

## **EDUCATION**

Postdoc, Behavioral Science   University of North Carolina at Chapel Hill	2015
Ph.D., Personality & Social Psychology   <i>University at Albany, State University of NY</i>	2014
M.A., Psychology   <i>University at Albany, State University of New York (SUNY)</i>	2011
B.A., Psychology   History & Sociology of Science   <i>University of Pennsylvania</i>	2005
Professional Certified Coach (PCC), <i>International Coaching Federation</i>	2020
Certified MentorCoach (CMC), <i>MentorCoach</i>	2019

## **PROFESSIONAL EXPERIENCE**

### *University of North Carolina at Chapel Hill*

Associate Chair of Education & Training, Microbiology & Immunology, <i>School of Medicine</i>	2025 - present
Teaching Assistant Professor, Microbiology & Immunology, <i>School of Medicine</i>	2025 - present
Adjunct Associate Professor, <i>School of Education</i>	2022 - present
Director, Professional Development Programs, <i>School of Medicine</i>	2018 - 2025
Program Director, Training Initiatives in Biological & Biomedical Science, <i>School of Medicine</i>	2015 - 2018
Project Manager/Postdoc Research Associate, Partners in Active Living Study, <i>School of Medicine</i>	2014 - 2015
<i>University at Albany, SUNY</i> - Graduate Research Assistant, Self-Control in Life Lab	2009 – 2014
<i>United States Army</i> - Military Police Officer (Captain)	2005 - 2009
<i>University of Pennsylvania</i> - Research Assistant, Positive Psychology Center	2004 - 2005

## **HONORS (SELECT)**

ICF Coaching Impact Awards for Professional Coaches - <i>Accomplished Coach (Runner-Up)</i>	2024
AOE Scholarship Award, <i>UNC Academy of Educators</i>	2023
Gwendolyn Harrison Smith Honorary Community Award, <i>UNC Graduate &amp; Professional Student Government</i>	2021
Distinguished Alumnae Award, <i>Emma Willard School</i>	2011

