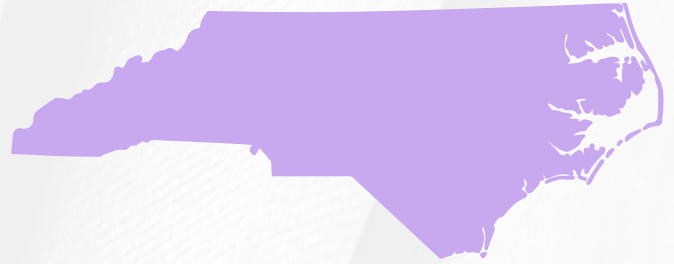




# NC MATTERS

Making Access to Treatment, Evaluation, Resources, and Screening Better

[ncmatters.org](http://ncmatters.org)



## WHAT IS IT?

**No-cost consultation** for healthcare professionals addressing maternal mental health and substance use

**Education and Support** to improve local providers' knowledge, confidence, and connections

## HOW DOES IT WORK?

Community providers access mental health services for their patients in three ways:

Answers to diagnostic & clinical questions

Help identifying & navigating local resources

Free psychiatry consultation for patients via telehealth

## WHAT DO I NEED TO DO?

### 1. Formulate your clinical question

Have handy: screening tool results, treatment history, patient preferences, relevant family history

### 2. Call the NC MATTERS consult line

Speak with a Behavioral Health Coordinator (BHC)

### 3. Expect a call back from a perinatal psychiatrist within 10 minutes

Or schedule a call-back time that's convenient to you

NC MATTERS supports healthcare professionals licensed to work in our state. Find out about other psychiatry access programs across the country by visiting:

<https://www.umassmed.edu/lifeline4moms/Access-Programs/>



Scan the QR code above to visit our website OR call our line at:

**(919)681-2909 X2**

Monday - Friday 8am - 5pm

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