



THE STATE OF NORTH CAROLINA  
BRIDGE COUNSELING SERVICE NOTIFICATION FORM

Dear Patient:

The University of North Carolina at Chapel Hill Infectious Diseases Clinic (UNC ID) is committed to improving your health. To achieve this goal, we recommend you have regularly scheduled clinic visits with your primary ID provider. During these visits, a physical examination, routine blood work to determine if your medications are working for you, and screening tests to check for other diseases such as diabetes and hepatitis are performed.

In the event that we are unable to locate you, you will be referred to North Carolina's bridge counseling program. A bridge counselor is a short-term case manager for HIV+ clients who have fallen out of care – meaning they have difficulty attending medical or case management appointments. Once referred for this free service, the bridge counselor will be available to discuss your feelings, questions, and concerns about HIV, as well as assist you with accessing medical and supportive services that are available to you. Once you have been contacted by the bridge counselor, you will be able to decline this and other services.