## **PEER REVIEWED PUBLICATIONS (PROFESSIONAL DEVELOPMENT - (\*Co-First/Co-Senior | †Trainee co-author)**

- Collins, T., Ramadoss, D., **Layton, R.**, MacDonald, J., Wheeler, R., Bankston, A., Stayart, C.A., Hao, Y., Robinson-Hamm, J.N., Sinche, M., Burghart, S., Carlsen-Bruyan, A., Eswara, P., Krasna, H., Xu, H., & Sullivan, M. (in press). Making Strides in Doctoral-Level Career Outcomes Reporting: Surveying the Landscape of Classification and Visualization Methodologies and Creating a Crosswalk Tool. *Frontiers in Education*. bioRxiv. doi: <https://doi.org/10.1101/2021.07.12.451657>
- Davidson, A., † McLaughlin, J., **Layton, R.L.**, Brandt, P.D. & Jarstfer, M. (2024). Innovations in Qualifying Exams: Toward Student-Centered Doctoral Training. *Frontiers in Education*. doi: <https://doi.org/10.3389/feduc.2024.1474572>
- Chatterjee, D., Nogueira, A.T., † Wefes, I., Chalkley, R., Varvayanis, S.S., Fuhrmann, C.N., Varadarajan, J., Jacob, G.A., † Gaines, C.H., † Hubbard, N.M., Chaudhary, S., & **Layton, R.L.** (2024). Citizenship status and career self-efficacy: An intersectional study of biomedical trainees in the United States. *PLOS ONE* 19(3): e0296246. doi: <https://doi.org/10.1371/journal.pone.0280608>
- Brandt, P.D., Whittington, D., Wood, K.D., Holmquist, C.H., Nogueira, A.T., † Gaines, C.H., † Brennwald, P.J., & **Layton, R.L.** Development and Assessment of a Sustainable PhD Internship Program Supporting Diverse Biomedical Career Outcomes. (2023). *eLife*, 12:RP91011. doi: <https://doi.org/10.7554/eLife.91011.1>
- McLaughlin, J. E., Morbitzer, K., Meilhac, M., † Poupart, N., † **Layton, R.L.**, & Jarstfer, M.B. (2023). Standards needed? An Exploration of Qualifying Exams from a Literature Review and Website Analysis of University-Wide Policies. *Studies in Graduate and Postdoctoral Education*. doi: <https://doi.org/10.1108/SGPE-11-2022-0073>
- Van Wart, A., Djorić, D., † D'Silva, N.M., † **Layton, R.L.**, Hardy, L., † Suelzer, E., Tetzlaff J.E. (2023). An emerging field: An evaluation of biomedical graduate student and postdoctoral education and training research across seven decades. *PLOS ONE*, e0282262. doi: <https://doi.org/10.1371/journal.pone.0282262>
- Chatterjee, D., \* Jacob, G.A., \* † Varvayanis, S.S., Wefes, I., Chalkley, R., Nogueira, A.T., † Fuhrmann C.N., Varadarajan J., Hubbard, N.M., † Gaines C.H., † **Layton R.L.**, \* & Chaudhary, S.\* (2023). Career self-efficacy disparities in underrepresented biomedical scientist trainees. *Plos one*, 18(3), e0280608. Doi: <https://doi.org/10.1371/journal.pone.0280608>
- McLaughlin, J.E., **Layton, R.L.**, Watkins, P.B., Nicholas, R.A., & Brouwer, K.L. (2022). Developing evidence-based resources for evaluating postgraduate trainees in the biomedical sciences. *Plos one*, 17(12), e0278297. Doi: <https://doi.org/10.1371/journal.pone.0278297>
- Schad, A., \* **Layton, R. L.**, \* Ragland, D., & Cook, J. G. (2022). Equity, Diversity and Inclusion: Mental health in medical and biomedical doctoral students during the 2020 COVID-19 pandemic and racial protests. *Elife*, 11, e69960. Doi: <https://doi.org/10.7554/eLife.69960>
- Layton R.L.**, Solberg V.S.H., Jahangir A.E., Hall J.D., Ponder C.A., Micoli K.J., & Vanderford N.L. (2022). Layton RL, Solberg VSH, Jahangir AE et al. Career planning courses increase career readiness of graduate and postdoctoral trainees. *F1000Research*, 9:1230 (<https://doi.org/10.12688/f1000research.26025.2>).

## **PEER REVIEWED PUBLICATIONS (PROFESSIONAL DEVELOPMENT – Cont'd)**

- Collins, T.R.L., Hoff, K., Starback, M., Brandt, P.D., Holmquist, C.E.,† & **Layton, R.L.** (2022). Creating and sustaining collaborative multi-institutional industry site visit programs: a toolkit. *F1000Research* 2022, 9:1317  
(<https://doi.org/10.12688/f1000research.26598.2>)
- Ramadoss, D., Bolgioni, A.F., **Layton, R.L.**, Alder, J., Lundsteen, N., Stayart, C.A., Yellin, J.B., Smart, C.L., Varvayanis, S.S. (2022). Using Stakeholder Insights to Enhance Engagement in PhD Professional Development. *PLOS ONE*. doi: [10.1371/journal.pone.0262191](https://doi.org/10.1371/journal.pone.0262191)
- Brandt, P.D., Varvayanis, S.S., Baas, T., Bolgioni-Smith, A., Alder, J., Petrie, K.A., Dominguez, I., Brown, A.M., Stayart, C.A., Singh, H., Van Wart, A., Chow, C.S., Mathur, A., Schreiber, B.M., Fruman, D.A., Bowden, B., Holmquist, C.E.,† Arneman, D., Hall, J.D., Hyman, L.E., Gould, K.L., Chalkley, R., Brennwald, P.J., & **Layton, R.L.** (2021). A cross-institutional analysis of the effects of broadening trainee professional development on research productivity. *PLoS Biology*, 19(7), e3000956. doi: <https://doi.org/10.1371/journal.pbio.3000956>
- Van Wart, A., O'Brien, T.C., Varvayanis, S., Alder, J., Greenier, J., **Layton, R.L.**, Stayart, C.A., Wefes, I., Brady, A.E. (2020). Applying Experiential Learning to Career Development Training for Biomedical Graduate Students and Postdocs: Perspectives on Program Development and Design. *CBE—Life Sciences Education*, 19(3), es7. DOI: [10.1187/cbe.19-12-0270](https://doi.org/10.1187/cbe.19-12-0270)
- Stayart, C.A., Brandt, P., Brown, A., Dahl, T., **Layton, R.L.**, Petrie, K.A., Flores-Kim, E.N., Pena, C.G., Fuhrmann, C.N., & Monsalve, G. C. (2020). Applying Inter-rater Reliability to Improve Consistency in Classifying PhD Career Outcomes [version 2; peer review: 2 approved]. *F1000Research*, 9(8), 8. doi: <https://doi.org/10.12688/f1000research.21046.2>
- Sinche, M.,\* **Layton, R.L.**,\* Brandt, P.D., O'Connell, A.B., J.D. Hall, Freeman, A.M., Harrell, J.R., Cook, J.G., Brennwald, P. J. (2017). An evidence-based evaluation of transferrable skills and job satisfaction for science PhDs. *PLOS One*, 12(9): e0185023. doi: [10.1371/journal.pone.0185023](https://doi.org/10.1371/journal.pone.0185023)
- Layton, R.L.**, Brandt, P.D., Freeman, A.M., Harrell, J.R., Hall, J.D., Sinche, M. (2016). Diversity Exiting the Academy: Influential Factors for the Career Choice of Well-Represented and Underrepresented Minority Scientists. *CBE—Life Sciences Education*, 15:ar41, 1–9. DOI:[10.1187/cbe.16-01-0066](https://doi.org/10.1187/cbe.16-01-0066)

