JOSHUA BERNSTEIN, MD
Internal Medicine Site Director/Didactics Director | bernstein.josh@gmail.com

Returning to clinic week after week will allow you to form true relationships with your patients, preceptor, and clinic staff. Instead of learning about diabetes, you will learn about your patient—who happens to have diabetes—and how diabetes affects that individual person.

RHODA BROSNAN, MD
Cardiology Site Director | rhodab@avlcard.com

The Cardiology rotation in Asheville is designed to get you comfortable evaluating common cardiovascular conditions, some of the most commonly encountered conditions in medicine no matter what specialty you ultimately pursue. In addition to clinical experiences, we have dedicated Cardiology focused didactics and everyone’s favorite, ECG reading sessions.

RONGRONG FAN, MD
Ob/Gyn Site Director | rongrong.fan@mahec.net

Hello! I came to Asheville for residency in 2009 and am still so grateful to work and live here. I hope the major clinical year is both challenging and rewarding for all of you, and that you remember to take time to breathe a little. I don’t expect all of you to want to go into Ob/Gyn (that would be an incredible year!), but I hope we can help you build a foundation for providing evidence-based care that meets patients where they are.

BENJAMIN GILMER, MD
Family Medicine Site Director | benjamin.gilmer@mahec.net

You will love the Asheville campus, and the uniqueness that a longitudinal curriculum will afford you to be more autonomous, more engaged with your patients, and more proximate to your preceptors and community. It is an amazing time to learn and take ownership of your patient panels in a way you may never have anticipated. As faculty, we are highly motivated to teach you as much as possible, because you will be our partners for a year!
RED HOFFMAN, MD, ND, FACS
Surgery Site Director | melissa.hoffman@hcahealthcare.com

As a surgeon trained in hospice and palliative medicine, my personal narrative has changed from, “There’s nothing more I can do,” to “Let me walk with you.” Today, in both my life and my clinical career, I am awed by the therapeutic value of silence. When there are no words, I sit quietly with patients and their families, allowing time and space for their stories to unfold. I’m reminded that regardless of the skills we master, the knowledge we acquire, and the respect we earn, in the end, we—as physicians—are simply human. www.redhoffmanmd.com

KATHERINE MEACHAM, PHD
Ethics and Humanism Site Co-Director | KRMeacham@gmail.com

In Ethics and Humanism, we’ll engage your moral imagination and encourage you as you and your colleagues encounter unfinished stories, uncomfortable questions, and uncertain encounters. We’ll also pay attention and celebrate the moments that remind you why you chose this path. This course is a deep dive into the stories of meaning in medicine and into yourself as a medical learner.

SUMNER MITCHELL, MD
Emergency Medicine Site Director | sumnermitchellmd@gmail.com

Emergency medicine (EM) is a unique specialty. Anyone, Anything, Anytime. We are one of the few specialties who sees everyone. We see newborns seconds old and we see the elderly who might be 105. We see you if you have no insurance, if you are rich, old, poor, in a crisis, homeless, held tight by addiction, or a victim of a random tragedy. We see you at 3:00 am on Christmas Eve. We are here to alleviate concerns, stabilize, treat, and fill in the gaps when patients can’t get medical care. We try and provide compassionate care to all patients at all times whether it is guiding a family through end-of-life decisions for a critical patient or reassuring a mom that her child is fine after a minor bump on the head. We are here for everyone at any time. Everyone at some point in their life will end up in the ED.

CHELSEA RAGLAND, MD
Pediatric Site Director | chelsea.ragland@hcahealthcare.com

I know these are challenging times with limited gatherings among your peers and an exceeding number of your educational experiences “going virtual.” Now, more than ever, the personal contact of the third-year rotations is critical to receiving a full, well-rounded medical education. As William Osler once said, “He who studies medicine without books sails an uncharted sea, but he who studies medicine without patients does not go to sea at all.” Here in Asheville, we are committed to weathering these (currently stormy) seas with you! We seek to train well-rounded physicians with a variety of educational experiences. Our unique, longitudinal curriculum provides a much-needed personal touch to the clinical experience in an era of social-distancing. We hope you’ll join us in Asheville!
DUFF RARDIN, MD
Neurology Site Director | duff.rardin@hcahealth.com
To all students, welcome to the Asheville campus. My goal as the Neurology Site Director is to teach you the art of the neurological exam. These weekly sessions remind me how lucky I am to do this as a career.

BRET SLEIGHT, MD
Radiology Site Co-Director | bretsleight@bellsouth.net
I am looking forward to your energy mixing with x-rays, ultrasound, and some magnetic fields.

IRA SLOAN, MD
Ethics and Humanism Site Co-Director | 2bjust2b@gmail.com
Although the 3rd year is officially the Application Phase, consider thinking of it as the Discovery Phase. You will begin the Discovery of the self you and others will call Doctor.

BETH VORHIS, MD
Radiology Site Co-Director | evorhis@avlrad.com
In our radiology sessions, you will learn how to responsibly utilize modern medical imaging to approach a wide range of common clinical problems. We want to help you understand the benefits and limitations of different exam types and will focus on how to choose what exam to order, when.

SARAH WELLS, MD
Psychiatry Site Director | swells@pisgahinstitute.com
I look forward to meeting you all during your journey to becoming physicians. This is such an exciting time! My goal as a psychiatrist is to help students approach patients in a holistic way, with attention to the body, the mind, and the environment.