

We will be recording this session in case of scheduling conflicts. If you are from SPH, you must sign a release. Link will be with program info on OGHE website.



OGHE Summer 2024 Global *Interdisciplinary* Programs:

Migrant Health Service Learning (Tucson, AZ)

Sexual and Reproductive Health in Bolivia (+Spanish)

Wed. October 18 - 12:15-1:15 pm

v. 10/11/23

*See the 10/23 article on Expanding Global Health Experiences: MHSL and Bolivia

Office of Global Health Education (OGHE)



- Sylvia Becker-Dreps, MD, MPH, Director
- Heidi White, MIS, Assistant Director

Email: OGHE@med.unc.edu

*Location: 3319 Roper Hall

Schedule an in-person (Mon-Thurs)
OR virtual appointment (Mon-Fri)
Sign up for the OGHE listserv







Sexual & Reproductive Health in Bolivia

- 4-week clinical observation & health education elective with CIES
 - OBolivian non-profit
 - 30+ years of experience providing reproductive & sexual healthcare services
 - Access to comprehensive health services
 - Network of clinics throughout Bolivia







Sexual & Reproductive Health in Bolivia

- Can be combined with 2-week pre-program intensive Spanish
- Spanish/medical Spanish classes (afternoons) in person at one site
- Live in homestays or Air B&B (depending on city placement)
- Weekly reflections with the other med students in your city





Bolivia Program Location Details

 Capacity: ~3 participants at each city location for clinical work (12+ per 4 weeks)

Clinic Locations:

- **Sucre** Spanish colonial history. Has language school (<u>Latino</u> <u>Schools</u>) for in-person language classes. Housing: homestays (inc. 2 meals a day); Best city for lower-level Spanish students.
- **Potosi** 2.5 hours from Sucre by car. Higher elevation/Colder, smaller town, more rustic, outdoor adventure options, silver mine & larger clinic. ~20% Quechua-monolingual patients. Housing: Air B&B. Virtual Spanish classes available.
- **Cochabamba** *new location*. Double population of Sucre. 1 hr flight from Sucre. Warmer climate. Housing: Air B&B. Virtual Spanish classes available.
- **Tarija** -- Spanish colonial city near Argentina with population of 200,000. 1 hr flight from Sucre. Housing: Air B&B. Virtual Spanish classes available.



Elevations

Potosi 13,420 Sucre 9154 Cochabamba 8392 Tarija 6083

Remember: Jun-July is winter in Bolivia

Bolivia Program Tentative Dates*

Cohort I:

- ~2 weeks of Pre-Program Spanish- Depart on Sat., May 25
 Spanish classes Mon. May 27-Wed. June 5
- 4-week program Depart Tues. June 4 if no Pre-Program
 - Orientation for all and excursion to Uyuni Thurs-Sat June 6-8
 - Sun. June 9 travel to clinic city (if needed);
 - Mon. June 10-Tues. July 2 Clinic & Health Ed work
 - Return to US ~July 3/4

Cohort II:

- ~2 weeks of **Pre**-Program Spanish- Depart on Sat., June
 Spanish classes Mon. June 17-Fri June 28
- 4-week program Depart on Thurs. June 27 if no Pre-Program
 - Orientation for all and excursion to Uyuni Sat June 29-Mon July 1
 - Tues. July 2 travel to clinic city (if needed);
 - Wed. July 3-Friday, July 26 Clinic & Health Ed work
 - Return to US ~July 27 or 28

Debrief for both Cohorts – in person at SOM on July 29 or 30

Bolivia Daily Schedule

Spanish Intensive in Sucre

- Spanish 8:30 am -12:30 pm
- Home for lunch 12:30-2:30
- Additional Spanish classes/homework (if needed) 2:30-5:30 pm

Clinical Program in Various Cities

- Clinic 8:30 am -12:30 pm
- Home/Break for lunch 12:30-2:30
- Health Education/Clinic and/or Spanish classes on certain days between 2:30-5:30 pm
- Other Health Education Activities in the evenings or on weekends

Bolivia Program Details

- <u>Costs</u>: \$1,750 for 4 weeks of language (40 hours total); Homestay/with 2 meals a day (Sucre) or Air B&B and transport to the placement city (if needed); orientation/assistance, trip to Uyuni & airport transport to/from for int'l flight.
- \$500 for Clinical Placement/Support/Supervision
- \$50/\$75 medical insurance for 4/6 weeks
- (optional) \$1,100 additional for an additional ~2 weeks of intensive Spanish language classes (40 hours total) with homestay and 2 meals a day

If accepted into the program, OGHE will cover all the costs above.

