**Participation Requirements** (check boxes to indicate agreement)

* I satisfied the participation requirements during my current MOC cycle.
* I actively participated in Clean In, Clean Out for at least 4 months

Start Date: \_\_\_\_\_ End Date: \_\_\_\_\_

1. Enroll in the Clean In, Clean Out project by September 1 (and allow for 4 months of participation) in the calendar year in which they want to earn MOC Part IV Credit.
2. Complete the following items:
   1. Participate in a Pilot or Spread Team Meeting for a specific unit or area

(This would include committee meetings, spread team meetings, unit meetings, departmental meetings, etc.)

* 1. Complete at least 6 sets (60 observations across at least 4 calendar months) of hand hygiene audits (Physicians do not receive credit for performing hand hygiene, but rather for collecting the data)
     + [Directions](https://unchcs.intranet.unchealthcare.org/dept/CICO/Documents/CICO_Training.pdf) and [submissions of observations](http://cleanhands.unch.unc.edu/)
  2. Develop, trial or pilot (with colleagues) a quality improvement intervention that can potentially:
     + Increase number of observers for Clean In, Clean Out
     + Improve compliance with Clean In, Clean Out
     + Improve feedback for Clean In, Clean Out observations.
     + AND Review your own submitted performance data related to hand hygiene audits and implement one of the above interventions.

Examples of Quality Improvement Interventions:

Increase Number of Observers Examples:

* Managers/supervisors to perform observations and provide feedback for role modeling.
* Manager/leaders/supervisors to assign staff member (RN, resident MD, HUC) to perform daily observations
* Staff use a “tag” strategy – once they have completed 5 observations, pass the observation tool to coworker

Improving Compliance Examples:

* Ensure area is assessed for easy access to hand rubs and/or soap and water.
* Be creative and find ways to recognize staff ----incentives for participation and compliance.
* Share info in designated bulletin board area.
* Track observation data on graph in unit/department.
* Conduct Road Shows/Fairs on Clean In, Clean Out

Improving Feedback Examples:

* Provide positive feedback when desired behavior is observed.
* Reward staff for providing feedback in addition to observations
* Use simple thank you feedback items such as stickers or email recognition to teams/staff with good HH behaviors

1. Complete the Clean In, Clean Out Attestation Form no later than December 1 if credit is to be received and posted to the Physician’s Board Portfolio for this calendar year.

Reflection (check box to indicate agreement)

1. Reflect upon the following areas:
   1. Change.  What change did you personally make in your practice?
   2. Impact.  How did this change impact patient care in your practice?
   3. Learning.  What did you learn as part of participating in this QI effort?
   4. Sustainability. Explain how you plan to sustain the changes you made to your practice because of this QI effort.

To attest to your participation in the Clean In, Clean Out: Hand Hygiene Compliance Project, please email [NCMOC@med.unc.edu](mailto:NCMOC@med.unc.edu)