



Memory Connect Program

WHAT is the goal of the program?

Memory Connect is a six-month program that supports people who take care of someone with dementia. We work closely with primary care providers (PCPs) to solve common problems, improve daily life, and make it easier to care for someone at home. This helps prevent unnecessary trips to the hospital.

As a caregiver, you'll have a dedicated team to support you throughout the program. While Memory Connect is short-term, we partner with PCPs to make caregiving more manageable, even after the program ends.

HOW to get help from Memory Connect?

If you have questions or concerns about the person with dementia, please contact the **UNC Geriatrics Clinic**.

WEEKDAYS, 7:30 AM-4:30 PM & AFTER HOURS/WEEKENDS:

Call (984) 974-3551

When you call, follow the prompts to speak with a nurse. Be sure to mention:

- The name of the PCP caring for the person with dementia
- That you are part of the Memory Connect

The nurse will help to address your concerns in the moment and will forward your questions to the Memory Connect team.

What participants are saying:

"There was just a personal connection...I'm quite aware that we were not the only thing that they were doing every day, but when we called, it felt that way."

"I'm grateful for the Memory Connect program. I feel the biggest relief I don't have to handle this all on my own."

"My experience was such a relief, because it really was this sense of—I can't believe I've got people I can talk to and manage my own doubt."