



UNC Memorial Hospital GI Procedures

UNC Hospitals GI Mobility Lab

- Adult pH probe**
- Adult pH Impedance**

- No food or drink six hours prior to the test. You may take your regularly scheduled medications (see list below for medications to exclude) with a sip of water.

VERY IMPORTANT!

Follow the directions indicated beside the box that is marked below.

TAKE Your medication for reflux at the time (s) you would normally take it. If you are on Reglan © (metoclopramide), or E-mycin © (erythromycin) take it at the usual time.

- Plan to arrive 30 minutes prior to your scheduled appointment in order to register. Enter the Memorial Hospital entrance on the ground floor and go to the registration hub on your left. After registering, take the elevators to the basement of Memorial Hospital and check in at the GI Procedures desk. Your appointment time has been reserved for you. Please plan to be on time to avoid having to reschedule due to late arrival.
- This is an outpatient procedure. In order to obtain the best possible test, we want you to perform your normal activities such as working, exercising, gardening, etc. The catheter is in place for 22-24 hours. You must return to the hospital the next day to have it removed. An appointment is not necessary for removal.

DO NOT TAKE the following medications five days prior to this test.

No proton pump inhibitors, H2 blockers, antacids or motility medications. This includes the following medications:

Nexium © (esomeprazole)

Prevacid © (lansoprazole)

Axid © (nizatidine)

Prilosec © (omeprazole)

Propulsid © (cisapride)

Vimovo © (Naproxen/ Esomeprazole)

Duexis © (Ibuprofen/ famotidine)

E-mycin © (erythromycin)

Protonix © (pantoprazole)

Aciphex © (rabeprazole)

Pepcid © (famotidine)

Zegerid © (omeprazole/ sodium bicarb)

Dexilant © (dexlansoprazole)

Tagamet © (cimetidine)

Zantac © (ranitidine)

Reglan © (metoclopramide)



If you need to reschedule your appointment, call 919-966-2310 to speak with a scheduler. For questions about the actual procedure, please call 919-966-5599 to speak with a nurse.