
Rebekah L. Layton, PhD, CMC, PCC
University of North Carolina at Chapel Hill
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EDUCATION

Postdoc, Behavioral Science University of North Carolina at Chapel Hill	2015
Ph.D., Personality & Social Psychology <i>University at Albany, State University of NY</i>	2014
M.A., Psychology <i>University at Albany, State University of New York (SUNY)</i>	2011
B.A., Psychology History & Sociology of Science <i>University of Pennsylvania</i>	2005
Professional Certified Coach (PCC), <i>International Coaching Federation</i>	2020
Certified MentorCoach (CMC), <i>MentorCoach</i>	2019

PROFESSIONAL EXPERIENCE

<i>University of North Carolina at Chapel Hill</i>	
Associate Chair of Education & Training, Microbiology & Immunology, <i>School of Medicine</i>	2025 - present
Teaching Assistant Professor, Microbiology & Immunology, <i>School of Medicine</i>	2025 - present
Adjunct Associate Professor, <i>School of Education</i>	2022 - present
Director, Professional Development Programs, <i>School of Medicine</i>	2018 - 2025
Program Director, Training Initiatives in Biological & Biomedical Science, <i>School of Medicine</i>	2015 - 2018
Project Manager/Postdoc Research Associate, Partners in Active Living Study, <i>School of Medicine</i>	2014 - 2015
<i>University at Albany, SUNY</i> - Graduate Research Assistant, Self-Control in Life Lab	2009 – 2014
<i>United States Army</i> - Military Police Officer (Captain)	2005 - 2009
<i>University of Pennsylvania</i> - Research Assistant, Positive Psychology Center	2004 - 2005

HONORS (SELECT)

ICF Coaching Impact Awards for Professional Coaches - <i>Accomplished Coach (Runner-Up)</i>	2024
AOE Scholarship Award, <i>UNC Academy of Educators</i>	2023
Gwendolyn Harrison Smith Honorary Community Award, <i>UNC Graduate & Professional Student Government</i>	2021
Distinguished Alumnae Award, <i>Emma Willard School</i>	2011

PEER REVIEWED PUBLICATIONS (PROFESSIONAL DEVELOPMENT - (*Co-First/Co-Senior | †Trainee co-author)

