**Participation Requirements**

Complete the following:

1. Participated for 6 months
2. Aligned personal telemetry ordering practices to AHA guidelines, monitored telemetry order expiration, reviewed telemetry orders during pre-rounds and discussed active telemetry orders with Nursing, when possible.
3. Participated in initiative conceptualization, design, oversight of implementation, overall assessment/evaluation or project evolution at either the system or local level.
4. Promoted telemetry guidelines and review of telemetry order expiration among peers, colleagues or local leaders through one-on-one discussions, presentations at team meetings, creation of mailings/news items or other forms of outreach.
5. Reviewed personal performance on telemetry reduction measures and promoted ongoing performance monitoring and oversight at the local or system level.

**Reflection**

I reflected upon the following areas:

* + - 1. Change.  What change did you personally make in your practice?
      2. Impact.  How did this change impact patient care in your practice?
      3. Learning.  What did you learn as part of participating in this QI effort?
      4. Sustainability. Explain how you plan to sustain the changes you made to your practice because of this QI effort.