, Avanti Center for Girls, Blaine, MN

Supervisor: Stephanie Wilkenson, M.A., L.M.H.C.

- Provided one-on-one DBT skills coaching for residents
- Provided supervision of day-to-day tasks and activities of residents
- Digitized daily resident paperwork for DHS
- Participated in crisis management, de-escalation, and mitigation of residential conflict
- Supported mental health professionals during weekly group DBT sessions
- Assisted with resident intakes and discharges
- Gained experience working with a variety of different mental health disorders in 12- to 18-year-old females

#### **VOLUNTEER EXPERIENCE**

## 2022

### Undergraduate Research Recruiter, Marquette University, Milwaukee, WI

- Presented research poster to potential incoming Marquette University potential undergraduate students and their parents
- Answered questions about undergraduate research and Marquette University and shared ways to get involved in undergraduate research on campus

#### 2016-2018

#### Youth Group Counselor, Christ Presbyterian Church, Edina, MN

- Worked on-on-one with church leaders and mentors to provide lesions in faith that were applicable and engaging to adolescents
- Mentored a group of 12 adolescent girls, ages 13- to 15-years-old, in their faith and navigating through their middle school years

#### **TECHNICAL SKILLS**

**SPSS** Statistical analysis

**Clinical Assessments** ADHD Rating Scales, BRIEF-2, CBCL, CELF-P, CELF-5, DAS-EY, DAS-SA, Gender

Development Scale, PRAS-ASD, SCQ, Sensory Profile, SRS-2, VABS-5, CEBQ, SB-5

Other software Microsoft Office, Final Cut Pro, Wordpress

Online databases and phenotyping Qualtrics, REDCap, Box, Qglobal

**Research Technologies** Tobii Pro, Nodlus Observer XT, EEG cap application and seeding, salivary cortisol

collection, Actiheart RSA application and data collection, Ampatica Heart Rate

Variability, GPS/GIS Tracking

Literature review PubMed, PsycInfo, Covidence Systematic Reviews and Meta-Analytic approaches

Compliance Collaborative Institutional Training Initiative (CITI) and Health Insurance Portability and

Accountability Act (HIPAA)

#### **CONTINUING EDUCATION & WORKSHOPS**

2023 TEACCH Annual Conference: Diversity in Autism Research, UNC-Chapel Hill American Psychological Association's 2022 Conference, Minneapolis, MN 2022 Dr. Steve Luck's Virtual ERP Boot Camp, UC-David Center for Mind and Brain 2020

#### PROFESSIONAL REFERENCES

#### Clare Harrop, PhD., Assistant Professor, Developmental Psychology

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#### Lindsay Holly, PhD., Assistant Professor, Clinical Psychology

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