

UNC Spina Bifida Family Conference 2020

Time	Room	Session	
8:45-9:00	Stage	Welcome and Virtual Tour <i>Kristi Hildebrand, MSN, CPNP-AC</i>	
9:00-9:45	Stage	Panel: COVID-19 and Spina Bifida <i>Drs. Tom Belhorn, Josh Alexander, Scott Elton, Casey Olm-Shipman, and Kristi Hildebrand, MSN, CPNP-AC</i>	
9:45-10:30	Sessions	Mindful Self-Compassion for Parents <i>Dr. Karen Bluth and Laura Phillips, MSC</i>	Can I do that? <i>Dr. Carolyn Quinsey</i>
10:30-11:15	Sessions	Lower Extremity Orthotics and Shoe Options <i>Mae Thomas, PT, DPT</i>	Mindful Self-Compassion for Teens and Tweens <i>Dr. Karen Bluth and Laura Phillips, MSC</i>
11:15-12:00	Stage	Orthopedic Care of Children with Spina Bifida <i>Dr. Vinay Narotam</i>	
12:00-12:45	Sessions	Lunch and Learn (Teens): Panel: College and Working with Spina Bifida <i>AJ Sierra, James Lamm, Misbah Chhotani, and Padma Doobay, MSW</i>	
12:00-12:45	Sessions	Lunch and Learn (Parents): Food, Fiber, and Formula: Managing Nutrition Challenges with Spina Bifida <i>Sharon Wallace, RDN</i>	
12:45-1:15	Expo Hall	Visit Expo Hall – Earn Points for Prizes!	
1:15-2:00	Sessions	Bladder and Beyond: Urological Considerations <i>Dr. Sherry Ross</i>	Wheelchair and Chair Exercises <i>Holly Holland, OTR</i>
2:00-2:45	Sessions	Learning Difficulties and Developmental Needs <i>Dr. Hanna Leong</i>	Transitioning to Adult Spina Bifida Clinic <i>Drs. Christine Cleveland and Josh Alexander and Padma Doobay, MSW</i>
2:45 -3:00	Stage	Closing Remarks and Prizes Announced <i>Kristi Hildebrand, MSN, CPNP-AC</i>	