

*I am the product of  
generations of pain*

Jasmine Kimber  
Issue 15, Winter 2024



ACRYLIC PAINT ON CANVAS

PHOTOGRAPH COURTESY OF ARTIST

On one hand, I am tethered to the pain and suffering of my family and region. On the other, I am the embodiment of my dreams and aspirations for a better future. The hand on the left symbolizes the toll of manual labor in the context of overuse, poverty and inadequate access to healthcare. Note the atrophy of the thenar eminence, a hallmark of untreated carpal tunnel syndrome, diminished range of motion with finger abduction, osteoarthritic changes of the PIP, DIP, CMC, and MCP joints. This piece takes place in the backdrop of Appalachia with the hand on the right symbolizing my hope to prevent or alleviate decades of pain as a physician.

a b o u t • a r t i s t

## KIMBER

Jasmine Kimber is a second-year medical student at the UNC School of Medicine. A first-generation high school graduate from a low-income, rural background, she earned her Bachelor of Science in Biology from UNC Chapel Hill, as well. Jasmine's research interests include specialties such as orthopaedics, rheumatology and radiology, with a strong focus on social determinants of health, health literacy and expanding healthcare access in underserved populations and regions. She is a founder and the President of CREATE at UNC SOM, a student organization that promotes therapeutic exploration and wellness through artistic creation and crafting. Jasmine also serves as a Carolina Covenant mentor and is actively involved in supporting undergraduate pre-med students from low-income and/or first-gen backgrounds.

---

© 2024 *Iris: The art and literary journal*, UNC School of Medicine