



NC MATTERS

Coding for Telepsychiatry Consultation and Other Behavioral Health Services

TIP SHEET FOR PERINATAL CARE PROVIDERS

JUNE 2025

	Billing Codes	Medicaid* Reimbursement (Non-Facility Rate)	State Health Plan	Other Insurers ⁺	RVUs
NC MATTERS Interprofessional Consultation (once/patient every 14 days)	99452 (16-30 min)	\$27.50	Covered	United, Medicare	0.7
2nd NC MATTERS consultation within 14-day window (billed outside of global)	Upcode visit based on time 99213 → 99214 99214 → 99215	Δ \$29.59 Δ \$28.82	Covered		Δ 0.62 Δ 0.88
Behavioral Health Assessment (e.g., EPDS, PHQ, C-SSRS, GAD-7)	96127 (include ICD10 code, e.g., Z13.39)	\$4.25	Covered	Cigna, Medicare	0
Interpersonal Violence Screening	S0280 (via Medicaid risk screening form)	\$50	N/A	N/A	N/A
Smoking Cessation Counseling	99406 (3-10 min; max 4/year) 99407 (11+ min; max 4/year)	\$11.57 \$22.36	Covered	BCBS-NC, Cigna, Medicare	0.24 0.50
Substance Use Screening (Screening, Brief Intervention, & Referral to Treatment for SUD)	96160 (DAST-10, AUDIT) Code for intervention / referral based on E&M	\$3.74	Covered (May require precertification in behavioral health settings)	BCBS-NC, Cigna	0
Patient-Focused Health Risk Assessment using standardized tool (for Social Determinants of Health)	96160	\$3.74	Covered	United, Cigna, Medicare	0

* Medicaid rates are from the NC Medicaid Physician Services Fee Schedule and should apply to both the standard and tailored plans. Check your local contract to confirm coverage.

⁺ May not apply to all plans under the listed insurance provider. Check your local contract to confirm coverage.