## **BOOK CHAPTERS (PROFESSIONAL DEVELOPMENT)**

- Layton, R.L.**, Hall, J.D., Hall, S.M. (2020). *Planning, goal-setting, and sticking to it*. In: Scientific Writing: A guide to the essentials—Workshop Manual. Eds: Erwin, A., Layton, R.L., Stember, K.G., Johnson, J., Collu, G., Hall, S.M.
- Layton, R.L.**, Hall, J.D., Hall, S.M. (2020). *Working through challenges and solutions to time management and motivation*. In: Scientific Writing: A guide to the essentials – Workshop Manual. Eds: Erwin, A., Layton, R.L., Stember, K.G., Johnson, J., Collu, G., Hall, S.M.
- Layton, R.L.**,\* Stember, K.G.\* (2020). *Ethics of Academic Authorship and Publication*. In: Scientific Writing: A guide to the essentials – Workshop Manual. Eds: Erwin, A., Layton, R.L., Stember, K.G., Johnson, J., Collu, G., Hall, S.M.
- Layton, R.L.**, Brandt, P.D., Brennwald, P. J. (2020). Implementation of a career cohort model at UNC Chapel Hill: Benefits to students, programs, and institutions. *BEST: Implementing Career Development Activities for Biomedical Research Trainees*. San Diego: Academic Press, pp 183-197.

## **CONFERENCE PRESENTATIONS (PROFESSIONAL DEVELOPMENT)**

### **AAMC Group on Graduate Education Research and Training**

Van Wart, A., **Layton, R.L.** (2024). *Working Group: Publishing Biomedical Education, Trng, & Workforce Development Research. Graduate Career Consortium (GCC)*

- Brandt, P.D., Washington, A.M., **Layton, R.L.** (2024). *Harness YOUR Data - A live demo using an Intersectional Approach to Mental Health and Wellness Data - And interactive consult on collecting, displaying, and analyzing YOUR data!*
- Homar, K., Perez-Oquendo, M., Bray, S.H., Pearson, R., **Layton, R.L.**, Lee, N. (2024). *Communicating Innovation: Insights from GCC's Carpe Careers Contributors*.
- Ramadoss, D., Bolgioni-Smith, A., **Layton, R.L.**, Alder, J., Lundsteen, N., Stayart, C.A., Yellin, J.B., Smart, C., Varvayanis, S.S. (2021). *Using Stakeholder Insights to Enhance Engagement*.
- Collins, T.R.L., **Layton, R.L.**, MacDonald, J., Ramadoss, D., Stayart, C.A., Wheeler, R., Hao, Y., Eswara, P., Lambert, M. (2021). *Career Outcomes of Underrepresented PhDs in Training: Understanding Differences and Addressing Institutional Challenges*.
- Bolgioni-Smith, A., **Layton, R.L.**, Alder, J., Ramadoss, D., Varvayanis, S.S. (2020). *Engaging Stakeholders to Advance Career and Professional Development*.
- Collins, T.R.L., **Layton, R.L.**, MacDonald, J., Ramadoss, D., Stayart, C.A. Tessel, M., Wheeler, R. (2020). *Sharing Innovative Uses for Graduate Career Outcomes Data*.
- Layton, R.L.**, Stayart, C.A., Hyman, L., Vanderford, N., Phelps, P., Bolgioni-Smith, A., Collins, T.R.L., Johanson, K., Brady, A., Bostrom, M., Furhman, C. (2019). *Collaboration Incubator: Identifying & Developing Synergies in the Career Development Landscape*.

