



UNC
HEALTH CARE

UNC Hospitals GI Mobility Lab

- ☐ Adult pH probe off medication
- ☐ Adult pH Impedance off medication

- **NO FOOD OR DRINK SIX HOURS PRIOR TO THE TEST.**
- Plan to arrive 30 minutes prior to your scheduled appointment. Enter the Memorial Hospital entrance on the ground floor and take the elevators to the basement of Memorial Hospital and check in at the GI Procedures desk. Your appointment time has been reserved for you. Please plan to be on time to avoid having to reschedule due to late arrival.
- This is an outpatient procedure. In order to obtain the best possible test, we want you to perform your normal activities such as working, exercising, gardening, etc. The catheter is in place for 22-24 hours. You must return to the hospital the next day to have it removed. An appointment is not necessary for removal.

DO NOT TAKE ANY MEDICATIONS FOR REFLUX FOR FIVE DAYS PRIOR TO THIS TEST. Your physician has requested you come off of these medications for your test. If you have any questions about a medication please contact your pharmacist or the nurse in the GI Motility Lab. This includes medication on the list below.

Nexium © (esomeprazole)	Protonix © (pantoprazole)
Prevacid © (lansoprazole)	Aciphex © (rabeprazole)
Axid © (nizatidine)	Pepcid © (famotidine)
Prilosec © (omeprazole)	Zegerid © (omeprazole/ sodium bicarb)
Propulsid © (cisapride)	Dexilant © (dexlansoprazole)
Vimovo © (Naproxen/ Esomeprazole)	Tagamet © (cimetidine)
Duexis © (Ibuprofen/ famotidine)	Zantac © (ranitidine)
E-mycin © (erythromycin)	Reglan © (metoclopramide)

If you cannot make it to the exam please call GI Procedures at 984-974-5050. If the office is closed, please leave a message



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- **NO FOOD OR DRINK SIX HOURS PRIOR TO THE TEST.** You may take your regularly scheduled medications with a sip of water.
- Your physician has requested you take your medication(s) for reflux before and during this test. Do not skip any doses of your medication for reflux. This is very important in order to obtain an accurate test.
- Plan to arrive 30 minutes prior to your scheduled appointment. Enter the Memorial Hospital entrance on the ground floor and take the elevators to the basement of Memorial Hospital and check in at the GI Procedures desk. Your appointment time has been reserved for you. Please plan to be on time to avoid having to reschedule due to late arrival.
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