- Collins, T., Ramadoss, D., **Layton, R.**, MacDonald, J., Wheeler, R., Bankston, A., Stayart, C.A., Hao, Y., Robinson-Hamm, J.N., Sinche, M., Burghart, S., Carlsen-Bruyan, A., Eswara, P., Krasna, H., Xu, H., & Sullivan, M. (in press). Making Strides in Doctoral-Level Career Outcomes Reporting: Surveying the Landscape of Classification and Visualization Methodologies and Creating a Crosswalk Tool. *Frontiers in Education*. *bioRxiv*. doi: <https://doi.org/10.1101/2021.07.12.451657>
- Davidson, A.,† McLaughlin, J., **Layton, R.L.**, Brandt, P.D. & Jarstfer, M. (2024). Innovations in Qualifying Exams: Toward Student-Centered Doctoral Training. *Frontiers in Education*. doi: <https://doi.org/10.3389/feduc.2024.1474572>
- Chatterjee, D., Nogueira, A.T.,† Wefes, I., Chalkley, R., Varvayanis, S.S., Fuhrmann, C.N., Varadarajan, J., Jacob, G.A.,† Gaines, C.H.,† Hubbard, N.M., Chaudhary, S., & **Layton, R.L.** (2024). Citizenship status and career self-efficacy: An intersectional study of biomedical trainees in the United States. *PLOS ONE* 19(3): e0296246. doi: <https://doi.org/10.1371/journal.pone.0280608>.
- Brandt, P.D., Whittington, D., Wood, K.D., Holmquist, C.H., Nogueira, A.T.,† Gaines, C.H.,† Brennwald, P.J., & **Layton, R.L.** Development and Assessment of a Sustainable PhD Internship Program Supporting Diverse Biomedical Career Outcomes. (2023). *eLife*, 12:RP91011. doi: <https://doi.org/10.7554/eLife.91011>
- McLaughlin, J. E., Morbitzer, K., Meilhac, M.,† Poupart, N.,† **Layton, R.L.**, & Jarstfer, M.B. (2023). Standards needed? An Exploration of Qualifying Exams from a Literature Review and Website Analysis of University-Wide Policies. *Studies in Graduate and Postdoctoral Education*. doi: <https://doi.org/10.1108/SGPE-11-2022-0073>
- Van Wart, A., Djorić, D.,† D'Silva, N.M.,† **Layton, R.L.**, Hardy, L.,† Suelzer, E., Tetzlaff J.E. (2023). An emerging field: An evaluation of biomedical graduate student and postdoctoral education and training research across seven decades. *PLOS ONE*, e0282262. doi: <https://doi.org/10.1371/journal.pone.0282262>
- Chatterjee, D.,* Jacob, G.A.,*† Varvayanis, S.S., Wefes, I., Chalkley, R., Nogueira, A.T.,† Fuhrmann C.N., Varadarajan J., Hubbard, N.M.,† Gaines C.H.,† **Layton R.L.**,* & Chaudhary, S.* (2023). Career self-efficacy disparities in underrepresented biomedical scientist trainees. *Plos one*, 18(3), e0280608. Doi: <https://doi.org/10.1371/journal.pone.0280608>
- McLaughlin, J.E., **Layton, R.L.**, Watkins, P.B., Nicholas, R.A., & Brouwer, K.L. (2022). Developing evidence-based resources for evaluating postgraduate trainees in the biomedical sciences. *Plos one*, 17(12), e0278297. Doi: <https://doi.org/10.1371/journal.pone.0278297>
- Schad, A.,* **Layton, R. L.**,* Ragland, D., & Cook, J. G. (2022). Equity, Diversity and Inclusion: Mental health in medical and biomedical doctoral students during the 2020 COVID-19 pandemic and racial protests. *Elife*, 11, e69960. Doi: <https://doi.org/10.7554/eLife.69960>
- Layton R.L.**, Solberg VS.H., Jahangir A.E., Hall J.D., Ponder C.A., Micoli K.J., & Vanderford N.L. (2022). Layton RL, Solberg VSH, Jahangir AE et al. Career planning courses increase career readiness of graduate and postdoctoral trainees. *F1000Research*, 9:1230 (<https://doi.org/10.12688/f1000research.26025.2>).

PEER REVIEWED PUBLICATIONS (PROFESSIONAL DEVELOPMENT – Cont'd)

- Collins, T.R.L., Hoff, K., Starback, M., Brandt, P.D., Holmquist, C.E.,† & **Layton, R.L.** (2022). Creating and sustaining collaborative multi-institutional industry site visit programs: a toolkit. *F1000Research* 2022, 9:1317 (<https://doi.org/10.12688/f1000research.26598.2>)
- Ramadoss, D., Bolgioni, A.F., **Layton, R.L.**, Alder, J., Lundsteen, N., Stayart, C.A., Yellin, J.B., Smart, C.L., Varvayanis, S.S. (2022). Using Stakeholder Insights to Enhance Engagement in PhD Professional Development. *PLOS ONE*. doi: [10.1371/journal.pone.0262191](https://doi.org/10.1371/journal.pone.0262191)
- Brandt, P.D., Varvayanis, S.S., Baas, T., Bolgioni-Smith, A., Alder, J., Petrie, K.A., Dominguez, I., Brown, A.M., Stayart, C.A., Singh, H., Van Wart, A., Chow, C.S., Mathur, A., Schreiber, B.M., Fruman, D.A., Bowden, B., Holmquist, C.E.,† Arneman, D., Hall, J.D., Hyman, L.E., Gould, K.L., Chalkley, R., Brennwald, P.J., & **Layton, R.L.** (2021). A cross-institutional analysis of the effects of broadening trainee professional development on research productivity. *PLoS Biology*, 19(7), e3000956. doi: <https://doi.org/10.1371/journal.pbio.3000956>
- Van Wart, A., O'Brien, T.C., Varvayanis, S., Alder, J., Greenier, J., **Layton, R.L.**, Stayart, C.A., Wefes, I., Brady, A.E. (2020). Applying Experiential Learning to Career Development Training for Biomedical Graduate Students and Postdocs: Perspectives on Program Development and Design. *CBE—Life Sciences Education*, 19(3), es7. DOI: [10.1187/cbe.19-12-0270](https://doi.org/10.1187/cbe.19-12-0270).
- Stayart, C.A., Brandt, P., Brown, A., Dahl, T., **Layton, R.L.**, Petrie, K.A., Flores-Kim, E.N., Pena, C.G., Fuhrmann, C.N., & Monsalve, G. C. (2020). Applying Inter-rater Reliability to Improve Consistency in Classifying PhD Career Outcomes [version 2; peer review: 2 approved]. *F1000Research*, 9(8), 8. doi: <https://doi.org/10.12688/f1000research.21046.2>
- Sinche, M.,* **Layton, R.L.**,* Brandt, P.D., O'Connell, A.B., J.D. Hall, Freeman, A.M., Harrell, J.R., Cook, J.G., Brennwald, P. J. (2017). An evidence-based evaluation of transferrable skills and job satisfaction for science PhDs. *PLOS One*, 12(9): e0185023. doi: [10.1371/journal.pone.0185023](https://doi.org/10.1371/journal.pone.0185023)
- Layton, R.L.**, Brandt, P.D., Freeman, A.M., Harrell, J.R., Hall, J.D., Sinche, M. (2016). Diversity Exiting the Academy: Influential Factors for the Career Choice of Well-Represented and Underrepresented Minority Scientists. *CBE—Life Sciences Education*, 15:ar41, 1–9. DOI: [10.1187/cbe.16-01-0066](https://doi.org/10.1187/cbe.16-01-0066)

