**Participation Requirements**

I actively participated in Enhanced Recovery After Surgery (ERAS) for at least **6** months.

* 1. In order to earn MOC credit, physicians must

Review data pertinent surgical populations germane to my specialty at regular intervals.  I subsequently presented results and/or lessons learned to the Enhanced Recovery Leadership Team or members of my specialty team when requested.

* 1. And complete 3 of the following:
     1. I was involved in the conceptualization, design, oversight of implementation, overall assessment/evaluation and evolution of the QI initiative, Enhanced Recovery.
     2. I provided direct patient care as an individual or as a member of the care delivery team.
     3. I reviewed cases on my service for the proper use of the Enhanced Recovery Guidelines.
     4. I attended a meeting where monthly reports, project data and/or action plans were reviewed in adherence to the Enhanced Recovery initiative.
     5. I attended two meetings devoted to the planning, implementation and/or evaluation of the Enhanced Recovery QI Effort.
     6. I taught at least one education session for the Enhanced Recovery effort (may include resident, medical student, faculty, nursing, pharmacy or other Enhanced Recovery team member training)

**Reflection**

I reflected upon the following areas:

* + - 1. Change.  What change did you personally make in your practice?
      2. Impact.  How did this change impact patient care in your practice?
      3. Learning.  What did you learn as part of participating in this QI effort?
      4. Sustainability. Explain how you plan to sustain the changes you made to your practice because of this QI effort.