
POLICY AND PROCEDURE

UNIVERSITY OF NORTH CAROLINA HOSPITALS GRADUATE MEDICAL EDUCATION POLICY ON CONFIDENTIAL SUPPORT SERVICES

UNC Hospitals is committed to the health and well-being of our resident physicians, and all residents are encouraged to seek assistance promptly for any concerns. There are multiple avenues for assistance available including program directors, department chairs, mentors, and the Office of Graduate Medical Education. If requested, the Office of Graduate Medical can provide referral services to multiple resources. However, in recognition of the need for resident physicians to have a completely confidential means of seeking assistance without the knowledge of their program or the Office of Graduate Medical Education, this policy describes the mechanism for a resident physician or their spouse/significant other to access support services in a completely confidential manner.

The UNC Healthcare System has an Employee Assistance Program (EAP) to handle any concerns confidentially. The EAP can be reached at (919) 929-2362. A link to the EAP policy with contact information is available at the following web address:

<http://www.unhealthcare.org/site/humanresources/benefits/other/eap>

The North Carolina Physicians Health Program (NCPHP) can be reached at (919) 870-4380. The NCPHP handles any medical, psychiatric, substance abuse or behavioral concerns that impact a physician's ability to practice medicine. Treatment programs and monitoring programs are conducted under the direction of the NCPHP medical director, allowing physicians to get the evaluation and help they need in a protected, confidential manner that allows them to keep practicing without sanctions from the North Carolina Medical Board as long as the physician adheres to the terms of their NCPHP contract. Additional information is available at the NC PHP website: <http://www.ncphp.org/>

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