

Caring for You and Your Baby

UNC Health Care

Obstetrics and Gynecology



WELCOME TO UNC OBSTETRICS AND GYNECOLOGY

Congratulations on your pregnancy! We would like to thank you for choosing UNC Health Care to provide care for you during your pregnancy and delivery of your baby. Our goal is to ensure that you and your baby receive the best care possible during this important time. We have a diverse group of providers to care for you at several convenient locations. Locations that offer obstetric ultrasound services are marked with a *. We only deliver at UNC Chapel Hill.

UNC Maternal Fetal Medicine Raleigh*

3050 Duraleigh Road, Suite 201
Raleigh, NC 27612
Scheduling 919-784-6425
Nurse Advice Line 984-215-3781

UNC OB-GYN and Midwifery at Weaver Crossing *

1181 Weaver Dairy Road, Suite 150
Chapel Hill, NC 27514
Scheduling 984-974-7005
Nurse Advice Line 984-974-9473

UNC Maternal Fetal Medicine at Vilcom Center*

55 Vilcom Center Drive, Suite 300
Chapel Hill, NC 27514
Scheduling 919-215-5000
Nurse Advice Line 984-215-5001

UNC OB-GYN Multispecialty Clinics at Hillsborough

460 Waterstone Drive, 3rd Floor HMOB
Hillsborough, NC 27278
Scheduling 984-215-3510

UNC OB-GYN Clinics*

UNCH OB-GYN Ultrasound
UNC Same Day Clinic
UNC Fetal Care Center
101 Manning Drive
1st Floor N.C. Women's Hospital
Chapel Hill, NC 27514
Fetal Care Scheduling Clinic 984-974-9019
Fetal Care Nurse Advice Line 984-784-6427
Same Day Nurse Advice Line 984-974-8879

UNC OB-GYN and Midwifery at Panther Creek*

6715 McCrimmon Parkway, Suite 204
Cary, NC 27519
Scheduling 919-481-4747
Nurse Advice Line 984-974-9473

Main Website for all OB-GYN divisions:

<http://www.med.unc.edu/obgyn/>

THE UNC OBSTETRICS AND GYNECOLOGY TEAM

This booklet has been developed by our team. We encourage you to ask questions and be involved in your care. Our Provider Groups are as follows:

- ◆ **UNC General Obstetrics and Gynecology (GOG)**

UNC General Obstetrics and Gynecology is known for exceptional gynecologic and obstetrical care for women of all ages, as well as gynecologic surgery expertise. We provide general obstetric and gynecologic services, including full screening and preventative care for women across their lifespan - adolescence, pregnancy, the reproductive years, as well as menopause and the older woman. Our obstetrical providers perform vaginal births, cesarean sections and VBAC (vaginal birth after cesarean). Please visit our website to meet our team:

http://www.med.unc.edu/obgyn/Patient_Care/specialty-services/general-obgyn/our-team

- ◆ **UNC Midwifery**

UNC Midwives provide care to women throughout their lifespan. We provide gynecological care, prenatal and postnatal care as well as delivery in a hospital setting. Our individualized approach helps us partner with our patients to optimize health and wellness. We provide a wide range of services including first gynecological exams, obstetrical care, labor and delivery, contraception, perimenopause and women's preventative health care. Please visit our website to meet our team:

http://www.med.unc.edu/obgyn/Patient_Care/specialty-services/midwifery/our-team

- ◆ **UNC Maternal Fetal Medicine (MFM)**

MFM provides obstetrical care for women with pregnancies that are complicated by maternal disease, such as diabetes or hypertension, or any problem with the fetus, such as congenital abnormalities. An expert team of maternal-fetal medicine specialists, pediatric surgeons, neonatologists, and pediatric specialists work together at UNC to provide high-quality and cutting-edge therapies to high-risk pregnant women and their babies. The **UNC Fetal Care Program** provides a team approach to the care of women, infants and their families from diagnosis through decisions and delivery. Please visit our website to meet our team:

http://www.med.unc.edu/obgyn/Patient_Care/specialty-services/maternal-fetal-medicine/our-team

Our clinic teams include Physicians (MD), Nurse Practitioners (NP), Certified Nurse Midwives (CNM), Registered Nurses (RN), Licensed Practical Nurses (LPN), and Certified Medical Assistants (CMA).

