**Title:** Supporting Autistic Youth and Young Adults in the Transition to Adulthood

**Faculty Name:** Jessica Steinbrenner

**Workshop Description:** Research indicates that autistic young adults often face more challenges as they transition into adulthood than their neurotypical peers and peers with other disabilities. These challenges can result in lower levels of participation in post-secondary education, employment, and social and community engagement. There are practices and supports during high school and young adulthood that have been linked to positive outcomes in adulthood. This presentation will provide an overview of current research related to outcomes of autistic adults, perspectives from autistic youth and young adults and their families about adult outcomes, and ideas for supporting more positive outcomes during and after high school.

**Recommended Length:** 1-3 hours

**Objectives:**

At the conclusion of this program, the participant should be able to:

1. Discuss current research related to adult outcomes for autistic young adults.
2. Identify practices and supports that can help autistic youth and young adults as they transition into adulthood.
3. Locate freely available resources related to topics of interest, practices, and supports for autistic youth and young adults.
4. Generate ideas for supporting autistic youth and young adults in your setting and community.