

UNC Spina Bifida Family Conference 2021

Time	Location	Session
8:30 – 8:45	Main Stage	Welcome and Virtual Tour Kristi Hildebrand, MSN, CPNP-AC
8:45 – 9:00	Main Stage	COVID-19 Update Dr. Tom Belhorn
9:00 – 9:30	Main Stage	Lessons Learned from Parents and Patients with Spina Bifida Dr. Josh Alexander
9:30 – 10:00	Main Stage	Unraveling the Mysteries of Tethered Cord Dr. Scott Elton
10:00 – 10:30	Main Stage	Hip and Lower Extremity Issues Dr. Anna Vergun
10:30 – 11:00	Main Stage	I poop, you poop, we all poop! Dr. Hans Arora
11:00 – 11:15	Networking	Parent Meet-up
	Expo	Visit Expo Room
11:15 – 11:45	Main Stage	Navigating Transitions: Therapist Perspectives Holly Holland & Mae Thomas
11:45 – 12:15	Main Stage	Foods, Fiber, and Formulas: The Balancing Act of Nutrition Sharon Wallace
12:15 – 1:00	Main Stage	Lunch and Learn: Developing a Healthy Sexuality Dr. Amy Houtrow