CONTACTING YOUR PROVIDER

Routine requests including medication refills, lab/study results, or general questions or concerns about your pregnancy should be addressed by calling the nurse advice line at the clinic you receive your prenatal care during the hours of 8 AM - 4 PM. Long term planning for your pregnancy is best handled during your routine prenatal visits. For urgent obstetric needs during business hours, please call the clinic.

UNC General Obstetrics and Gynecology and UNC Maternal Fetal Medicine Patients

Urgent Obstetrical Needs ONLY: after 4:00 PM Monday through Friday or Weekends/Holidays

To page the on-call physician, dial **919-216-2864**

- ◆ Dial the number and wait for a series of beeps . Type in your complete 10-digit phone number where the doctor can call you back. Enter the “#” symbol to end the call or simply hang up the phone.
- ◆ Allow up to 15 minutes for a doctor to call you back as the doctor on call is actively working on Labor and Delivery and may be with other patients.
- ◆ If you have not received a return call within fifteen minutes, please call **919-216-2864** again
- ◆ If you do not receive a return call after the second page (total 30 minutes), please call N. C. Women’s Hospital Labor and Delivery directly at **984-974-3422**.

UNC Midwifery Patients

Urgent Obstetrical or Labor Concerns ONLY:

To page the on-call midwife dial **919-216-0988**

- ◆ Dial the number and wait for a series of beeps. Type in your complete 10-digit phone number where the midwife can call you back. Enter the “#” symbol to end the call or simply hang up the phone.
- ◆ Allow up to 10 minutes for a midwife to call you back (as the midwife on call is actively working on Labor and Delivery and may be with other patients).
- ◆ If you have not received a return call within ten minutes, please call **919-216-0988** again . Repeat once more in ten minutes if no return call.
- ◆ If you do not receive a return call within 30 total minutes, please call N. C. Women’s Hospital Labor and Delivery directly at **984-974-3422**.

WHEN TO CALL THE PROVIDER/NURSE

Contact your provider if any of these occur:

- ◆ Leaking fluid from the vagina
- ◆ Vaginal bleeding like a period
- ◆ Swelling of the face
- ◆ Vision changes
- ◆ Chest pain
- ◆ Severe and continuous headache
- ◆ Continuous vomiting
- ◆ Fever over 101 °F (38.3 °C),
- ◆ Pain when urinating
- ◆ Decreased or no fetal movement
- ◆ Uterine contractions— more than 6 in one hour if less than 35 weeks
- ◆ Constant abdominal pain
- ◆ Unable to tolerate food/liquids for 24 hours
- ◆ If you fall or are in a car accident

Please see page 2 and 4 for information on how to contact your provider.

WHEN TO REPORT TO LABOR & DELIVERY

If you are less than 20 weeks pregnant, you should report to the Emergency Department. Patients who are more than 20 weeks pregnant and experiencing the following symptoms should be evaluated at the Labor & Delivery unit on the 4th floor of the N.C. Women's Hospital:

- ◆ Bright red vaginal bleeding like a heavy period.
- ◆ Long, strong contractions coming every 3-5 minutes for at least 1 hour.
- ◆ Bag of water breaks or is leaking. Note the time, color and smell.
- ◆ Concerns about the baby's movement

Unless your health care provider tells you differently, come to the N.C. Women's Hospital through the Stork Entrance.

- ◆ The Stork Entrance allows women in their last month of pregnancy (36 weeks gestation) to go directly to the Labor & Delivery Unit.
- ◆ During the daytime (7:30 a.m. – 7:30 p.m., Monday – Friday) enter through the N.C. Women's Hospital lobby.
- ◆ During the night time (7:30 p.m. – 7:30 a.m., Monday – Friday) enter through the lobby of the N.C. Children's Hospital.
- ◆ Special short-term Stork parking spots will be offered at night and on the weekends.
- ◆ Stork Entrance signage is posted to assist women and families to quickly locate the elevators to the 4th floor Labor & Delivery Unit.

Scheduled Procedures

If you are scheduled for an induction of labor, a cesarean birth, or other special procedure, you should receive a call from the staff at Labor and Delivery. You should go directly to Labor and Delivery through the main entrance to the N.C. Women's Hospital. If you have any questions, please call **984-974-3422**.