

# PHYT/SPHS 896: PROMOTING A CULTURE OF HEALTH - TYRRELL COUNTY



Make the most of your spring break by applying for our interprofessional service-learning elective. This opportunity is focused on under-resourced communities in North Carolina, including Tyrrell County. Students will explore the social determinants of health and partner with community agencies and members to promote health and reduce health risks.

**Scan here to apply  
by October 13th**



**This elective counts as an IPEP Distinguished Scholars immersion experience!**

Questions? Please reach out to Dr. Rachel Donnelly at [Rachel\\_donnelly@med.unc.edu](mailto:Rachel_donnelly@med.unc.edu)

**\*Must be a Graduate Student\***

## Spring Break Trip

- ✓ 1 Credit Course
- ✓ 4 required planning classes\*
- ✓ March 18-21, 2026
- ✓ Tyrrell County, NC

## \*Required Planning Classes:

*(In person- Bondurant Hall)*  
Mondays, 6:00-8:00 PM EST  
Jan 26th  
Feb 2nd  
March 3rd  
March 23th

## Guided Activities Include:

- Health promotion activities
- Partnering with local senior centers and library programming
- Home visits to community members; needs assessment for resources
- Engage in activities with aftercare students (PreK-3rd grade)
- Meet with high schoolers about post-grad goals
- Collaborate with county stakeholders to promote food distribution