

2022



# INSTITUTIONAL BROCHURE

CIES SEXUAL, REPRODUCTIVE  
& COMPREHENSIVE HEALTH



SALUD SEXUAL - SALUD REPRODUCTIVA  
SALUD INTEGRAL

# WHO ARE WE?

CIES Sexual and Reproductive Health is a Bolivian social development and a non-profit organization that has been working for 34 years for the health of Bolivian girls, boys, young people, women, and men.

It is internationally recognized as a reference of social organization for its continuous efforts in the defense of Sexual and Reproductive Rights and the improvement of the quality of life of the population through access to comprehensive health services.

CIES implements an innovative, proven, effective, sustainable, and scalable model of Integral Health, Promotion, and Assistance that is implemented through a national network.

## OUR VISION



## OUR MISSION

*We are a social development organization that promotes the full exercise of Sexual and Reproductive Rights, implementing a model of promotion and assistance based on integral health, with a gender, generational, and intersectional approach; to improve the quality of life of the Bolivian population.*

*To become a secular, sustainable, innovative organization of excellence; a national and international leader in Sexual and Reproductive Health that contributes to a healthy and empowered Bolivian society that exercises its rights.*



*It promotes  
the Rights by  
assistance in  
intercultural,  
quality of life*



# OUR PRINCIPLES

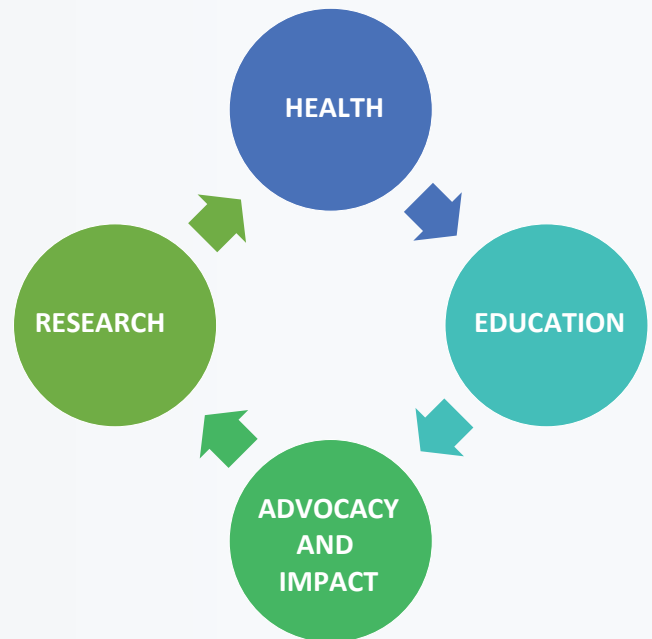
CIES Sexual Health - Reproductive Health bases its activities on the following principles:

- ✓ **Equality of rights and opportunities for all people**, within the framework of Human Rights and especially Sexual and Reproductive Rights.
- ✓ **Respect for diversity**, we do not allow discrimination based on creed, age, marital status, social class, political-party affiliation, ethnic origin, disability, sex, sexual orientation, gender identity or health condition.
- ✓ **Economic and social equity in the access** to Sexual and Reproductive Health services with a focus on rights, gender, generational and interculturality.
- ✓ **Social participation** for the empowerment and exercise of their rights and citizenship responsibilities.
- ✓ **Pursuit of excellence** through the promotion and continuous learning of innovative practices.
- ✓ **Integrity of actions** in search of the physical, mental, social and emotional well-being of people, understanding that the health of the population is a public asset and a universal right.
- ✓ **Transparency in its institutional** actions towards society.
- ✓ **Passion and commitment** in the fulfillment of its operational tasks.





# WHAT DO WE DO?

**CIES Sexual and Reproductive Health works on the following components:**



## HEALTH

We have a National Network of Health Services...

- Presence in 7 of the 9 departments of the country
- 17 Health Centers Nationwide
- 8 Clinics 
- 9 Polyclinics 
- 3 Mobile Health Units (UMOSAS)



*Where ambulatory comprehensive health care with emphasis on sexual and reproductive health (contraception, early detection of cancer, HIV prevention, fertility) are offered, along with counseling and care for women in situations of violence, complementary exams (laboratory and imaging), as well as hospitalization and surgery services.*

# EDUCATION

We develop educational and advocacy programs designed to help adolescents and young people achieve the full exercise of their sexual and reproductive rights.