## **PROJECTS (PROFESSIONAL DEVELOPMENT)**

- McLaughlin, J., **Layton, R.L.**, Nicholas, R. Watkina, P., Brouwer, K., Leysieffer, K. [T32 Program Evaluation Resources](#).
- Collins, T.R.L., **Layton, R.L.**, MacDonald, J.E., Ramadoss, D., Tessel, M.A., & Wheeler, R. (2020). Institutional Graduate Career Outcomes Database 2020. Open Science Framework Project. doi: [10.17605/OSF.IO/28DN6](https://doi.org/10.17605/OSF.IO/28DN6).

**PEER REVIEWED PUBLICATIONS (DISCIPLINE)**

- Morton, L.C., **Layton, R.L.**, Muraven, M. (2019). Social Modeling of Exercise Inventory: A measure of exercise-specific social influence. *Journal of Applied Social Psychology*. doi: [10.1111/jasp.12575](https://doi.org/10.1111/jasp.12575)
- Kornacka, M., Buczny, J., & **Layton, R.L.** (2016). Assessing Repetitive Negative Thinking Using Categorical and Transdiagnostic Approaches: A Comparison and Validation of Three Polish Language Adaptations of Self-Report Questionnaires. *Frontiers in Psychology*, 7:322, doi: [10.3389/fpsyg.2016.00322](https://doi.org/10.3389/fpsyg.2016.00322)
- DeBono, A., **Layton, R.L.**, Freeman, N., & Muraven, M. (2016). Understanding Maladaptive Responses to Rejection: Aggression with an Audience. *Journal of Social Psychology*.
- Buczny, J., **Layton, R.L.**, & Muraven, M. (2015). The Role of Implicit Affective Responses in Ego Resource Management, *Motivation and Emotion*, 1-11. doi: [10.1007/s11031-015-9489-7](https://doi.org/10.1007/s11031-015-9489-7)
- Layton, R.L.**, & Muraven, M. (2014). Self-control linked with restricted emotional extremes. *Personality and Individual Differences*, 58, 48-53. doi: [10.1016/j.paid.2013.10.004](https://doi.org/10.1016/j.paid.2013.10.004)

**CONFERENCE PRESENTATIONS (DISCIPLINE) (†Trainee co-author(s))****International Association for Relationship Research (IARR)**

- Layton, R.L.**, et al.† (2015). *Differences in dyadic self-efficacy between partners: Preliminary findings from a couples study*, International Association for Relationship Research.

**Society for Personality and Social Psychology (SPSP)**

- Layton, R.L.** (2015). "Eeeny, meeny, miny. Oh No!" Why decision-making depletes self-control.
- Buczny, J., **Layton, R.L.**, & Muraven, M. (2015). *Do the regulatory resource mgmt slide: It's implicit, boogie woogie, woggie!*
- Layton, R.L.**, Ampel, B. C., Osgood, J. M., Parisi,† E. H., Fiorenti, S.,† & Muraven, M. (2014). *Consider this: Need for cognition mediates effects of trait self-control on rational deliberation*.
- Buczny, J., **Layton, R.L.**, & Muraven, M. (2014). *Depletable Me: Self-control resources & implicit valuation of energy*.
- Buczny, J., **Layton, R.L.**, & Muraven, M. (2013). *If you have it, spend it! Trait self-control, depletion, & valuation of ego resources*.
- Morton, L. C., **Layton, R.L.**, & Muraven, M. (2013). *Sweat your way to better health: Social influences on regular exercise*.
- Osgood, J., **Layton, R.L.**, & Muraven, M. (2013). *When less is more: self-control depletion decreases toleration of poor decisions*.
- Layton, R.L.**, & Muraven, M. (2011). *The emotional pendulum: Mood swings, emotional expression, stability, & self-control*.

