
PROCEDURE

UNIVERSITY OF NORTH CAROLINA HOSPITALS GRADUATE MEDICAL EDUCATION REQUEST FOR 80-HOUR DUTY LIMIT EXCEPTION EFFECTIVE JULY 1, 2003

1. An ACGME-accredited training program may request an exception for up to 10% of the 80-hour duty limit averaged over a four-week period.
2. The request must be submitted to the GMEC Chair of the Subcommittee on Duty Hours. The GMEC Subcommittee on Duty Hours will make a recommendation to the GMEC.
3. In requesting an exception to the 80-hour duty limit, the Education Committee of the program must include the following:
 - a. The program's ACGME accreditation status.
 - b. The educational rationale for the exception as it applies to a particular assignment, rotation(s), and level(s) of training; a blanket exception for the entire educational program should rarely be requested.
 - c. Resident rotation(s) changes and call schedules must be provided.
 - d. There must be attestation of continuous faculty supervision during the extended hours.
 - e. Effect of extended hours on rotations outside of UNC Hospitals.
 - f. Plans for monitoring the duty hours in total and in particular the hours above 80 hours.
 - g. The program's moonlighting policy must be noted for the period in question.
4. Upon approval by the GMEC, the Program Director may send the request to the respective RRC. The DIO of UNC Hospitals must sign this letter. If the 10% increase is granted to the program, all residents must be notified in writing that the GMEC and ACGME have approved the increase in duty hours. The duration of the exception will be limited to no more than the date of the next program review.
5. The Education Committee of the program must assess and document semiannually the impact of the increase on the physical well being of the residents and whether the program's educational goals have been enhanced by the increase in duty hours and that patient safety has not been compromised.
6. The program's Education Committee's semiannual reports must be sent to the GMEC Chair of the Subcommittee on Duty Hours. These reports will be presented to the GMEC.