



UNC
HEALTH CARE

Esophageal Manometry

Preparation Instructions

- **No food or drink six hours prior to the test.**
- You may take your regularly scheduled medications as directed only with a sip of water.
- Please bring your medication(s) or a list of your medication(s) with you to your appointment for the nurse to review.
- Plan to arrive 30 minutes prior to your scheduled appointment. Enter the Memorial Hospital and take the elevators to the basement of Memorial Hospital and check in at the GI Procedures desk. Your appointment time has been reserved for you. Please plan to be on time to avoid having to reschedule due to late arrival.
- Plan to be here for approximately 1 hour for your test.
- If you need to reschedule your appointment call 984-974-5050 to speak with a scheduler. For questions regarding the actual procedure call 984-974-0630 to speak with a nurse.