



# North Carolina: Caldwell County

## MEN'S HEALTH

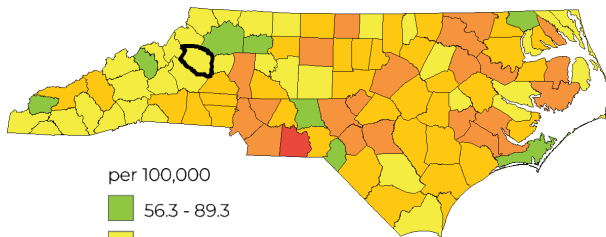
### Prostate Cancer Report 2023

#### New Cases

# 102

Overall new cases in Caldwell County per 100,000 men

#### by County



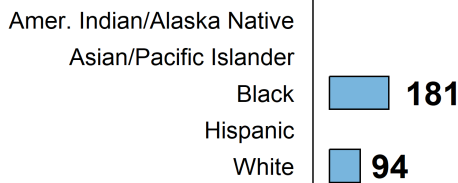
per 100,000

- 56.3 - 89.3
- 89.3 - 112.3
- 112.3 - 131.3
- 131.3 - 155.3
- 155.3 - 170.8

#### by Race/Ethnicity

per 100,000

(missing bars indicate too few cases to report)

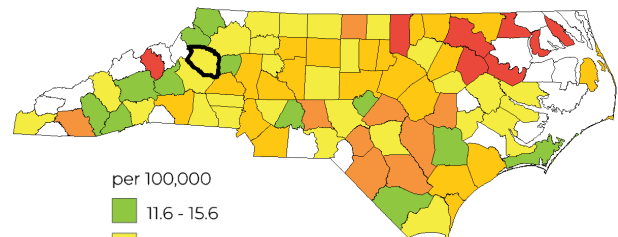


#### Deaths

# 17

Overall deaths in Caldwell County per 100,000 men

#### by County



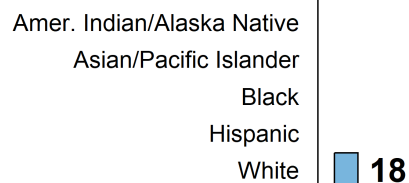
per 100,000

- 11.6 - 15.6
- 15.6 - 19.6
- 19.6 - 23.6
- 23.6 - 27.6
- 27.6 - 31.6
- Too few cases

#### by Race/Ethnicity

per 100,000

(missing bars indicate too few cases to report)



### Reducing Risk and Saving Lives

Prostate cancer is the #2 cause of cancer death for men in Caldwell County (behind lung cancer). **Timely access to screenings, close monitoring, and appropriate treatment** are essential to reducing risk, combating disparities, and saving lives.

All men aged 40 and older can take action to reduce risk and save lives by:

**STARTING** the conversation with your medical provider about the benefits/risks of taking a prostate specific antigen (PSA) test with your cholesterol panel or other lab work.

**KNOWING** that you should get screened earlier if your father or brother has/had prostate cancer.

**REDUCING** consumption of fatty foods and **INCREASING** regular exercise to lose excess weight.