BOOK CHAPTERS (PROFESSIONAL DEVELOPMENT)

- Layton, R.L.**, Hall, J.D., Hall, S.M. (2020). *Planning, goal-setting, and sticking to it*. In: *Scientific Writing: A guide to the essentials—Workshop Manual*. Eds: Erwin, A., Layton, R.L., Stember, K.G., Johnson, J., Collu, G., Hall, S.M.
- Layton, R.L.**, Hall, J.D., Hall, S.M. (2020). *Working through challenges and solutions to time management and motivation*. In: *Scientific Writing: A guide to the essentials – Workshop Manual*. Eds: Erwin, A., Layton, R.L., Stember, K.G., Johnson, J., Collu, G., Hall, S.M.
- Layton, R.L.**,* Stember, K.G.* (2020). *Ethics of Academic Authorship and Publication*. In: *Scientific Writing: A guide to the essentials – Workshop Manual*. Eds: Erwin, A., Layton, R.L., Stember, K.G., Johnson, J., Collu, G., Hall, S.M.
- Layton, R.L.**, Brandt, P.D., Brennwald, P. J. (2020). Implementation of a career cohort model at UNC Chapel Hill: Benefits to students, programs, and institutions. *BEST: Implementing Career Development Activities for Biomedical Research Trainees*. San Diego: Academic Press, pp 183-197.

CONFERENCE PRESENTATIONS (PROFESSIONAL DEVELOPMENT)

AAMC Group on Graduate Education Research and Training

- Van Wart, A., **Layton, R.L.** (2024). *Working Group: Publishing Biomedical Education, Trng, & Workforce Development Research. Graduate Career Consortium (GCC)*

- Brandt, P.D., Washington, A.M., **Layton, R.L.** (2024). *Harness YOUR Data - A live demo using an Intersectional Approach to Mental Health and Wellness Data - And interactive consult on collecting, displaying, and analyzing YOUR data!*

- Homar, K., Perez-Oquendo, M., Bray, S.H., Pearson, R., **Layton, R.L.**, Lee, N. (2024). *Communicating Innovation: Insights from GCC's Carpe Careers Contributors*.

- Ramadoss, D., Bolgioni-Smith, A., **Layton, R.L.**, Alder, J., Lundsteen, N., Stayart, C.A., Yellin, J.B., Smart, C., Varvayanis, S.S. (2021). *Using Stakeholder Insights to Enhance Engagement*.

- Collins, T.R.L., **Layton, R.L.**, MacDonald, J., Ramadoss, D., Stayart, C.A., Wheeler, R., Hao, Y., Eswara, P., Lambert, M. (2021). *Career Outcomes of Underrepresented PhDs in Training: Understanding Differences and Addressing Institutional Challenges*.

