

# PHYT/SPHS 896: PROMOTING A CULTURE OF HEALTH - TYRRELL COUNTY



Make the most of your spring break by applying for our interprofessional service-learning elective. This opportunity is focused on under-resourced communities in North Carolina, including Tyrrell County. Students will explore the social determinants of health and partner with community agencies and members to promote health and reduce health risks.

Scan here to apply  
by October 13th



This elective counts as an IPEP Distinguished Scholars immersion experience!

Questions? Please reach out to Dr. Rachel Donnelly  
[at Rachel.donnelly@med.unc.edu](mailto:Rachel.donnelly@med.unc.edu)

**\*Must be a Graduate Student\***

## Spring Break Trip

- ✓ 1 Credit Course
- ✓ 4 required planning classes\*
- ✓ March 18-21, 2026
- ✓ Tyrrell County, NC

## \*Required Planning Classes:

*(In person- Bondurant Hall)*

Mondays, 6:00-8:00 PM EST

Jan 26th

Feb 2nd

March 3rd

March 23th

## Guided Activities Include:

- Health promotion activities
- Partnering with local senior centers and library programming
- Home visits to community members; needs assessment for resources
- Engage in activities with aftercare students (PreK-3rd grade)
- Meet with high schoolers about post-grad goals
- Collaborate with county stakeholders to promote food distribution