



North Carolina: Nash County

MEN'S HEALTH

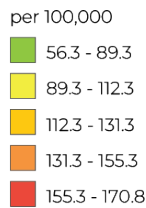
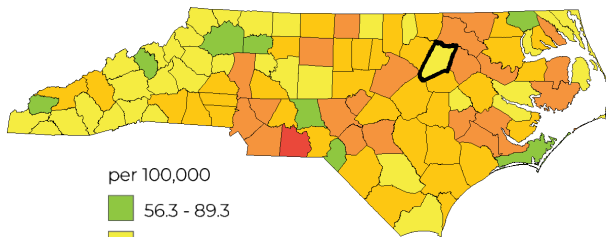
Prostate Cancer Report 2023

New Cases

109

Overall new cases in Nash County per 100,000 men

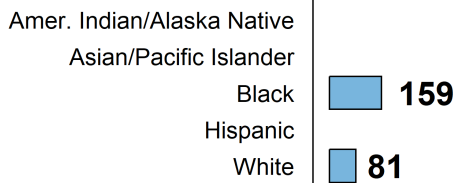
by County



by Race/Ethnicity

per 100,000

(missing bars indicate too few cases to report)

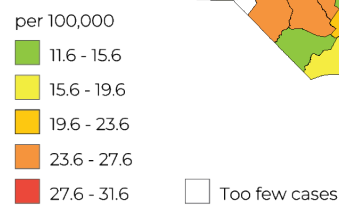
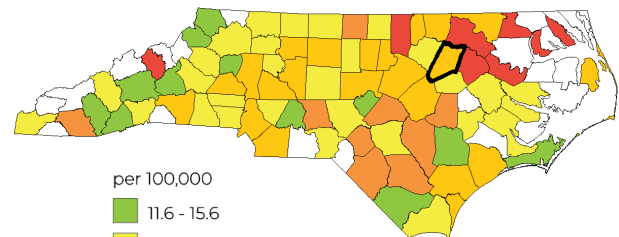


Deaths

22

Overall deaths in Nash County per 100,000 men

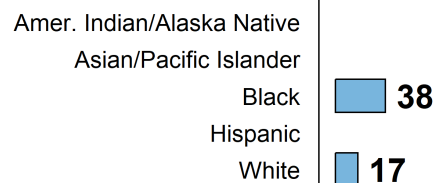
by County



by Race/Ethnicity

per 100,000

(missing bars indicate too few cases to report)



Reducing Risk, Saving Lives, and Closing the Gap

Prostate cancer is the #2 cause of cancer death for men in Nash County (behind lung cancer). Black men are 2 times more likely to get diagnosed and 2.3 times more likely to die compared to white men. **Timely access to screenings, close monitoring, and appropriate treatment** are essential to reducing risk, combating disparities, and saving lives.

All men aged 40 and older can take action to reduce risk and save lives by:

STARTING the conversation with your medical provider about the benefits/risks of taking a prostate specific antigen (PSA) test with your cholesterol panel or other lab work.

KNOWING that you should get screened earlier if your father or brother has/had prostate cancer.

REDUCING consumption of fatty foods and **INCREASING** regular exercise to lose excess weight.