The pillar of these initiatives is our recognized and highly effective youth and adolescent education program "TÚ DECIDES" (YOUR DECISION) that involves more than 200 schools and public schools in the country, including teachers and parents, where more than 7,000 young people and adolescents are beneficiaries annually. We develop an educational strategy where users receive information, education, counseling and training on health and rights, through educators and facilitators.



*Each CIES health center has counseling facilities for individual and couples SRH counseling, as well as a place for young people where group activities for their empowerment, training and leadership strengthening are carried out by youth leaders, peer-to-peer actions, and trained educators.*

# ADVOCACY AND IMPACT

We work to form strategic alliances with social, departmental, and national platforms, which allows us to

influence advocacy plans related to the exercise of human rights, mainly Sexual and Reproductive Rights. We coordinate with state agencies and decision makers for the development of proposals for municipal, departmental, and national regulations on Sexual and Reproductive Health.

In addition, we strengthen the capacities of rights holders to participate in monitoring and accountability mechanisms, so they can claim their rights.





# RESEARCH

**We generate scientific evidence and operational application for the adoption, adaptation and updating of Sexual and Reproductive Health and Sexual and Reproductive Rights matters.**

## SCOPE OF OUR WORK

The target population for all our efforts includes:

- ✓ Women and men in peri-urban areas
- ✓ Children and adolescents - young people in vulnerable situations
- ✓ Sexual diversity
- ✓ Women and men from indigenous and rural communities

Our users belong to all socioeconomic levels given the comprehensiveness of our services, however, our focus is mainly centered on the attention to the vulnerable population that receives subsidized services.





# SERVICES

## CARE IN MEDICAL SPECIALTIES:

INTENSIVE CARE - HOSPITALIZATION - CARDIOLOGY - GASTROENTEROLOGY - OPHTHALMOLOGY - INTERNAL MEDICINE - DERMATOLOGY - NEONATOLOGY AND PEDIATRICS - UROLOGY - NEUROLOGY AND NEUROSURGERY - CHILDBIRTH, POSTPARTUM AND NEWBORN CARE - CERVICAL AND BREAST CANCER PREVENTION - EMERGENCIES - MEDICAL SURGICAL CARE - FERTILITY - NUTRITION - OTOLARYNGOLOGY - TRAUMATOLOGY - GYNECOLOGY AND OBSTETRICS - FAMILY PLANNING - ITS/HIV/AIDS - SEXUAL HEALTH - SERVICES FOR ADOLESCENTS AND YOUNG ADULTS.

## ADDITIONAL SERVICES

PHARMACY - LABORATORY - IMAGING (Ultrasound, Densitometry, Mammography, Tomography, MRI) - INNOVATIVE SERVICES (Hybrid Capture, Laser, Minimally Invasive Surgery, Fertility).



# ASSISTED REPRODUCTION CENTER

Infertility can occur due to male factors, female factors, a combination of male and female factors, or it can be unexplained.

However, for both women and men, environmental and lifestyle factors, such as smoking, excessive alcohol consumption, obesity, and exposure to environmental pollutants, have been associated with lower fertility rates.



*The center is in the facilities of the CIES Maternal and Fetal Polyclinic at 1697 Claudio Sanjinés st., Miraflores (La Paz - Bolivia).*

# FEATURED EQUIPMENT

- ✓ The cubic incubator for cell and embryo culture is Danish, an internationally recognized brand.
- ✓ The trigas low tension incubator is a cutting-edge equipment that allows an adequate handling of embryos due to the quality of the low oxygen tension that other incubators do not have.

Both incubators have the ability to simulate human body temperature.

- ✓ The inverted microscope handles a contrast system that allows us to visualize the cells in three dimensions clearly, with greater resolution and sharpness. The features of ovules and embryos can be observed. It has a system that allows the use of micro manipulation techniques. Image quality and better resolution.



