

UNC GERIATRICS

Comprehensive primary care and consultative specialist care guided by what matters most to you

WHAT WE OFFER

The care team at UNC Geriatrics consists of experts in aging health. Our physicians, including a neurologist and a psychiatrist, along with nurse practitioners and a clinical pharmacist, are all trained in geriatric care.

We offer a range of services in one location, including:

- primary and specialty care, with onsite labs and x-rays
- geriatrics social workers to help with counseling and referrals to community and healthcare resources
- a pharmacist with geriatrics training and expertise to help ensure safe and effective medication use

WHO DO WE SEE?

Our clinic primarily sees patients who are **70** and older. However patients under age **70** may be seen if they're experiencing dementia, falls, incontinence, or other age-related concerns.

ARE WE PRIMARY CARE DOCTORS OR SPECIALISTS?

We see most patients as their primary care doctor. We can also see people for consultations on specific issues such as memory problems, falls, or other issues related to aging.



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WHY SEE A GERIATRICIAN

With board certification in Geriatrics and board certification in internal or family medicine, Geriatricians are primary care doctors with a specialist's knowledge of aging health issues.

GERIATRICIANS CAN HELP WITH:

- bladder and bowel control
- depression
- memory issues and dementia
- osteoporosis and bone health
- falls risk and falls prevention
- gait and walking issues
- safe & effective medication management
- transitions of care (for example, getting home care following a hospital stay or moving to assisted living)



Providers and staff work with patients and families to manage ongoing medical problems and coordinate treatment with outside specialists.

WHAT IF I DON'T HAVE ANY 'GERIATRIC' ISSUES?

We see a spectrum of people from very healthy individuals to patients with many chronic conditions. Sometimes our focus is simply helping people maintain their independence and maximize their health. Sometimes we're working to support patients who are very sick. All are welcome at UNC Geriatrics.

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