



North Carolina

MEN'S HEALTH

Prostate Cancer Report 2023

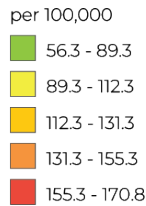
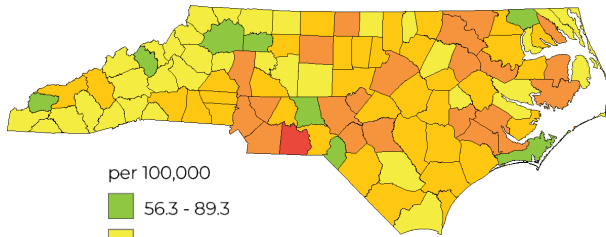
New Cases

124

Overall new cases in North Carolina per 100,000 men

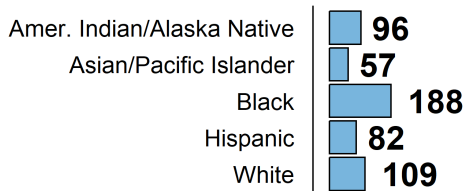
11th highest in the US

by County



by Race/Ethnicity

per 100,000



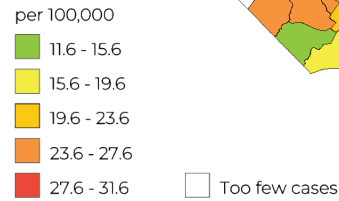
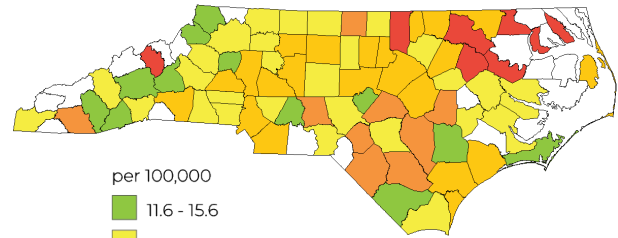
Deaths

20

Overall deaths in North Carolina per 100,000 men

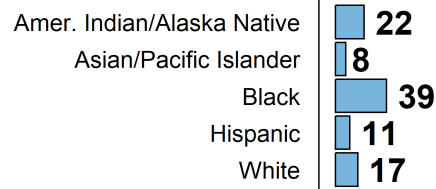
20th highest in the US

by County



by Race/Ethnicity

per 100,000



Reducing Risk, Saving Lives, and Closing the Gap

Prostate cancer is the #2 cause of cancer death for men in North Carolina (behind lung cancer). Black men are 1.7 times more likely to get diagnosed and 2.3 times more likely to die compared to white men. American Indian men are 0.9 times less likely to be diagnosed and 1.3 times more likely to die compared to white men. **Timely access to screenings, close monitoring, and appropriate treatment** are essential to reducing risk, combating disparities, and saving lives.

All men aged 40 and older can take action to reduce risk and save lives by:

STARTING the conversation with your medical provider about the benefits/risks of taking a prostate specific antigen (PSA) test with your cholesterol panel or other lab work.

KNOWING that you should get screened earlier if your father or brother has/had prostate cancer.

REDUCING consumption of fatty foods and **INCREASING** regular exercise to lose excess weight.

