

Community Resources for Families Impacted by Stroke

North Carolina Stroke Association

Comprehensive preventative and education resources for patients, families, and caregivers.

Phone: (336) 713-5052

Website: <http://www.ncstroke.org/>

National Family Caregiver Support Program

Services and respite care to support and assist family caregivers.

Phone: 1.800.662.7030 (NC Department of Health and Human Services Customer Service Center)

Website: <https://www.ncdhhs.gov/assistance/adult-services/family-caregiver-support>

Stroke Support Groups

Visit the website below to find a stroke support group in your area.

Website: <http://www.strokeassociation.org/STROKEORG/strokegroup/public/zipFinder.jsp>

National Stroke Association

Extensive resources and information on stroke.

Website: www.stroke.org

North Carolina Vocational Rehabilitation Services

Provides services to assist and prepare individuals with disabilities for employment.

Phone: 1.800.689.9090

Website: <https://www.ncdhhs.gov/divisions/dvrs>

To find your local vocational rehabilitation office, visit:

<https://www.ncdhhs.gov/divisions/dvrs/vr-local-offices>

North Carolina Independent Living for People with Disabilities

Services and information to assist individuals with disabilities in living a more independent life.

Services include home and vehicle modification and independent living skills training, among other things.

Phone: You may look up the phone number to your local independent living office by visiting the website below.

Website: <https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

North Carolina Division of Aging and Adult Services

Information and resources to promote the independence and dignity of aging adults.

Phone: 919.855.3400

Website: <https://www.ncdhhs.gov/divisions/daas>

NC Assistive Technology Program

Provides assistive technology services and information through demonstrations, loans, and training.

Phone: 919-855-3500

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program>

Resource Map

This interactive map allows you to locate a variety of disability related resources in your area by entering your zip code.

Website: <https://www.christopherreeve.org/get-support/resources-in-your-area>

Job Accommodation Network (JAN)

Information on workplace accommodations and issues concerning employment for individuals with disabilities.

Phone: 1.800.526.7234

Website: <http://askjan.org/>

Americans with Disabilities National Network

Information on legislation, rights, and resources for individuals with disabilities.

Phone: 1.800.949.4232

Website: <http://adata.org/>

Triangle Aphasia Project

Serves individuals with aphasia and their caregivers

Phone: 919-350-0981

Website: www.aphasiaproject.org

Triangle Disability Advocates

Assists families in the Social Security application process.

Phone: 919-350-8539

General Caregiver Resources and Information

Website: http://www.rosalynncarter.org/caregiver_resources/

Caregiving Attendants/Aides

Website: <https://www.comfortkeepers.com/>

Psychology Today

This website provides information on common psychological issues, including anxiety and depression. Click on 'find a therapist' to locate mental health resources near you.

Website: <https://www.psychologytoday.com>

North Carolina Guide for Family Caregivers

A guide to family caregiving in North Carolina.

Website: https://assets.aarp.org/www.aarp.org_/articles/states/NC_FmlyCrgvng.pdf

Family Caregiver Alliance (National Center on Caregiving)

A community-based nonprofit that addresses the needs of families and friends providing long-term care for their loved ones at home.

Website: www.caregiver.org

Guiding Lights Caregiver Support Center

A comprehensive caregiver support center assisting caregivers with obtaining relevant, timely and comprehensive information.

Website: <http://www.guidinglightsnc.org>

Comprehensive Review of Caregiver Assessments

A document containing assessment tools to assess the knowledge, skills, capacity and well-being of caregivers.

Website:

https://www.caregiver.org/sites/caregiver.org/files/pdfs/SelCGAssmtMeas_ResInv_FINAL_12.10.12.pdf