A Nurse’s Guide to Patient Education

Choose an area on the abdomen for injection.

- Think “love handles”
- Alternate between sites for subsequent injections

Clean injection site with alcohol swab and let dry

Remove needle cap by pulling straight off syringe

Do NOT eject air bubble prior to injection

Adjust injection amount if needed

Pinch skin and insert full length of needle into skin fold at 90° angle. Hold fold throughout injection.

Press plunger all the way down and pull needle out at same angle as inserted

Do NOT rub injection site after injection

Push down fully on plunger with needle turned down and away from patient to activate safety shield. Device will “click”

Place syringe in sharps container