**Participation Requirements**

* 1. Complete the following:
     1. I participated in the Community-Based Longitudinal Care Course for at least one Precepting Cycle
     2. I viewed the Faculty Development videos developed by the UNC School of Medicine (Quality Improvement Case Study, QI Getting Started, and PDSAs 101) AND I viewed the 2 QI presentations – Introduction to QI and PDSAs Cycle at <https://www.med.unc.edu/teachingskills/>
     3. I mentored student(s) throughout the CBLC course on Quality Improvement projects
     4. I was involved in the creation, development, and oversight of the project implementation and I participated in the overall assessment/evaluation and evolution of the Quality Improvement initiative, including a review of the data or metrics, such as run charts or dashboards

**Reflection**

I reflected upon the following areas:

* + - 1. Change.  What change did you personally make in your practice?
      2. Impact.  How did this change impact patient care in your practice?
      3. Learning.  What did you learn as part of participating in this QI effort?
      4. Sustainability. Explain how you plan to sustain the changes you made to your practice because of this QI effort.