- Bolgioni-Smith, A., **Layton, R.L.**, Alder, J., Ramadoss, D., Varvayanis, S.S. (2020). *Engaging Stakeholders to Advance Career and Professional Development*.

- Collins, T.R.L., **Layton, R.L.**, MacDonald, J., Ramadoss, D., Stayart, C.A. Tessel, M., Wheeler, R. (2020). *Sharing Innovative Uses for Graduate Career Outcomes Data*.

- Layton, R.L.**, Stayart, C.A., Hyman, L., Vanderford, N., Phelps, P., Bolgioni-Smith, A., Collins, T.R.L., Johanson, K., Brady, A., Bostrom, M., Furhman, C. (2019). *Collaboration Incubator: Identifying & Developing Synergies in the Career Development Landscape*.

PROJECTS (PROFESSIONAL DEVELOPMENT)

- McLaughlin, J., **Layton, R.L.**, Nicholas, R. Watkina, P., Brouwer, K., Leysieffer, K. [T32 Program Evaluation Resources](#).

- Collins, T.R.L., **Layton, R.L.**, MacDonald, J.E., Ramadoss, D., Tessel, M.A., & Wheeler, R. (2020). *Institutional Graduate Career Outcomes Database 2020. Open Science Framework Project*. doi: [10.17605/OSF.IO/28DN6](https://doi.org/10.17605/OSF.IO/28DN6).

PEER REVIEWED PUBLICATIONS (DISCIPLINE)

- Morton, L.C., **Layton, R.L.**, Muraven, M. (2019). Social Modeling of Exercise Inventory: A measure of exercise-specific social influence. *Journal of Applied Social Psychology*. doi: [10.1111/jasp.12575](https://doi.org/10.1111/jasp.12575)
- Kornacka, M., Buczny, J., & **Layton, R.L.** (2016). Assessing Repetitive Negative Thinking Using Categorical and Transdiagnostic Approaches: A Comparison and Validation of Three Polish Language Adaptations of Self-Report Questionnaires. *Frontiers in Psychology*, 7:322, doi: [10.3389/fpsyg.2016.00322](https://doi.org/10.3389/fpsyg.2016.00322)
- DeBono, A., **Layton, R.L.**, Freeman, N., & Muraven, M. (2016). Understanding Maladaptive Responses to Rejection: Aggression with an Audience. *Journal of Social Psychology*.
- Buczny, J., **Layton, R.L.**, & Muraven, M. (2015). The Role of Implicit Affective Responses in Ego Resource Management, *Motivation and Emotion*, 1-11. doi: [10.1007/s11031-015-9489-7](https://doi.org/10.1007/s11031-015-9489-7)
- Layton, R.L.**, & Muraven, M. (2014). Self-control linked with restricted emotional extremes. *Personality and Individual Differences*, 58, 48-53. doi: [10.1016/j.paid.2013.10.004](https://doi.org/10.1016/j.paid.2013.10.004)

CONFERENCE PRESENTATIONS (DISCIPLINE) (†Trainee co-author(s))

International Association for Relationship Research (IARR)

- Layton, R.L.**, et al.† (2015). *Differences in dyadic self-efficacy between partners: Preliminary findings from a couples study*, International Association for Relationship Research.

Society for Personality and Social Psychology (SPSP)

- Layton, R.L.** (2015). *"Eeny, meeny, miny. Oh No!" Why decision-making depletes self-control*.
- Buczny, J., **Layton, R.L.**, & Muraven, M. (2015). *Do the regulatory resource mgmt slide: It's implicit, boogie woogie, woggie!*
- Layton, R.L.**, Ampel, B. C., Osgood, J. M., Parisi,† E. H., Fiorenti, S.,† & Muraven, M. (2014). *Consider this: Need for cognition mediates effects of trait self-control on rational deliberation*.
- Buczny, J., **Layton, R.L.**, & Muraven, M. (2014). *Depletable Me: Self-control resources & implicit valuation of energy*.
- Buczny, J., **Layton, R.L.**, & Muraven, M. (2013). *If you have it, spend it! Trait self-control, depletion, & valuation of ego resources*.
- Morton, L. C., **Layton, R.L.**, & Muraven, M. (2013). *Sweat your way to better health: Social influences on regular exercise*.
- Osgood, J., **Layton, R.L.**, & Muraven, M. (2013). *When less is more: self-control depletion decreases toleration of poor decisions*.
- Layton, R.L.**, & Muraven, M. (2011). *The emotional pendulum: Mood swings, emotional expression, stability, & self-control*.