Costs not covered by OGHE:

- Flight (estimate 800-1500). We will suggest a group flight from Miami to Sucre (AA/Boliviana Air); with possible return from clinical placement city.
- Flight day expenses (food, airport transport, airline fees for luggage, etc)
- Food not included/provided on program (for those in Air B&Bs = most meals)
- Other supplies/personal items
- For MPH & PhD PH students- Talk to SPH about the possibility of funding for students for the program that can be used to
 pay the program fees to OGHE. SPH students may want to focus on the health education/advocacy & not clinic placement.

Requirements/Timeline - Bolivia

- Applicants must be in good standing at UNC and able to take the required course and participate fully on the program
- No required spring course, but applicants must be responsive to pre-departure requirements (paperwork/communications) & participate in any pre-departure meetings
- Intermediate Spanish proficiency recommended. We highly recommend the intensive additional 2 weeks for those that could use it to improve or brush up on your skills. Medical Spanish classes are possible for those already at a high enough level. The opportunity to use/learn/practice Spanish is a highlight of the program! BOLIVIAN SPANISH IS THE BEST FOR LEARNING!
- Application is available Oct 18-Nov 19. Deadline 11:59 Sunday, Nov 19.
 - Biographical Info
 - CV/Resume
 - Cover letter/personal statement describing your interest, experience and skills related/relevant to the program
 - Faculty Letter of reference/support





Listen to Past Participants

SERVICES



CARE IN M E D I C A L SPECIALTIES:

INTENSIVE CARE - HOSPITALIZATION - CARDIOLOGY - GASTROENTEROLOGY - OPHTHALMOLOGY - INTERNAL MEDICINE - DERMATOLOGY - NEONATOLOGY AND PEDIATRICS - UROLOGY - NEUROLOGY AND NEUROSURGERY - CHILDBIRTH, POSTPARTUM AND NEWBORN CARE - CERVICAL AND BREAST CANCER PREVENTION - EMERGENCIES - MEDICAL SURGICAL CARE - FERTILITY - NUTRITION - OTOLARYNGOLOGY - TRAUMATOLOGY - GYNECOLOGY AND OBSTETRICS - FAMILY PLANNING - ITS/HIV/AIDS - SEXUAL HEALTH - SERVICES FOR ADOLESCENTS AND YOUNG ADULTS.



Most Important Attributes for Both Programs

- Flexibility/Patience/Adaptability things can and will change before, during and after the program – must be able to go with the flow and adjust quickly if needed to new plan/process/need
- Openness to always being a student/teacher and using the experience to learn/practice in any way from anyone.
- Ask Questions & Volunteer— ask questions of all to learn more and show curiosity and to show your interest to get involved or be included.
- MHSL be a good listener each story is individual and private/personal. Be empathetic be there to learn different perspectives even on the same issue. Be helpful, and conscious of the group and the mission to learn and support/help as much as possible. Do not oversell what you can do or volunteer too much *personal* assistance with the migrants.

Additional Articles/News on Past Programs

- October 2023 article on Expanding Global Health Experiences: MHSL & Bolivia
- <u>Blogs from Public Health Student Quintin Van Dyk</u> on his Public Health Practicum (started with MHSL) in Tucson, AZ summer of 2023
- <u>Recording</u> of American Immigration Council and the American Immigration Lawyers Association (AILA) - unpacking the U.S. asylum process and how it can be improved

Additional Articles on Asylum Related Issues:

- https://www.aila.org/highstakesasylum
- https://www.aila.org/advo-media/issues/featured-issue-asylum-and-credible-fear
- https://immigrationimpact.com/2022/05/31/biden-new-asylum-rules/
- EVENT- Monday Oct. 30, 6-7 pm in Global Education Center-Turned Back at the Border: The Situation of Central American Asylum Seekers in Mexico

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