**New York Psychological Association (NYSPA)**

- Parisi, E.H.P.,† & **Layton, R.L.** (2014). *Dazed and confused: Why ruminators lack mindfulness*.
- Layton, R.L.**, & Tan-Hui Shien, E.† (2014). *Expect the unexpected: Regulating anger or unidentified high-arousal emotions impairs self-control*.
- Katz, C.L., † & **Layton, R.L.** (2014). *Lose yourself in the moment: Situational self-other overlap predicts altruism*.
- Kuklinski, A.N.,† & **Layton, R.L.** (2012). *McLovin your self-esteem? SUPERBAD alcohol problems & teen mood regulation*.

**Eastern Psychological Association (EPA)**

- Parisi, E.H.P.,† **Layton, R.L.**, & Muraven, M. (2014). *Always on my mind: Ruminators are mindful*.
- Kuklinski, A.N.,† **Layton, R.L.**, & Muraven, M. (2013). *Reappraise & save! A more efficient way to regulate emotions?*
- Layton, R. L.**, Morton, L.C., DeMartino, S.C.,† & Muraven, M. (2011). *Self-regulatory behavior: Do or do not, there is no try*.

**Association for Psychological Science (APS)**

- Layton, R. L.**, Buczny, J., Endelson, T.A.,† Samuels, S.R.,† & Muraven, M. (2013). *The role of implicit affective cues in resource management*.
- Kuklinski, A.N.,† **Layton, R.L.**, & Muraven, M. (2013). *HULK SMASH! Regulating anger requires more self-control strength*.
- Layton, R.L.**, DeMartino, S.C.,† & Muraven, M. (2011). *Rollercoaster of emotion: Low self-control increases emotional intensity and fluctuations*.
- Strock, R.L.**, & Muraven, M. (2010). *Self-control and active procrastination: A strategy?*

**POPULAR MEDIA WRITINGS (PROFESSIONAL DEVELOPMENT)****Inside Higher Education – Carpe Careers**

- [Navigating the hidden curriculum: Part I](#) (2023)
- [Navigating the hidden curriculum: Part II](#) (2023)
- [Let's Talk About Mental Health](#) (2022)
- [Lessons from the trenches of motherhood & academe](#) (2021)

**Featured Podcasts**

- HelloPhD (2021)
- [Career development is not a waste of time we have proof](#)
- The Unconference (2021) [How to hire your next teammate](#)
- Informational Interview 2.0 (2020) [Gain career goal clarity](#)
- How did you get that job? (2020) [University program director](#)

[Prototyping your career](#) (2021)

- [Should You Look for a Window Instead of a Door?](#) (2020)
- [Navigating Career Pivots](#) (2020)
- [Network your way into the new year](#) (2019)
- [Harnessing Power of Systematic Career Exploration](#) (2018)

**LinkedIn Posts**

- [Looking for perspective? Take a trip, 1000 feet up!](#) (2020)
- [Skilled LinkedIn networker? 6 Secrets to Success](#) (2020)
- [Just getting started? 5 Tips for Better LinkedIn Profile](#) (2020)
- [Military PhDs making the most skills & experiences](#) (2020)
- [There's no such thing as a neutral question find](#) (2019)
- [Coaching Philosophy to Mentor: Empowered Mentees](#) (2018)

**TEACHING ACTIVITIES*****Course Co-Instructor (UNC) – Graduate Courses***

Biostatistics for Laboratory Scientists Course (BBSP 710, 6 sections, 20 - 65 students each –annually)	2019 – present
College Teaching Internship (EDUC 890, 1 section, 4-8 students – bi-annually)	2024 – present
Seminar in Education (EDUC 890, 1 section, 4-8 students– bi-annually)	2024

***Course Instructor (UA) – Undergraduate Courses***

Statistical Methods Course (6 sections, 30 students each)	2012 - 2014
Personality Psychology Course (2 sections, 150-200 students each)	2012 / 2013
Human Sexuality Course (1 section, 15 students)	2011

***Teaching Assistant/Section Leader (UA) – Undergraduate Courses***

Experimental Methods Course (1 section, 200 students)	2012
Introduction to Psychology Course (1 section, 10 students)	2010