New York Psychological Association (NYSPA)

- Parisi, E.H.P.,† & **Layton, R.L.** (2014). *Dazed and confused: Why ruminators lack mindfulness*.
- Layton, R.L.**, & Tan-Hui Shien, E.† (2014). *Expect the unexpected: Regulating anger or unidentified high-arousal emotions impairs self-control*.
- Katz, C.L., .,† & **Layton, R.L.** (2014). *Lose yourself in the moment: Situational self-other overlap predicts altruism*.
- Kuklinski, A.N.,† & **Layton, R.L.** (2012). *McLovin your self-esteem? SUPERBAD alcohol problems & teen mood regulation*.

Eastern Psychological Association (EPA)

- Parisi, E.H.P.,† **Layton, R.L.**, & Muraven, M. (2014). *Always on my mind: Ruminators are mindful*.
- Kuklinski, A.N.,† **Layton, R.L.**, & Muraven, M. (2013). *Reappraise & save! A more efficient way to regulate emotions?*
- Layton, R. L.**, Morton, L.C., DeMartino, S.C.,† & Muraven, M. (2011). *Self-regulatory behavior: Do or do not, there is no try*.

Association for Psychological Science (APS)

- Layton, R. L.**, Buczny, J., Endelson, T.A.,† Samuels, S.R.,† & Muraven, M. (2013). *The role of implicit affective cues in resource management*.
- Kuklinski, A.N.,† **Layton, R.L.**, & Muraven, M. (2013). *HULK SMASH! Regulating anger requires more self-control strength*.
- Layton, R.L.**, DeMartino, S.C.,† & Muraven, M. (2011). *Rollercoaster of emotion: Low self-control increases emotional intensity and fluctuations*.
- Strock, R.L., & Muraven, M. (2010). *Self-control and active procrastination: A strategy?*

POPULAR MEDIA WRITINGS (PROFESSIONAL DEVELOPMENT)

Inside Higher Education – Carpe Careers

[Navigating the hidden curriculum: Part I](#) (2023)

[Navigating the hidden curriculum: Part II](#) (2023)

[Let's Talk About Mental Health](#) (2022)

[Lessons from the trenches of motherhood & academe](#) (2021)

[Prototyping your career](#) (2021)

[Should You Look for a Window Instead of a Door?](#) (2020)

[Navigating Career Pivots](#) (2020)

[Network you way into the new year](#) (2019)

[Harnessing Power of Systematic Career Exploration](#) (2018)

Featured Podcasts

HelloPhD (2021)

[Career development is not a waste of time we have proof](#)

The Unconference (2021) [How to hire your next teammate](#)

Informational Interview 2.0 (2020) [Gain career goal clarity](#)

How did you get that job? (2020) [University program director](#)

LinkedIn Posts

[Looking for perspective? Take a trip,1000 feet up!](#) (2020)

[Skilled LinkedIn networker? 6 Secrets to Success](#) (2020)

[Just getting started? 5 Tips for Better LinkedIn Profile](#) (2020)

[Military PhDs making the most skills & experiences](#) (2020)

[There's no such thing as a neutral question find](#) (2019)

[Coaching Philosophy to Mentor: Empowered Mentees](#) (2018)

TEACHING ACTIVITES

Course Co-Instructor (UNC) – Graduate Courses

Biostatistics for Laboratory Scientists Course (BBSP 710, 6 sections, 20 - 65 students each –annually)	2019 – present
College Teaching Internship (EDUC 890, 1 section, 4-8 students – bi-annually)	2024 – present
Seminar in Education (EDUC 890, 1 section, 4-8 students– bi-annually)	2024

Course Instructor (UA) – Undergraduate Courses

Statistical Methods Course (6 sections, 30 students each)	2012 - 2014
Personality Psychology Course (2 sections, 150-200 students each)	2012 / 2013
Human Sexuality Course (1 section, 15 students)	2011

