

# CARE OF THE OLDER PATIENT SCP SYMPOSIUM



Wednesday, March 4,  
2026



3:00 P.M. — 4:45 P.M.

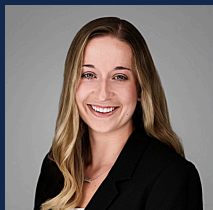


Zoom

<https://unc.zoom.us/j/93657009184?pwd=22jUJrxPPmtcTQVVlOqjkunbqdg1d3.1>

Meeting ID: 936 5700 9184

Passcode: 017910



**Mary Kaufmann**

*"Getting Around & Staying  
Connected: Driving Transitions  
and Social Isolation in Older  
Adults"*

Mentors: Tiffany Long, MD  
Claire Larson, MD



**Anissa Powell**

*"Behavioral Symptoms and  
Restraint Use in Hospitalized  
Older Adults: Post-Discharge  
and Prognostic Implications"*

Mentors: Tiffany Long, MD  
David Lynch, BMBS



**Ayesha Syed**

*"Implementation of an  
Interdisciplinary Neurology  
Medical Education Module on  
Memory Loss in Older Patients"*

Mentor:  
Claire Larson, MD



**Noah Rice**

*"Regulation of Cardiomyocyte  
Senescence by  $\alpha$ 1A  
Adrenergic Receptors"*

Mentor:  
Claire Larson, MD



**Matthew Wang**

*"Attitudes of older adults toward  
using video consultations for  
transitional care"*

Mentors:  
Hillary Spangler, MD, MSCR  
Claire Larson, MD



**Samantha Kodikara**

*"Identification of potentially  
inappropriate medications in  
hospitalized older adults"*

Mentor:  
Kimberly Mournighan, MD



**Joseph Connor Steppe**

*"Healthy Aging Education with  
Older Adults"*

Mentor:  
Tiffany Long, MD



**Rachel Watkins**

*"Clinical Characteristics and  
Mortality of Hospitalized Older  
Adults Receiving Physical or  
Chemical Restraints for  
Behavioral Symptoms"*

Mentor:  
Kimberly Mournighan, MD

## *Leadership:*

- Lindsay Wilson, MD, MPH, Director
- Meredith Gilliam, MD, MPH, Co-Director
- Claire Larson, MD, Co-Director
- Ellen Roberts, PhD, MPH, Co-Director