**Program Title:**Interprofessional Work for Intimate Topics: Toileting and Sexual Function Following a Spinal Cord Injury.

**Faculty Name:**Raheleh Tschoepe MS, OT/L, ATP

**Discipline:**Occupational Therapy (however this is an interprofessional course offering)

**Description:** This one-day course is designed for Nurses, occupational & physical therapists who work with young adult and adult patients with spinal cord injury. This course will cover bladder and bowel management and sexual health, placing an emphasis on self-catherization, bowel programs, and positioning. Information will be shared by lecture, lab and visual aids.

**Objectives:** Upon completion of this course, participants will be able to:

* Explain how toileting and sexual function impact day to day living with spinal cord injury (SCI).
* Identify barriers and solutions to SCI professionals incorporating goals and interventions for toileting and sexual dysfunction in their plans of care.
* Identify toileting principles for people living with spastic or flaccid neurogenic bowel and bladder.
* Identify practical intra - and interdisciplinary strategies to the SCI therapeutic process for individuals living with toileting dysfunction.
* Identify practical intra- and interdisciplinary strategies to the SCI therapeutic process for individuals living with sexual dysfunction.
* List team members and referral sources critical to the multidisciplinary team to improve toileting and sexual function - related outcomes for people with SCI.
* Identify multidisciplinary strategies and apply to cases about people living with various types of SCI.