

## THE UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL SCHOOL OF MEDICINE

Department of Medicine

O 919-966-1043 | F 919-843-2356

Work Hours Policy
UNC Internal Medicine Residency Program
September 2022

The UNC internal medicine program follows the work hours limitations as set by the ACGME and as outlined by the UNC GME.

Our program takes the work hour requirements seriously. We require residents to honestly and consistently record and submit their hours to the Med Hub system so that we can closely monitor rotations and systems that may need adjusting. Residents within our program do not take at home call, and our program no longer has any 24 hour shifts. Our schedule does not allow for residents to work more than an average of 80 hours per week over a 4 week time period. Residents are required to take at least 4 days off over a four-week time period. PGY 1 residents have on average 8 days off every 6 weeks (with a 4+2 block schedule). PGY 2 and PGY 3 residents have an average of 10 days off every 6 weeks (with a 2+2+2 block schedule which includes 7 nights and compensation days off for night work).