# WHY DOES WHAT WE DO MATTER?


During the last 5 years we have achieved:

**2,187,671** 


medical appointments

**33,430** 


surgeries

**2,281** 

vasectomies

**398,547** 

cervical cancer prevention screenings

**+100,000** 

HIV tests (9% of tests done in Bolivia)

**+150** 


beds available

**7,491** 

breast cancer prevention screenings

**+100** 

maternal fatalities prevented

**2,316** 

cases of violence were attended

**1,044,751** 

people informed and sensitized on  
SHRH

**+40,000,000** 

positive messages broadcasted

**+75,000,000 Bs** 

Bolivian pesos destined to project management

**58,748** 


young migrants have access to  
comprehensive health and education

**29,625**  **EIS**

young people have access to comprehensive  
sexual education in more than 500 public  
education centers.

**14%** 

decrease in adolescent pregnancies in  
municipalities with high incidence of teenage  
pregnancies

**+ 1,000** 

rural and indigenous communities reached  
by providing free SRH services

**+ 25** 

public policies enacted on SHRH issues at the  
municipal, departmental and national levels.





## *HOW DO WE ADD VALUE TO THE TO THE HEALTH SYSTEM?*

- ✓ We increased and simplified the population's access to quality SRH medical services, with a gender perspective, prioritizing voluntary, informed contraception in women and men of reproductive age.
- ✓ We increase the effectiveness of services through the referral and counter-referral system, working in synchrony with the Public Health Network.
- ✓ We promote the exercise of Sexual and Reproductive Rights through access to SRH promotion and assistance services for young people and women, through educational processes and health services.

- ✓ We simplified access to comprehensive health services and improved health care coverage, overcoming geographic, economic, and cultural barriers in order to satisfy the growing unsatisfied demand of the population.
- ✓ We strengthen social management in collaboration and coordination with local governments, community health leaders and the Public Health Services Network, for the provision of contraceptive supplies, development of educational materials and training of human resources.
- ✓ We strengthen the public system in Differentiated Comprehensive Care for Adolescents and Youth with a focus on rights, intergenerational and gender equality.
- ✓ We facilitate access to health services for vulnerable populations, such as adolescents and youth, and indigenous women of fertile age in rural, inaccessible, dispersed and deprived areas.
- ✓ We actively collaborate in the implementation of a comprehensive prevention strategy against cervical cancer, which is the leading cause of illness and death in women of fertile age in Bolivia.













# SOCIAL PROJECTS

We implement social programs and projects targeted to the population in vulnerable situations in the peri-urban and rural areas.

We develop educational and opportunity development programs designed for adolescents, young people and women to achieve the full exercise of their Sexual and Reproductive Rights.

Project's Name	Funder/Partner	Target Population	Impact
Opciones Reales (Real Options)	FÒS FEMINISTA	Women with unplanned pregnancies (national level)	11,872 users received post-abortion care
An approach for the prevention of and response to violence against adolescent girls in Bolivia	FÒS FEMINISTA	Women victims of sexual violence and gender-based violence/Youth leaders	36690 CIES users have access to comprehensive services / 600 young leaders with knowledge / 800 public officials with skills
Harmony and knowledge between men and women in Sexual and Reproductive Rights	ASDI-Suecia/Plan Internacional	Adolescents and youth/ youth leaders	Teenage pregnancy rate decreased by 2%/ 14 youth organizations develop advocacy processes
Improving health and reducing violence against women	WomanKind	Women victims of violence	22,000 female users who are victims of violence access comprehensive services/31,500 adolescents and young people receive information
Enforcing the right to safe and legal abortion in Bolivia	RFSU	Organizations working for women's right to decide	Civil society organizations conduct advocacy/ Criminal code is enacted
RFSU's Civil Society Partnership Program for SRRR	RFSU	Adolescents and youth	Integral sexual education incorporated into the Bolivian education system
Promoting health through the exercise of rights	LOUVAIN	Health Staff/Students of Educative Units	Better local education and health systems/ Chronic diseases: diabetes, hypertension are detected in a timely manner.
Right from the start	Canadian Cooperation - FÒS FEMINISTA	Adolescents and young adults 10 to 24 years old	Adolescents and young people exercise their rights



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