**Participation Requirements**

* 1. Complete the following:
     1. I participated in the Post-Partum Depression Screening project for at least 4 months.
     2. I participated in the Edinburgh Screening education via team or individual meetings
     3. I administered the Edinburgh Post-Partum Screening Tool to mothers (or fathers too!) at 1,2, 4, 6 month Well Child Checks and I documented the results of the post-partum screens in the EPIC flow sheet
     4. I supervised other staff members in the use of the screening tool
     5. I reviewed reports to track success (of my patients) – The aim is that 75% of eligible patients will be screened
     6. I completed a root cause analysis to determine cause if the developed guidelines were not adhered to.
     7. I addressed all positive screens (if score is 10 or greater)\*
     8. I participated in practice meetings where project data was reviewed and action plans discussed to address process and guidelines

\*possible actions include: contacting mom’s doctor, contacting social worker in office, Moms Supporting Moms class through Rex hospital (919-454-6956), Women’s Mood Disorder clinic at UNC, 24-hr help line, \*if suicidal, send to ED

**Reflection**

I reflected upon the following areas:

* + - 1. Change.  What change did you personally make in your practice?
      2. Impact.  How did this change impact patient care in your practice?
      3. Learning.  What did you learn as part of participating in this QI effort?
      4. Sustainability. Explain how you plan to sustain the changes you made to your practice because of this QI effort.