***Guest Lectures (UNC) – Graduate & Undergraduate***

Career Workshop with Biophysics Students, BIOC 716 (1 session, 20 grad students)	2024
Rigor/Reproducibility, Statistical Design/Analysis, TOX 821 (3 sessions, 8-10 grad students each)	2018 – 2021
Experimental Design/Methods & Self-Control, PSY270 (2 sections, 150 undergrad students each)	2015 – 2016

**INVITED TALKS (PROFESSIONAL DEVELOPMENT)*****International, National, & Regional Invitations - Graduate Career Consortium***

Grant Writing & Management Panel, GCC PD Committee	2021
Coaching Conversations: #HigherEdCoach A Professional Development Journey, <i>GCC/GPDN</i>	2021
Making Strides in Grad Career Outcomes Reporting: Survey Landscape/Classification/Visualization Meth	2021
IRB Process Panelist, GradEd Research Committee Open Forum, <i>GCC</i>	2021
Collaboration Incubator: Identifying & Developing Synergies, <i>GCC</i>	2019
Broadening Experience in Scientific Training Panelist, <i>Regional GCC</i>	2016

***National Organizational Invitations***

Transitions Academy: Planning Your Next Step After Graduate School, American Society for Cell Biology   European Molecular Biology Organization (ASCB EMBO)	2021
Supporting trainees pursuing careers outside of academia, <i>FASEB Webinar</i>	2021
<a href="#">Q&amp;A with Program Director Rebekah Layton</a> , <i>American Psychological Association</i>	2020
Blue Sky Visioning Workshop, <i>BEST Annual Meeting</i>	2018
But I Have No Skills! Debunking Myths & Exploring Careers for Science PhDs, SACNAS	2016

***National & Regional Institutional Invitations – for trainees***

Alumni Mentorship Program: Launch Event (planned), Scripps Research Institute	2025
Career Symposium Keynote, Bldg a Professional Image: Your Online Footprint, St. Jude Children's Res Hospital	2024
Communication and Expectations: Becoming a Successful Mentor, <i>UCSF</i>	2022
Demystifying Your Career Choices: Career Planning for Grad Students/Postdocs, <i>UC Riverside</i>	2022
Zero to Hero Career Planning Workshops – Phase I &II, <i>Emory University</i>	2020
Building a Professional Image: Your Online Footprint, <i>UTSA</i>	2020
<a href="#">Developing Your Personal Brand</a> , <a href="#">UTSA Badge</a>	2020
Career Planning & Exploration Workshop, <i>Wake Forrest School of Medicine</i>	2019
Find Your A-Prime: Career Preparation & Exploration, <i>Univ of Georgia</i> , PhD Bootcamp	2019
Panelist, Work-Life Balance, <i>NIEHS Career Symposium</i>	2019
Debunking Myths & Exploring Careers for PhDs in Science, <i>Howard Hughes Med. Institute</i>	2017

***National & Regional Institutional Invitations – for faculty, staff, & directors***

Evaluating & Communicating Your Program Outcomes, Doctoral Life Design Studio, Johns Hopkins University	2024
Consuming, critiquing, & evaluating evidence-based research, <i>UCSF</i>	2021
Increasing productivity as a Practitioner, <i>The Education Collective at Boston University</i>	2021
Blue Sky Visioning Workshops, <i>Univ of Rochester BEST &amp; UR Faculty Retreat</i>	2019
Twitter Workshop, <i>Durham Veterans Research Engagement Panel</i>	2018
Using a Coaching Philosophy & Positive Psychology to Mentor, <i>Women in HigherEd</i>	2018
Career Options/Advice: Transition Strategies for Careers in Science, <i>Elon University</i>	2017
Diversity Exiting the Academy Journal Club Discussion, <i>Howard Hughes Med. Institute</i>	2017

***UNC Presentations – for trainees***

Health Informatics Professional Development Workshop for PhDs (CHIP PhDs, planned)	2025
Relational Leadership Institute for UNC Biomedical Trainees (PhD & Postdocs)	2024
Creating Psychological Safety, MAPRS	2024
Career Development Workshop, M&I SROP	2021
Building Your Professional Image, UNC PREP	2021-2022
Demystifying the Networking Puzzle, UNC PREP	2020



