

CAITIE BRINKMAN, MS, ATC

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Education

University of North Carolina at Chapel Hill
Doctoral Student: Human Movement Science, Psychology of Sports Injury Lab
Chapel Hill, NC

University of Kentucky
Master of Science: Athletic Training, May 2020
CAATE Accredited Post-Professional Program
Lexington, KY

University of Michigan
Bachelor of Science: Kinesiology; Athletic Training, May 2018
Ann Arbor, MI

Certifications

North Carolina Licensed Athletic Trainer, pending
Georgia Licensed Athletic Trainer (AT003946), March 2021- June 2021
Connecticut Licensed Athletic Trainer (AT1561), August 2020- Present
Kentucky Licensed Athletic Trainer (AT1600), July 2018- June 2021
NATA BOC Certification (2000032987), June 2018- Present. NPI: 1518576321
American Red Cross: CPR/AED for Professional Rescuers and Health Care Providers, May 2013- Present

Clinical Experience

Peachtree Orthopedics, May 2021 - Present
Clinical Athletic Trainer

Sacred Heart University, August 2020 - February 2021
Assistant Athletic Trainer

University of Kentucky Graduate Assistant, August 2018 - May 2020
Assistant Athletic Trainer, Centre College

University of Michigan, August 2015- May 2018
Athletic Training Student

National Women's Soccer League Gotham FC, Summer 2017
Athletic Training Intern

Peer-Reviewed Publications

- **Brinkman, CA.,** Baez, SE., Quintana, C., Andrews, M., Heebner, NR., Hoch, MC., Hoch, JM., The reliability of an upper and lower extremity visuomotor reaction time task. *J Sports Rehabil*, 2021;30(5): 828-831.
- **Brinkman, CA.,** Baez, SE., Genoese, F., Hoch, JM., Use of goal setting to enhance self-efficacy after sports-related injury: a critically appraised topic. *J Sports Rehabil*, 2020;29(4): 498-502

Teaching Experience

Preceptor

- Clinical preceptor for entry-level master's athletic training student. College of Health Professions, Sacred Heart University. (August 2020 – February 2021)

Teaching and Laboratory Assistant

- Teaching Assistant for Joel Pickerman, MS, ATC. Prevention and Care of Athletic Injury (AT 117). School of Kinesiology, University of Michigan. (Spring 2018)

Presentations

- **Brinkman CA**, Baez SE, Heebner NR, Hoch MC, Hoch JM. The reliability of an upper-extremity and lower-extremity visuomotor reaction time task using the FitLight Trainer. *National Athletic Trainers' Associate Annual Meeting and Symposium*. Atlanta, Georgia. June 2020. Accepted for Virtual Poster Presentation
- **Brinkman CA**, Gay JL. Return to sport following an isolated anterior cruciate ligament tear in a collegiate volleyball athlete: a case report. *University of Kentucky College of Health Sciences Sports Medicine Grand Rounds*. October 2019. Oral Presentation.

Memberships

National Athletic Trainers' Association, August 2017 - Present (99809): *Member*.

Connecticut Athletic Trainers' Association, August 2020 – June 2021: *Member*.

Eastern Athletic Trainers' Association, August 2018 – Present: *Member*.

Kentucky Athletic Trainers' Society, August 2018 – July 2020: *Member*.

Southeast Athletic Trainers' Association, August 2018 – July 2020: *Member*.

Michigan Athletic Trainer's Society, August 2017 – May 2018: *Member*.

Great Lakes Athletic Trainers' Association, August 2017 – May 2018: *Member*.

University of Michigan Organization of Athletic Training Students, Fall 2015 – Spring 2018: *Member*.

Awards

University of Kentucky College of Health Sciences Thomas C. Robinson Scholarship, May 2019

Athletic Trainers' Society of New Jersey Victor (Vito) D. Recine Memorial Scholarship, March 2014

Research Interests

Consequences of ACL injury and reconstruction on mental health and well-being

Development of interventions that promote treating patients from a biopsychosocial approach post-ACLR

Impact of neuroplasticity after ACLR on short-term and long-term health outcomes, including return to sport rates and secondary injury risk.