

Guidance for PTs for IEP Goals, PLAAFP and Progress Monitoring

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PLAAFP:

- Paint a picture of the student
- Indicate areas where gains can be expected, strengths
- Describe motivation, any fears, likes or dislikes

Goals:

- As much as possible goals should reflect functional skills. Not time standing on one leg but ability to climb stairs step over step or kick a ball
- Utilize the NC Standard Course of Study whenever possible, especially the Healthful Living component, much of what we work on is included here.
- Attempt to integrate goals to make goals as student centered as possible, NOT PT goal.

Measuring progress:

- PTs can assist teachers to develop data collection system for positioning programs and other daily activities that are in place
- PT observation, be specific as to setting
- Objective measures, such as timed movement to various locations, timing how long student can follow peers in line, energy expenditure information, timing length of time spent on playground or in class engaged with peers...
- Data collection system (chart or graph) for falls, other safety concerns