**INVITED TALKS (PROFESSIONAL DEVELOPMENT CONT'D)****UNC Presentations – for trainees (cont'd)**

Identity, Intersectionality, Implicit Bias (IIB) Training (Orientation BBSP First Years)	2020
Professional Development Workshop (Eshelman SOPH CMBC)	2019
Professional Development Workshop (Eshelman SOPH First Years)	2018
Zero to Hero – Phase I & II – Career Planning Workshops	2014-present

**UNC Presentations – for faculty, staff, & directors**

Relational Leadership at Carolina – Small Group Facilitator	
BBSP Mentor Training – Career & Professional Development Module (4 sessions, 20 faculty each, annually)	2021 - present
Coaching in Higher Ed Lunch n Learn, <i>Carolina Career Community (C3)</i>	2021
Use and Format of Qualifying Exams Across Campus Panel, <i>Ctr Innovative Pharm. Ed. &amp; Research</i>	2021

**UA Presentations – for trainees**

Applying for Jobs In Psychology: job search (Dept; co-organizer)	2013
FFLC Academic Timeline; Active Learning; Writing Instr; Funding; Effective Teaching; Evals; Prof Skills Dev	2011-2013
Symposia on College Teaching (University-wide)	2011-2013
Student Utilization of Office Hours; Student Accountability Techniques; Engaging Students with Technology	
FFLC Grant Writing Panel; Summer Teaching Bootcamp; Managing Your Academic Career Panel	2011-201

**MAJOR GRANTS & OTHER SUPPORT (FUNDED)****University of North Carolina at Chapel Hill**

<b>NSF 2325518</b> Jarstfer (PI) Role: Co-PI (5%, \$500K)	2023 - 2026
National Science Foundation Innovations in Graduate Education (IGE) Program	
My PhD: Incorporating Student-Centered Assessments into the core of PhD Training	
<b>NIH 5R01 GM140282</b> Layton (PI) Role: Contact PI (20%, \$500K+)	2020 – 2024
National Institutes of Health General Medical Sciences (NIGMS) R01	
SCISIPBIO: Training Leaders - Professional Development, Mental Health, Mentoring	
<b>NIH T32 GM086330-10</b> Brouwer (PI) Role: Co-I (20%, \$80K)	2020 - 2021
NIGMS Program Evaluation Supplement	
T32 Administrative Supplement to Enhance Program Evaluation Capacity	
<b>NSF 1744445</b> Hyman (PI) Role: Co-I (1%, BEST-BETS sub-award, \$10K+)	2017 – 2021
National Science Foundation INCLUDES Award	
BEST BET: Broadening Experiences in Scientific Training - Beginning Enhancement Track	
<b>NIH DP7DE024855-05</b> Brennwald (PI) Role: Project Manager/Program Director	2015 – 2021
NIH Broadening Experiences in Scientific Training - (Project Manager/Program Director)	
UNC ImPACT Grant (Immersion Program to Advance Career Training)	

**SMALL GRANTS (SELECT)****University of North Carolina at Chapel Hill (UNC)**

Carolina Seminars Series, STEMM Education Research Collaborative (SERC)	2023 - present
<b>University at Albany (UA), State University of New York</b>	
Benevolent Grant; Graduate Student Association Research Grant; Graduate Teaching Assistantship	2012 - 2014
Initiatives for Women Karen R. Hitchcock New Frontiers Award; Dept Graduate Initiatives Grant	2011
Graduate Student Organization Research & Travel Grants	2010 - 2011
<i>Society for Teaching of Psychology Grants</i> - Promoting Partnerships & Early Career Travel Awards	2012 – 2013