Teaching Assistant/Section Leader (UA) – Undergraduate Courses

Experimental Methods Course (1 section, 200 students)	2012
Introduction to Psychology Course (1 section, 10 students)	2010

Guest Lectures (UNC) – Graduate & Undergraduate

Career Workshop with Biophysics Students, BIOC 716 (1 session, 20 grad students)	2024
Rigor/Reproducibility, Statistical Design/Analysis, TOX 821 (3 sessions, 8-10 grad students each)	2018 – 2021
Experimental Design/Methods & Self-Control, PSY270 (2 sections, 150 undergrad students each)	2015 – 2016

INVITED TALKS (PROFESSIONAL DEVELOPMENT)

International, National, & Regional Invitations - Graduate Career Consortium

Grant Writing & Management Panel, GCC PD Committee	2021
Coaching Conversations: #HigherEdCoach A Professional Development Journey, <i>GCC/GPDN</i>	2021
Making Strides in Grad Career Outcomes Reporting: Survey Landscape/Classification/Visualization Meth	2021
IRB Process Panelist, GradEd Research Committee Open Forum, <i>GCC</i>	2021
Collaboration Incubator: Identifying & Developing Synergies, <i>GCC</i>	2019
Broadening Experience in Scientific Training Panelist, <i>Regional GCC</i>	2016

National Organizational Invitations

Transitions Academy: Planning Your Next Step After Graduate School, American Society for Cell Biology European Molecular Biology Organization (ASCB EMBO)	2021
Supporting trainees pursuing careers outside of academia, <i>FASEB</i> Webinar	2021
Q&A with Program Director Rebekah Layton , <i>American Psychological Association</i>	2020
Blue Sky Visioning Workshop, <i>BEST Annual Meeting</i>	2018
But I Have No Skills! Debunking Myths & Exploring Careers for Science PhDs, <i>SACNAS</i>	2016

National & Regional Institutional Invitations – for trainees

Alumni Mentorship Program: Launch Event (planned), Scripps Research Institute	2025
Career Symposium Keynote, Bldg a Professional Image: Your Online Footprint, St. Jude Children's Res Hospital	2024
Communication and Expectations: Becoming a Successful Mentor, <i>UCSF</i>	2022
Demystifying Your Career Choices: Career Planning for Grad Students/Postdocs, <i>UC Riverside</i>	2022
Zero to Hero Career Planning Workshops – Phase I &II, <i>Emory University</i>	2020
Building a Professional Image: Your Online Footprint, <i>UTSA</i>	2020
Developing Your Personal Brand, UTSA Badge	2020

Career Planning & Exploration Workshop, <i>Wake Forrest School of Medicine</i>	2019
Find Your A-Prime: Career Preparation & Exploration, <i>Univ of Georgia</i> , PhD Bootcamp	2019
Panelist, Work-Life Balance, <i>NIEHS Career Symposium</i>	2019
Debunking Myths & Exploring Careers for PhDs in Science, <i>Howard Hughes Med. Institute</i>	2017

National & Regional Institutional Invitations – for faculty, staff, & directors

Evaluating & Communicating Your Program Outcomes, Doctoral Life Design Studio, Johns Hopkins University	2024
Consuming, critiquing, & evaluating evidence-based research, <i>UCSF</i>	2021
Increasing productivity as a Practitioner, <i>The Education Collective at Boston University</i>	2021
Blue Sky Visioning Workshops, <i>Univ of Rochester BEST & UR Faculty Retreat</i>	2019
Twitter Workshop, <i>Durham Veterans Research Engagement Panel</i>	2018
Using a Coaching Philosophy & Positive Psychology to Mentor, <i>Women in HigherEd</i>	2018
Career Options/Advice: Transition Strategies for Careers in Science, <i>Elon University</i>	2017
Diversity Exiting the Academy Journal Club Discussion, <i>Howard Hughes Med. Institute</i>	2017

UNC Presentations – for trainees

Health Informatics Professional Development Workshop for PhDs (CHIP PhDs, planned)	2025
Relational Leadership Institute for UNC Biomedical Trainees (PhD & Postdocs)	2024
Creating Psychological Safety, <i>MAPRS</i>	2024
Career Development Workshop, <i>M&I SROP</i>	2021
Building Your Professional Image, <i>UNC PREP</i>	2021-2022
Demystifying the Networking Puzzle, <i>UNC PREP</i>	2020

