

Title

## Patient Education Day for Functional Gastrointestinal Disorders

Time	Speaker	Topic
	Opening Remarks	
8:30am - 8:40am	William Whitehead	Opening Remarks
	Irritable Bowel Syndrome Overview	
8:40am - 8:55am	Magnus Simren	Pathophysiology of IBS and Step-Wise Approache for the treatment for IBS
8:55am - 9:10am	Lena Óhman	Role of bacteria in the gut: Probiotics, Antibiotics, and fecal transplants
9:10am - 9:25am	Question Panel	
9:25am - 9:35am	Break	
	IBS Symptoms and Constipation	
9:35am - 9:50am	Lin Chang	Bloating & pain in IBS: Causes and Treatments
9:50am - 10:05am	Giuseppe Chiarioni	IBS-Constipation and functional constipation: Causes and Treatments
10:05am - 10:20am	Doug Drossman	Opioid Induced Constipation and Narcotic Bowel Syndrome: Causes and Treatments
10:20am - 10:35am	Question Panel	
10:35am - 10:45am	Break	
	IBS, Diarrhea, and Fecal Incontinence	
10:45am - 11:00am	William Whitehead	Fecal Incontinence
11:00am - 11:15am	Jennifer Wu	IBS-Diarrhea and functional Diarrhea: Causes and treatments
11:15am - 11:30am	Question Panel	
11:30am - 11:40am	Break	
	Upper GI Disorders	
11:40am - 11:55am	Ken Koch	Nausea and vomiting: Gastroparesis and rumination disorders
11:55am - 12:10pm	Ryan Madanick	Functional chest pain, Heartburn, and esophageal disorders
12:10pm - 12:25pm	Question Panel	
	Non-Drug Treatments	
12:25pm - 12:40pm	Kate Scarlata	Using diet to help manage symptoms
12:40pm - 12:55pm	Steve Heymen	Biofeedback therapy for constipation
12:55pm - 1:10pm	Susan Gaylord	Mindfulness for FGIDs
1:10pm - 1:25pm	Laurie Keefer	Cognitive Behavioral Therapy for FGIDs
1:25pm - 1:40pm	Olafur Palsson	Hypnosis for FGIDs
1:40pm - 1:55pm	Question Panel	
	Closing Remarks	
1:55pm - 2:05pm	William Whitehead	Closing Remarks