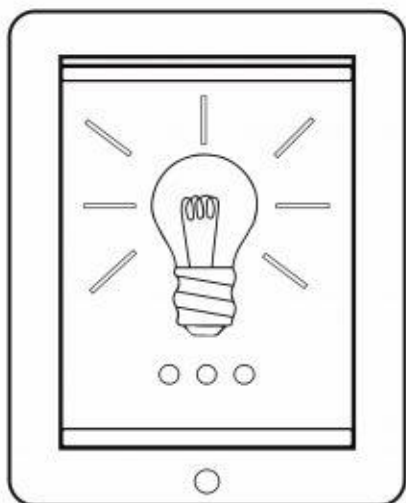


# COMMUNICATION PARTNER TRAINING



## Resources to Use in Practice

Here you will find resources that you can use to support your communication partner training sessions.

Consider using these resources as part of your sessions. Or consider sending them before or after CPT sessions as a primer or a review for the communication partners you are training.

It may be useful to send some of these resources to your clients' other communication partners who are unable to attend in-person trainings.

***Aphasia – What a Difference Some Help Makes*** training video by Dyscover Aphasia Charity:

<https://www.youtube.com/watch?v=KWVvqMgjmEM&t=280s>

- This video shows a demonstration of a conversation with a person with aphasia with and without the use of supported communication techniques.

***Communication Access: The Fundamental Techniques*** video series by Aphasia Access:

<https://www.aphasiaaccess.org/videos/> (scroll down)

- These training videos are designed to educate and provide demonstrations of the following techniques: adjusting your talking, using gesture and body language, and using writing and graphics. The videos also address strategies for supporting communication in acute care, outpatient and community programs and rehabilitation.

***Aphasia Simulations*** by Voices of Hope for Aphasia:

[https://vohadmin.github.io/Aphasia\\_Sim/index.html](https://vohadmin.github.io/Aphasia_Sim/index.html)

- The purpose of these simulations is to provide activities that may help people understand what it might be like to have aphasia. The simulations attempt to convey how PWA may experience listening, reading, writing and speaking. These simulations may be useful in training and increasing understanding in communication partners.

***Communication Tips*** articles by The Aphasia Community by Lingraphica:

<https://www.aphasia.com/aphasia-library/caregiver/communication-tips/>

- This resource includes a series of articles designed to teach basic communication principles to loved ones of PWA.

***Conversation Partner Training Packet*** by Honeycomb Speech Therapy:

<https://honeycombspeechtherapy.com/conversation-partner-training-packet/>

- This resource includes research summaries, references, how-to's, goal samples, documentation samples, strategy examples and materials needed to start using CPT techniques in therapy immediately.

***Supporting Partners of People with Aphasia in Relationships & Conversation (SPPARC)*** Lock, S. Wilkinson, R. & Bryan, K. (2008):

[https://www.amazon.com/SPPARC-Supporting-Partners-Relationships-Conversation-ebook/dp/BoB146VGWF/ref=sr\\_1\\_1?crid=2306O1CTQYOG6&keywords=supporting+partners+of+people+with+aphasia&qid=1675293858&sprefix=supporting+partners+of+people+with+aphasi%2Caps%2C185&sr=8-1](https://www.amazon.com/SPPARC-Supporting-Partners-Relationships-Conversation-ebook/dp/BoB146VGWF/ref=sr_1_1?crid=2306O1CTQYOG6&keywords=supporting+partners+of+people+with+aphasia&qid=1675293858&sprefix=supporting+partners+of+people+with+aphasi%2Caps%2C185&sr=8-1)

- SPPARC is a resource specifically designed to provide clinically effective tools to work with people with aphasia and their communication partners. The SPPARC manual consists of a manual and downloadable resources to run and support conversation training programs.

***Communication Tips video by Aphasia Recovery Connection:***

[ARC's Top Ten+ Tips for Caregivers Family and Friends](#)

- This video is a general overview of some supportive communication strategies that may be helpful when communicating with a person with aphasia.

***Aphasia Etiquette—Ask Wait Listen Training Video by the Stroke Association (UK):***

<https://www.youtube.com/watch?v=hTh86NoQh7Q>

- This video provides an illustrated guide highlighting the challenges facing people with aphasia and uses the concept of Ask, Wait, Listen for PWA. This concept has been developed from feedback by stroke survivors with aphasia and uses simple solutions like offering them the opportunity to express "yes", "no" or "I don't understand".

***What is Aphasia? A Loss of WORDS Not INTELLECT video by Brooks Rehabilitation Aphasia Center:***

<https://www.youtube.com/watch?v=oxYh5HDc4UQ>

- This video is an inspirational video featuring people with aphasia who define aphasia, describe how it affects them and show how they can still be themselves through it all.

***Communication Tips for Aphasia video by National Aphasia Association:***

<https://www.aphasia.org/aphasia-resources/communication-tips/>

- This video is a general overview of some supportive communication strategies that may be helpful when communicating with a person with aphasia.
- This web page also includes an 18-minute video titled "Patience, Listening and Communicating with Aphasia Patients" – A video by the RVA Aphasia Group in Richmond, Virginia. This video includes contributions from people with aphasia and aphasia therapists/providers who educate about the experience of aphasia and suggest strategies for improving communication.

***Communication Poster by National Aphasia Association and the American Stroke Association***

<https://www.aphasia.org/aphasia-resources/communication-poster/>

- A downloadable poster that answers the question: What is aphasia? It additionally gives communication tips, both to those experiencing aphasia and those speaking with someone with aphasia.

***Understanding Aphasia video:***

<https://www.youtube.com/user/understandingaphasia>

- This video is a dramatic representation of the experience of someone with aphasia prior to and after they are provided with communication support. It represents how a PWA can better participate in life activities once their communication is supported.

***Family Pamphlet by the Aphasia Institute:***

<https://www.aphasia.ca/shop/family-pamphlet/>

- The family pamphlet was created specifically for families of people with aphasia early on their stroke journey. It provides short, practical SCA™ tips on how to better communicate with a family member with aphasia. Available to download in DIGITAL version or PRINT version.
- Following is a short video that is a companion to the pamphlet and provides further explanation and information for family members: <https://www.aphasia.ca/family-and-friends-of-people-with-aphasia/family-sca/>

***Communication Partner Training Programme Grant by the Collaboration of Aphasia Trialists:***

<https://www.aphasiatrials.org/communication-partner-training-programme-grant/>

- This is a project to watch for future developments of CPT resources for the National Health System in the UK.
- The proposal: "In a future programme grant for applied research we propose creating a CPT programme and manual for its delivery in the NHS. We will co-design it with people with aphasia, family members, therapists and researchers. We will then see whether it is acceptable, feasible to deliver in the NHS and whether it is possible to conduct a larger study. A large study would be planned across several NHS speech and language therapy departments in the UK to determine how effective it is and to understand how best to make it available to NHS patients."