INVITED TALKS (PROFESSIONAL DEVELOPMENT CONT'D)

UNC Presentations – for trainees (cont'd)

Identity, Intersectionality, Implicit Bias (IIIB) Training (Orientation BBSP First Years)	2020
Professional Development Workshop (Eshelman SOPH CMBC)	2019
Professional Development Workshop (Eshelman SOPH First Years)	2018
Zero to Hero – Phase I & II – Career Planning Workshops	2014-present

UNC Presentations – for faculty, staff, & directors

Relational Leadership at Carolina – Small Group Facilitator	
BBSP Mentor Training – Career & Professional Development Module (4 sessions, 20 faculty each, annually)	2021 - present
Coaching in Higher Ed Lunch n Learn, <i>Carolina Career Community (C3)</i>	2021
Use and Format of Qualifying Exams Across Campus Panel, <i>Ctr Innovative Pharm. Ed. & Research</i>	2021

UA Presentations – for trainees

Applying for Jobs In Psychology: job search (Dept; co-organizer)	2013
FFLC Academic Timeline; Active Learning; Writing Instr; Funding; Effective Teaching; Evals; Prof Skills Dev	2011-2013
Symposia on College Teaching (University-wide)	2011-2013
Student Utilization of Office Hours; Student Accountability Techniques; Engaging Students with Technology	

FFLC Grant Writing Panel; Summer Teaching Bootcamp; Managing Your Academic Career Panel

2011-201

MAJOR GRANTS & OTHER SUPPORT (FUNDED)

University of North Carolina at Chapel Hill

NSF 2325518 Jarstfer (PI) Role: Co-PI (5%, \$500K)	2023 - 2026
National Science Foundation Innovations in Graduate Education (IGE) Program	
My PhD: Incorporating Student-Centered Assessments into the core of PhD Training	
NIH 5R01 GM140282 Layton (PI) Role: Contact PI (20%, \$500K+)	2020 – 2024
National Institutes of Health General Medical Sciences (NIGMS) R01	
SCISIPBIO: Training Leaders - Professional Development, Mental Health, Mentoring	
NIH T32 GM086330-10 Brouwer (PI) Role: Co-I (20%, \$80K)	2020 - 2021
NIGMS Program Evaluation Supplement	
T32 Administrative Supplement to Enhance Program Evaluation Capacity	
NSF 1744445 Hyman (PI) Role: Co-I (1%, BEST-BETS sub-award, \$10K+)	2017 – 2021
National Science Foundation INCLUDES Award	
BEST BET: Broadening Experiences in Scientific Training - Beginning Enhancement Track	
NIH DP7DE024855-05 Brennwald (PI) Role: Project Manager/Program Director	2015 – 2021
NIH Broadening Experiences in Scientific Training - (Project Manager/Program Director)	
UNC ImPACT Grant (Immersion Program to Advance Career Training	

SMALL GRANTS (SELECT)

University of North Carolina at Chapel Hill (UNC)

Carolina Seminars Series, STEMM Education Research Collaborative (SERC)	2023 - present
<i>University at Albany (UA), State University of New York</i>	
Benevolent Grant; Graduate Student Association Research Grant; Graduate Teaching Assistantship	2012 - 2014
Initiatives for Women Karen R. Hitchcock New Frontiers Award; Dept Graduate Initiatives Grant	2011
Graduate Student Organization Research & Travel Grants	2010 - 2011
<i>Society for Teaching of Psychology Grants</i> - Promoting Partnerships & Early Career Travel Awards	2012 – 2013