**SERVICE POSITIONS****International, National, & External Organizations**

AAMC GREAT Working Grp publishing in biomedical research education & workforce development research	2024 - present
Co-Editor, Frontiers in Education Collection: <a href="#">Building Tomorrow's Biomedical Workforce: Evaluation of How</a>	2023-2024
<a href="#">Evidence-Based Training Programs Align Skill Development and Career Awareness with a Broad Array of Professions</a>	
Burroughs Wellcome Fund, Career Training Guidance Research Mentor (2 cohorts, bi-annual)	2022 - present
Non-Academic Career Readiness Assessment (NACRA) Committee	2020 - present
Education Research Committee, GCC	2020 - 2021
Professional Development Committee, GCC	2020 - 2021
Co-Founder, Higher Ed Special Interest Grp, International Coaching Federation-Raleigh Area Chapter (RAC)	2020 – 2024
Southeast Regional Director & Co-Director, Graduate Career Consortium	2019 - 2022
Career Outcomes Committee Member, GCC	2019 - 2021
Programs Committee Member & Membership Ambassador, International Coaching Federation-RAC	2019 – 2020
Task Force Member, Scholarly Resources in STEM PHD Education & Training	2018 – 2019

**SERVICE POSITIONS (CONT'D)*****UNC Institutional – service***

Advisory Board, Center for Faculty Excellence (CFE)	2024 - present
Student Life and Wellness Committee, Graduate Student Experience Initiative (GSEI)	2024 - present
Organizer, Community Leaders Development Program	2024 - present
Advisory Board, Graduate Student Experience Initiative (GSEI)	2023 - present
Co-Convener, Carolina Seminars - STEMM Education Research Collaborative (SERC)	2023 - present
Project ACCESS Lead, Scholarship Committee, Academy of Educators (AOE)	2023 - present
Co-Director, UNC Certificate of College Science Teaching (CCST)	2020 - present
Committee Member, UNC Center for Integration of Research Teaching & Learning (CIRTL)	2015 - present
Member, UNC Graduate School Professional Development Advisory Council	2015 - present
Organizer, UNC Justice Equity Diversity Inclusion Leadership Fellows Program	2021 - 2024
Advisory Board Member, UNC EDGE (R25)	2021 - 2023
Advisory Board Member, Center for Women's Health Research (WHMC)	2021 - 2022
Committee Member, Scholarship & Programming, Academy of Educators	2022 - 2023
Diversity Advocate/Mentor, BBSP Admissions	2021 - 2022
Organizer, UNC Dismantling Racism in the Academy Journal Club/Disc Grp	2020 - 2023
Member, Military Affiliated Graduate Student (MAGS) Advisory Board	2018 - 2020
Program Coordinator, UNC Certificate of College Science Teaching	2017 - 2020
Council Member, UNC Council on Scientific Enrichment	2016 - 2018

***UA Institutional – past service***

Representative, UA Future Faculty Leadership Council	2011 - 2013
Campus Representative, UA Rep for Association of Psychological Science	2010 - 2013
Summer Research Pool Coordinator, UA Psychology Department	2010 - 2012

**SERVICE - REVIEWS*****Grant Reviewer***

NIH Special Emphasis Panel/Scientific Review Group	2024
NSF Graduate Research Fellowships Program (GRFP)	2019

***Poster Reviewer***

Society of Personality & Social Psychology Poster Awards	2011
Eastern Psychological Association Graduate Student Association	2010 - 2011
UA Graduate Student Organization Travel/Research Grants	2010

***Ad Hoc Reviewer***

<i>Journal of Racial and Ethnic Health Disparities</i>	<i>Journal of Higher Education</i>
<i>F1000 (Faculty of 1000)</i>	<i>CBE Life Sciences Education</i>
<i>Medical Education Online</i>	<i>Journal of Chemical Education</i>
<i>Higher Education Studies</i>	<i>Proceedings of the National Academies of Sciences</i>
<i>Frontiers in Education</i>	<i>Frontiers in Psychology</i>
<i>Frontiers in Psychology</i>	<i>Motivation and Emotion</i>
<i>International Journal of Educational Research Open</i>	<i>Personality and Individual Differences</i>
<i>Heliyon</i>	<i>Journal of Social and Personal Relationships</i>
<i>PLOS ONE</i>	<i>Psychology of Sport &amp; Exercise</i>
<i>Studies in Higher Education</i>	<i>Journal of Sports Sciences</i>

**HONORS/AFILIATIONS*****Professional Societies***

Graduate Career Consortium (GCC)  
National Postdoctoral Association (NPA)  
AAMC Graduate Research Education and Training Grp  
American Educational Research Association (AERA)  
International Coaching Federation (ICF)

***Honor Societies***

Academy of Educators Member, *UNC SOM*  
Research Honor Society Member, *Sigma Xi*