



OFFICE OF GLOBAL HEALTH EDUCATION EMERGENCY PLAN FOR MEDICAL STUDENTS AND RESIDENT PHYSICIANS TRAVELING GLOBALLY

SAVE A COPY OF THIS EMERGENCY PLAN, PASSPORT COPY, TRAVEL ITINERARY, LOCAL ADDRESS AND CONTACT INFORMATION, AND EMERGENCY CONTACTS AND STORE AND SHARE THESE IMPORTANT TRAVEL DOCUMENTS VIA EMAIL OR GOOGLE FOLDER WITH FAMILY MEMBER STAYING IN THE USA. IN AN EMERGENCY, THEY MAY NEED TO ACCESS THIS INFORMATION ON YOUR BEHALF.

Go to the US State Department website (<https://travel.state.gov>) before you leave and record this information for your country of travel so you have it easily available.

Destination Country(ies): _____

Address and phone # of US Embassy or Consulate(s): _____

The Office of Overseas Citizens Services in State Department's Bureau of Consular Affairs may also be reached for emergencies from anywhere 24/7 at: **+1-202-501-4444**.

In the instance of a medical emergency, (serious illness/hospitalization or injury/ injury due to sexual or other assault) that may need attention beyond what is locally available while you are out of the USA, contact GeoBlue (24/7) **+001-610-254-8771** or email globalhealth@geo-blue.com. If it is a life-threatening emergency, first seek medical care, and then call GeoBlue Emergency Assistance.

***In all emergencies**, contact the UNC Department of Public Safety 24/7 emergency line so that we are able to support you at UNC **+001 (919) 962-8100**

Step 1: Identify yourself as a UNC medical student or resident physician and ask them to contact School of Medicine senior leadership and for residents, your Department Chair and Program Director. Be prepared to provide a call back number in order for SOM leadership to reach you. Record name and phone # of Department chair and Program Director:

Step 2: Call the Office of Global health Education during business hours **+001-919-962-6195**. Leave a voice mail if there is no response and if possible also send an email to: OGHE@med.unc.edu.

***If you experience exposure to blood borne pathogens via a needle stick or mucus membrane splash/splatter, while in a clinical setting abroad:**

1. Immediately clean the affected area with soap or sanitizer and water and notify your on-site supervisor or preceptor
 2. Obtain source patient information as possible (Name, date of birth and MR#, information on HIV status and most recent testing for HIV, Hepatitis B and Hepatitis C). If possible, request source patient testing.
 3. If you are a medical student, call UNC Campus Health 24/7 at **+001 (919) 966-2281**. When Campus Health is closed a nurse advice line is also available at this #.
 4. If you are a resident/fellow, call UNC Occupational Health at **+001-984-974-4480** (leave a message with a call back number if not during working hours).
 5. Initiate post-exposure prophylaxis (if you have your own supply from Campus or Occupational Health) or request locally available PEP medications from the on-site preceptor. If PEP is not available, make plans to return to the U.S. within 72 hours and report immediately to Campus Health or Occupational Health.
3. If you experience a non-medical emergency (e.g. If you are a victim of a criminal assault or involved in a police action or you know of a disappearance of another UNC student) contact the US embassy or consulate in the country where you are staying. If appropriate, embassy personnel will contact local police on your behalf. Also contact UNC Department of Public Safety 24/7 emergency line so that we are able to support you at UNC **+001 (919) 962-8100**.

If there is concern for serious political crisis or a national disaster, contact the U.S. embassy closest to where you are who will have information available and a plan for US citizens living abroad for safety precautions and/or evacuation if necessary. In the instance of/concern regarding serious political crisis or natural disaster, contact the US embassy THEN contact GeoBlue as in some situations they may assist with evacuation or emergency plans.

4. If you are a victim of sexual assault/sexual violence abroad, contact the U.S. embassy. You may contact Pathways to Safety International (Empowering victims of interpersonal & gender based violence abroad). They provide confidential sexual assault prevention & response worldwide: www.pathwaystosafety.org.

Post-Travel Support and Counseling Services

When you return to the US, confidential counseling services are available for students and residents. Students may contact the UNC School of Medicine Wellness Services (<https://www.med.unc.edu/wellness/counseling/>) or CAPS through Campus Health. Residents/fellows and faculty may contact: <https://www.med.unc.edu/psych/wellness-initiatives/taking-care-of-our-own/> or your Program Director for more information. The OGHE is also available to support you and direct you towards other resources. Be prepared and have a safe and meaningful global health learning experience!

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