SERVICE POSITIONS

International, National, & External Organizations

AAMC GREAT Working Grp publishing in biomedical research education & workforce development research	2024 - present
Co-Editor, Frontiers in Education Collection: Building Tomorrow's Biomedical Workforce: Evaluation of How	2023-2024
Evidence-Based Training Programs Align Skill Development and Career Awareness with a Broad Array of Professions	
Burroughs Wellcome Fund, Career Training Guidance Research Mentor (2 cohorts, bi-annual)	2022 - present
Non-Academic Career Readiness Assessment (NACRA) Committee	2020 - present
Education Research Committee, GCC	2020 - 2021
Professional Development Committee, GCC	2020 - 2021
Co-Founder, Higher Ed Special Interest Grp, International Coaching Federation-Raleigh Area Chapter (RAC)	2020 – 2024
Southeast Regional Director & Co-Director, Graduate Career Consortium	2019 - 2022
Career Outcomes Committee Member, GCC	2019 - 2021
Programs Committee Member & Membership Ambassador, International Coaching Federation-RAC	2019 – 2020
Task Force Member, Scholarly Resources in STEM PHD Education & Training	2018 – 2019

SERVICE POSITIONS (CONT'D)***UNC Institutional – service***

Advisory Board, Center for Faculty Excellence (CFE)	2024 - present
Student Life and Wellness Committee, Graduate Student Experience Initiative (GSEI)	2024 - present
Organizer, Community Leaders Development Program	2024 - present
Advisory Board, Graduate Student Experience Initiative (GSEI)	2023 - present
Co-Convenor, Carolina Seminars - STEMM Education Research Collaborative (SERC)	2023 - present
Project ACCESS Lead, Scholarship Committee, Academy of Educators (AOE)	2023 - present
Co-Director, UNC Certificate of College Science Teaching (CCST)	2020 - present
Committee Member, UNC Center for Integration of Research Teaching & Learning (CIRTL)	2015 - present
Member, UNC Graduate School Professional Development Advisory Council	2015 - present
Organizer, UNC Justice Equity Diversity Inclusion Leadership Fellows Program	2021 - 2024
Advisory Board Member, UNC EDGE (R25)	2021 - 2023
Advisory Board Member, Center for Women's Health Research (WHMC)	2021 - 2022
Committee Member, Scholarship & Programming, Academy of Educators	2022 - 2023
Diversity Advocate/Mentor, BBSP Admissions	2021 - 2022
Organizer, UNC Dismantling Racism in the Academy Journal Club/Disc Grp	2020 - 2023
Member, Military Affiliated Graduate Student (MAGS) Advisory Board	2018 - 2020
Program Coordinator, UNC Certificate of College Science Teaching	2017 - 2020
Council Member, UNC Council on Scientific Enrichment	2016 - 2018

UA Institutional – past service

Representative, UA Future Faculty Leadership Council	2011 - 2013
Campus Representative, UA Rep for Association of Psychological Science	2010 - 2013
Summer Research Pool Coordinator, UA Psychology Department	2010 – 2012

SERVICE - REVIEWS***Grant Reviewer***

NIH Special Emphasis Panel/Scientific Review Group	2024
NSF Graduate Research Fellowships Program (GRFP)	2019

Poster Reviewer

Society of Personality & Social Psychology Poster Awards	2011
Eastern Psychological Association Graduate Student Association	2010 – 2011
UA Graduate Student Organization Travel/Research Grants	2010

Ad Hoc Reviewer

<i>Journal of Racial and Ethnic Health Disparities</i>	<i>Journal of Higher Education</i>
<i>F1000 (Faculty of 1000)</i>	<i>CBE Life Sciences Education</i>
<i>Medical Education Online</i>	<i>Journal of Chemical Education</i>
<i>Higher Education Studies</i>	<i>Proceedings of the National Academies of Sciences</i>
<i>Frontiers in Education</i>	<i>Frontiers in Psychology</i>
<i>Frontiers in Psychology</i>	<i>Motivation and Emotion</i>
<i>International Journal of Educational Research Open</i>	<i>Personality and Individual Differences</i>
<i>Heliyon</i>	<i>Journal of Social and Personal Relationships</i>
<i>PLOS ONE</i>	<i>Psychology of Sport & Exercise</i>
<i>Studies in Higher Education</i>	<i>Journal of Sports Sciences</i>

HONORS/AFFILIATIONS***Professional Societies***

Graduate Career Consortium (GCC)
National Postdoctoral Association (NPA)
AAMC Graduate Research Education and Training Grp
American Educational Research Association (AERA)
International Coaching Federation (ICF)

Honor Societies

Academy of Educators Member, <i>UNC SOM</i>
Research Honor Society Member, <i>Sigma Xi</i>