ABOUT US

# UNC Horizons

is a substance use disorder treatment program founded at UNC-Chapel Hill in 1993 for women, including those who are pregnant and/or parenting and whose lives have been touched by abuse. Our trauma-informed model of care is backed by research and focuses on both the mother and the child to heal the whole family and create systems of hope and renewal. Healing mothers and their children together, and treating the trauma behind substance use, is a model that works.

Our multidisciplinary network is a shining example of Carolina's mission, bringing the best of the University and the UNC Health Care system together to solve one of the world's biggest problems through research, patient care, education and innovation.

## HOW YOU CAN HELP

Private giving makes a difference in the lives of families impacted by substance use disorders in North Carolina and beyond by bolstering leading-edge research, expanding educational opportunities for future practitioners, and enhancing the care and services available to women and children.

Give online at **unchorizons.org**

## CONTACT INFORMATION

**unchorizons.org**

Our toll-free number to ask for help:
1-800-862-4050

Administrative offices:
919-966-9803

To contribute to the UNC Horizons program, contact Jodie Gisser, Director of Development—Women's Health, at 919-843-9898 or jodie_gisser@med.unc.edu

## WE'D LOVE TO SEE YOU!

If you would like to tour UNC Horizons' state-of-the-art facility, or you are interested in volunteer opportunities, call Rachel Middlesteadt-Ellerson at 919-966-9803.

HORIZONS
HEALING GENERATIONS

UNC HORIZONS IS

# Healing Generations

UNC HEALTH CARE
WOMEN'S CARE

**“In treatment,**

I was able to dive into the difficult paths of overcoming my substance use disorder while experiencing the joys of parenting. By taking care of myself, I was taking care of my child.”

– LUCY

## FACTS & FIGURES*

**233**
women treated

**65**
children served on-site in childcare center

**51**
healthy babies born

**27**
N.C. counties represented by Horizons women

**70%**
of graduates employed

**95%**
of graduates had favorable Child Protective Services outcomes

**5,600**
touched by our evidence-based model through trainings, consultations and conferences

*Based on statistics from 2018

## OUR SERVICES FOR WOMEN AND CHILDREN

+ Residential and outpatient treatment
+ Prenatal and postpartum care
+ Psychiatric services
+ Case management
+ Transportation
+ Donations room
+ Maternal-child assessment and treatment
+ Individual and group counseling
+ Peer support services
+ Medication-assisted treatment for opioid use disorder
+ Employment assistance
+ Life-skills training
+ 5-star child development center
+ Early intervention services

**“Every day, we put into practice more than a dozen evidence-based models that are proven to help women gain and maintain recovery,** and we have published seminal, groundbreaking research that helps move this field forward. At Horizons, we empower women to find their voices and use their voices. We give them the tools to be the parents they want to be and establish economic self-sufficiency. Most importantly, we help break the cycle of physical, sexual and emotional abuse that, for so many, can be a root cause of shame, leading them to use substances to numb emotional and physical pain.”

– HENDRÉE JONES, PhD,
executive director of UNC Horizons and professor of obstetrics and gynecology at the UNC School of Medicine