



### INVESTING IN THE FUTURE

## Leading the Way in Men's Health

### Vision

To build on UNC's strong foundation and commitment to men's health and study the health issues impacting men today, we seek to develop the first comprehensive Men's Health Program in the United States. This premier program will bring together multi-disciplinary physician-scientists, public health leaders, and other practitioners dedicated to the health and well-being of men through a program of clinical care, scientific research and community outreach.

### Program components

- We will launch comprehensive clinics, anchored by urology and primary care with integrated care from nearby specialists. By emphasizing improving health behaviors, we can encourage prevention and provide better quality care.
- We will provide seed funding to stimulate and reward innovative research across the spectrum of men's health.
- We will develop a series of mobile health events in communities across the state offering free screenings, education, and referrals to community providers.

### Program impact

- Our outreach and our partnerships with community organizations will expand access to care and produce well-defined and measurable improvements in men's health outcomes.
- Our multidisciplinary and inclusive approach to research brings new perspectives and ideas to the field now, and more treatments and cures in the future.
- This program will help UNC School of Medicine recruit and retain the best faculty, acquire even more financial support, and strengthen our reputation as global leaders in men's health.

# UNC Men's Health

## A SILENT CRISIS

Simply put, men typically take a reactive approach to their well-being and health. Men use alcohol and tobacco products much more frequently than women and visit the doctor much less regularly than women. As a result, men's life expectancies are significantly shorter than those for women.

There is an urgent need for a health center devoted solely to men's health issues. Despite this need, there are few resources or studies that focus on men's health.

### A tradition of excellence

UNC Medicine has a well-established commitment to men's health and a world-class roster of clinicians and scientists. US News & World Report ranks UNC as the #1 public school of public health and the #2 family medicine program in America. UNC is also recognized as a top-20 hospital in urology and cancer care. Fourteen urologists and fifty-three cancer physicians have been recognized as "Best Doctors in America."

UNC Medicine has a track record of success in prostate cancer care, sexual health, and infertility. Our providers have recognized expertise in addressing health disparities and inequities, as well as community engagement and outreach.



**Culley C. Carson III, M.D.**

Chief Emeritus  
UNC Urology

Dr. Carson is former president of the American Society for Men's Health and congress president for the International Society of Men's Health.



**Eric M. Wallen, M.D.**

Vice-chair  
UNC Urology

Dr. Wallen drove development of UNC's minimally invasive and robotic surgery programs. He was named 2012 National Teacher of the Year by the Resident Committee American Urological Association. Both have been recognized by their peers as among "Best Doctors in America."

### For more information contact:

**Brian Frerking**  
Director of Development  
phone: 919.843.5733  
brian\_frerking@med.unc.edu  
[go.unc.edu/mens-health](http://go.unc.edu/mens-health)



## MEN'S HEALTH ISSUES BY THE NUMBERS

**ONE IN THREE**  
has high blood pressure

**THREE OF FOUR**  
are overweight

**TWICE AS LIKELY**  
to binge drink

**TWICE AS MANY**  
die of ischemic heart disease

**SEVENTEEN PERCENT**  
are smokers, compared to 13 percent  
for women

men die  
**SIX YEARS SOONER**  
than women

*This program will help Carolina advance scientific knowledge and develop impactful medical treatments for a national health crisis that affects the wellbeing of men and their families.*

- CAROL L. FOLT, CHANCELLOR